



BEVERAGE NUTRITION INFORMATION – AUTUMN BEVERAGES
September – November 2026

Espresso Drinks

Cold Coffee

Hot Chocolates

Frappuccino®

Refreshment

Hot Teas

Tea Latte

Protein Beverages

Seasonal Beverages

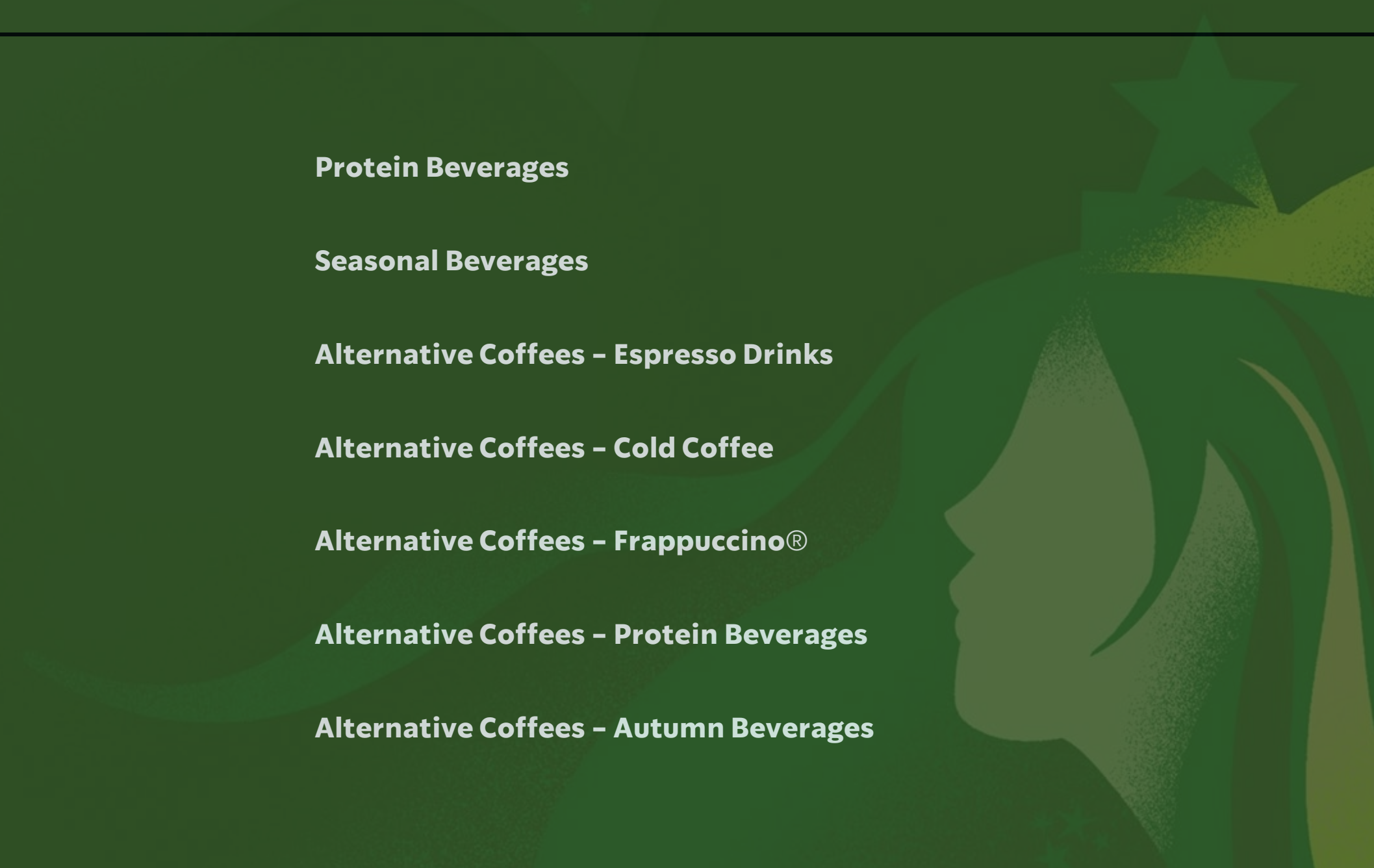
Alternative Coffees – Espresso Drinks

Alternative Coffees – Cold Coffee

Alternative Coffees – Frappuccino®

Alternative Coffees – Protein Beverages

Alternative Coffees – Autumn Beverages



Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks											
Americano	Short	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Caffe Latte – semi skimmed milk	Short	361	87	3.9	2.4	7.6	7.2	0.1	5.2	0.15	44.5
Caffe Latte – semi skimmed milk	Tall	635	153	6.9	4.2	13.3	12.9	0.1	9.1	0.26	44.5
Caffe Latte – semi skimmed milk	Grande	741	178	7.9	4.9	15.6	14.8	0.3	10.6	0.30	89.1
Caffe Latte – semi skimmed milk	Venti	1002	241	10.8	6.6	21	20.2	0.3	14.4	0.41	89.1
Caffe Latte – skimmed milk	Short	221	52	0.2	0.2	7.6	7.2	0.1	4.9	1.46	44.5
Caffe Latte – skimmed milk	Tall	384	90	0.3	0.3	13.3	12.9	0.1	8.6	2.62	44.5
Caffe Latte – skimmed milk	Grande	453	106	0.4	0.3	15.6	14.8	0.3	10	3.01	89.1
Caffe Latte – skimmed milk	Venti	608	143	0.5	0.5	21	20.2	0.3	13.5	4.11	89.1
Caffe Latte – almond drink	Short	161	40	1.8	0.2	4	3.6	0.4	0.9	0.11	44.5
Caffe Latte – almond drink	Tall	276	69	3.2	0.3	6.9	6.5	0.7	1.5	0.19	44.5
Caffe Latte – almond drink	Grande	330	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1
Caffe Latte – almond drink	Venti	440	110	5	0.4	11	10.2	1.1	2.4	0.30	89.1
Caffe Latte – soya drink	Short	265	64	2.8	0.4	4.2	3.6	1	4.9	0.13	44.5
Caffe Latte – soya drink	Tall	462	111	4.9	0.8	7.1	6.4	1.7	8.6	0.23	44.5
Caffe Latte – soya drink	Grande	543	130	5.7	0.9	8.5	7.4	2	10.1	0.26	89.1
Caffe Latte – soya drink	Venti	731	176	7.7	1.2	11.3	10.1	2.7	13.6	0.36	89.1
Caffe Latte – oat drink	Short	367	87	4.5	0.4	10	4.7	1.6	1.3	0.18	44.5
Caffe Latte – oat drink	Tall	645	153	7.9	0.8	17.5	8.4	2.7	2.2	0.33	44.5
Caffe Latte – oat drink	Grande	753	178	9.2	0.9	20.4	9.7	3.2	2.7	0.38	89.1
Caffe Latte – oat drink	Venti	1019	241	12.5	1.2	27.6	13.2	4.3	3.6	0.51	89.1
Caffe Latte – coconut drink	Short	213	50	2.2	1	5.2	4.8	0.6	2.4	0.13	44.5
Caffe Latte – coconut drink	Tall	370	87	3.9	1.8	8.9	8.5	0.9	4.1	0.23	44.5
Caffe Latte – coconut drink	Grande	438	103	4.6	2.1	10.6	9.8	1.2	4.8	0.26	89.1
Caffe Latte – coconut drink	Venti	588	139	6.2	2.9	14.2	13.4	1.5	6.4	0.36	89.1
Caffe Latte – lactose-free milk	Short	253	61	2.3	1.3	4.8	4.4	0.1	5	0.12	44.5
Caffe Latte – lactose-free milk	Tall	441	106	4	2.4	8.3	7.9	0.1	8.8	0.21	44.5
Caffe Latte – lactose-free milk	Grande	519	124	4.6	2.7	9.9	9.1	0.3	10.3	0.24	89.1
Caffe Latte – lactose-free milk	Venti	699	167	6.3	3.7	13.2	12.4	0.3	14	0.33	89.1
Latte Macchiato – semi skimmed milk	Short	313	75	3.3	2	6.6	6.2	0.1	4.5	0.13	44.5
Latte Macchiato – semi skimmed milk	Tall	539	130	5.8	3.6	11.3	10.9	0.1	7.7	0.22	44.5
Latte Macchiato – semi skimmed milk	Grande	718	173	7.7	4.7	15.1	14.3	0.3	10.3	0.29	89.1
Latte Macchiato – semi skimmed milk	Venti	934	225	10.1	6.2	19.6	18.8	0.3	13.4	0.38	89.1
Latte Macchiato – skimmed milk	Short	192	45	0.2	0.1	6.6	6.2	0.1	4.2	1.26	44.5
Latte Macchiato – skimmed milk	Tall	326	77	0.3	0.2	11.3	10.9	0.1	7.3	2.21	44.5
Latte Macchiato – skimmed milk	Grande	439	103	0.4	0.3	15.1	14.3	0.3	9.7	2.91	89.1
Latte Macchiato – skimmed milk	Venti	568	133	0.5	0.4	19.6	18.8	0.3	12.6	3.82	89.1
Latte Macchiato – almond drink	Short	140	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	44.5
Latte Macchiato – almond drink	Tall	236	59	2.7	0.2	5.9	5.5	0.6	1.3	0.16	44.5
Latte Macchiato – almond drink	Grande	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1
Latte Macchiato – almond drink	Venti	411	103	4.6	0.4	10.3	9.5	1	2.3	0.28	89.1

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Latte Macchiato – soya drink	Short	230	55	2.4	0.4	3.6	3.1	0.9	4.3	0.11	44.5
Latte Macchiato – soya drink	Tall	393	94	4.2	0.7	6.1	5.4	1.4	7.3	0.19	44.5
Latte Macchiato – soya drink	Grande	526	126	5.5	0.9	8.3	7.2	2	9.8	0.26	89.1
Latte Macchiato – soya drink	Venti	682	164	7.2	1.2	10.6	9.4	2.5	12.7	0.34	89.1
Latte Macchiato – oat drink	Short	318	75	3.9	0.4	8.6	4.1	1.4	1.2	0.16	44.5
Latte Macchiato – oat drink	Tall	548	130	6.7	0.7	14.8	7.1	2.3	1.9	0.28	44.5
Latte Macchiato – oat drink	Grande	729	173	8.9	0.9	19.8	9.4	3.1	2.7	0.36	89.1
Latte Macchiato – oat drink	Venti	949	225	11.6	1.2	25.7	12.3	4	3.4	0.48	89.1
Latte Macchiato – coconut drink	Short	186	44	1.9	0.9	4.5	4.1	0.5	2.1	0.11	44.5
Latte Macchiato – coconut drink	Tall	315	74	3.3	1.5	7.6	7.2	0.8	3.5	0.19	44.5
Latte Macchiato – coconut drink	Grande	424	100	4.4	2	10.3	9.5	1.1	4.7	0.26	89.1
Latte Macchiato – coconut drink	Venti	548	129	5.8	2.7	13.2	12.4	1.4	6	0.34	89.1
Latte Macchiato – lactose-free milk	Short	220	53	2	1.2	4.2	3.8	0.1	4.4	0.10	44.5
Latte Macchiato – lactose-free milk	Tall	375	90	3.4	2	7.1	6.7	0.1	7.5	0.18	44.5
Latte Macchiato – lactose-free milk	Grande	503	120	4.5	2.7	9.6	8.8	0.3	10	0.23	89.1
Latte Macchiato – lactose-free milk	Venti	651	156	5.9	3.5	12.4	11.5	0.3	13	0.31	89.1
Freshly Brewed Coffee	Short	68	16	0.7	0.2	1.4	0.2	1.1	0.7	0.01	131.7
Freshly Brewed Coffee	Tall	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8
Freshly Brewed Coffee	Grande	132	31	1.3	0.4	2.6	0.4	2.2	1.3	0.01	254.6
Freshly Brewed Coffee	Venti	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2
Espresso Doppio	Doppio	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Espresso	Single	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Espresso Macchiato – semi skimmed milk	Single	27	7	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato – skimmed milk	Single	22	5	0.1	0	0.7	0.3	0.1	0.4	0.05	44.5
Espresso Macchiato – almond drink	Single	20	5	0.1	0	0.6	0.2	0.1	0.2	0.00	44.5
Espresso Macchiato – soya drink	Single	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.5
Espresso Macchiato – oat drink	Single	27	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.5
Espresso Macchiato – coconut drink	Single	22	5	0.1	0.1	0.6	0.2	0.2	0.3	0.01	44.5
Espresso Macchiato – lactose-free milk	Single	23	6	0.1	0.1	0.6	0.2	0.1	0.4	0.00	44.5
Espresso Macchiato – Doppio – semi skimmed milk	Double	68	16	0.6	0.3	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato – Doppio – skimmed milk	Double	52	13	0.2	0.1	1.7	0.9	0.3	0.9	0.16	89.1
Espresso Macchiato – Doppio – almond drink	Double	46	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1
Espresso Macchiato – Doppio – soya drink	Double	57	14	0.4	0.1	1.3	0.5	0.4	0.9	0.02	89.1
Espresso Macchiato – Doppio – oat drink	Double	69	16	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1
Espresso Macchiato – Doppio – coconut drink	Double	51	12	0.4	0.2	1.4	0.6	0.3	0.6	0.02	89.1
Espresso Macchiato – Doppio – lactose-free milk	Double	56	14	0.4	0.2	1.4	0.6	0.3	0.9	0.01	89.1
Cortado – semi skimmed milk	Short	239	57	2.4	1.5	5.5	4.5	0	3.4	0.09	70.9
Cortado – skimmed milk	Short	151	35	0.1	0.1	5.5	4.5	0	3.3	0.92	70.9
Cortado – almond drink	Short	114	28	1.1	0.1	3.2	2.3	0.2	0.8	0.07	70.9
Cortado – soya drink	Short	179	43	1.7	0.3	3.3	2.3	0.5	3.3	0.08	70.9
Cortado – oat drink	Short	242	57	2.8	0.3	6.9	3	0.9	1	0.12	70.9
Cortado – coconut drink	Short	147	34	1.4	0.7	3.9	3	0.3	1.7	0.08	70.9
Cortado – lactose-free milk	Short	171	41	1.4	0.9	3.7	2.8	0	3.3	0.08	70.9
Cappuccino – semi skimmed milk	Short	314	76	3.4	2	6.6	6.2	0.1	4.5	0.13	44.5
Cappuccino – semi skimmed milk	Tall	516	124	5.6	3.4	10.8	10.4	0.1	7.4	0.21	44.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cappuccino – semi skimmed milk	Grande	635	153	6.8	4.1	13.4	12.6	0.3	9.1	0.26	89.1
Cappuccino – semi skimmed milk	Venti	809	195	8.7	5.3	17	16.2	0.3	11.6	0.33	89.1
Cappuccino – skimmed milk	Short	193	45	0.2	0.1	6.6	6.2	0.1	4.2	1.26	44.5
Cappuccino – skimmed milk	Tall	313	73	0.3	0.2	10.8	10.4	0.1	7	2.12	44.5
Cappuccino – skimmed milk	Grande	390	92	0.4	0.3	13.4	12.6	0.3	8.6	2.56	89.1
Cappuccino – skimmed milk	Venti	493	116	0.5	0.4	17	16.2	0.3	10.9	3.29	89.1
Cappuccino – almond drink	Short	141	35	1.6	0.1	3.6	3.1	0.4	0.8	0.09	44.5
Cappuccino – almond drink	Tall	226	56	2.6	0.2	5.6	5.2	0.6	1.2	0.15	44.5
Cappuccino – almond drink	Grande	285	71	3.2	0.3	7.2	6.4	0.8	1.7	0.19	89.1
Cappuccino – almond drink	Venti	358	89	4	0.4	9	8.2	0.9	2	0.24	89.1
Cappuccino – soya drink	Short	231	55	2.4	0.4	3.7	3.1	0.9	4.3	0.11	44.5
Cappuccino – soya drink	Tall	376	90	4	0.6	5.8	5.2	1.4	7	0.19	44.5
Cappuccino – soya drink	Grande	466	112	4.9	0.8	7.4	6.3	1.8	8.6	0.22	89.1
Cappuccino – soya drink	Venti	592	142	6.2	1	9.3	8.1	2.2	11	0.29	89.1
Cappuccino – oat drink	Short	319	76	3.9	0.4	8.7	4.1	1.4	1.2	0.16	44.5
Cappuccino – oat drink	Tall	524	124	6.4	0.6	14.2	6.8	2.2	1.9	0.26	44.5
Cappuccino – oat drink	Grande	645	153	7.8	0.8	17.5	8.3	2.7	2.4	0.32	89.1
Cappuccino – oat drink	Venti	822	195	10	1	22.3	10.6	3.5	3	0.41	89.1
Cappuccino – coconut drink	Short	186	44	1.9	0.9	4.5	4.1	0.5	2.1	0.11	44.5
Cappuccino – coconut drink	Tall	302	71	3.2	1.5	7.3	6.9	0.8	3.3	0.19	44.5
Cappuccino – coconut drink	Grande	377	89	3.9	1.8	9.2	8.4	1	4.2	0.22	89.1
Cappuccino – coconut drink	Venti	477	112	5	2.3	11.5	10.7	1.2	5.2	0.29	89.1
Cappuccino – lactose-free milk	Short	220	53	2	1.2	4.2	3.8	0.1	4.4	0.10	44.5
Cappuccino – lactose-free milk	Tall	359	86	3.2	1.9	6.8	6.4	0.1	7.2	0.17	44.5
Cappuccino – lactose-free milk	Grande	446	107	4	2.3	8.6	7.8	0.3	8.8	0.21	89.1
Cappuccino – lactose-free milk	Venti	566	136	5.1	3	10.8	10	0.3	11.3	0.26	89.1
Flat White – semi skimmed milk	Short	284	68	2.9	1.8	6.2	5.4	0.3	4.1	0.11	89.1
Flat White – skimmed milk	Short	181	43	0.2	0.2	6.2	5.4	0.3	3.8	1.08	89.1
Flat White – almond drink	Short	137	34	1.4	0.2	3.5	2.7	0.5	0.9	0.08	89.1
Flat White – soya drink	Short	213	51	2.1	0.4	3.6	2.7	0.9	3.9	0.10	89.1
Flat White – oat drink	Short	288	68	3.4	0.4	7.9	3.5	1.3	1.2	0.14	89.1
Flat White – coconut drink	Short	175	42	1.7	0.8	4.4	3.6	0.6	2	0.10	89.1
Flat White – lactose-free milk	Short	204	49	1.7	1	4.1	3.3	0.3	4	0.09	89.1
Caramel Macchiato – semi skimmed milk	Short	484	116	4.5	2.7	13.6	13	0.1	5.1	0.16	44.5
Caramel Macchiato – semi skimmed milk	Tall	769	184	6.9	4.2	22.2	21.4	0.1	8.1	0.26	44.5
Caramel Macchiato – semi skimmed milk	Grande	1004	240	8.7	5.3	29.5	28.2	0.3	10.6	0.32	89.1
Caramel Macchiato – semi skimmed milk	Venti	1266	303	10.9	6.7	37.3	35.9	0.3	13.5	0.41	89.1
Caramel Macchiato – skimmed milk	Short	347	82	0.9	0.6	13.6	13	0.1	4.8	1.45	44.5
Caramel Macchiato – skimmed milk	Tall	549	129	1.1	0.8	22.2	21.4	0.1	7.6	2.32	44.5
Caramel Macchiato – skimmed milk	Grande	719	169	1.3	0.9	29.5	28.2	0.3	10	3.00	89.1
Caramel Macchiato – skimmed milk	Venti	899	211	1.4	1	37.3	35.9	0.3	12.7	3.85	89.1
Caramel Macchiato – almond drink	Short	289	70	2.4	0.6	10.2	9.5	0.4	1	0.13	44.5
Caramel Macchiato – almond drink	Tall	455	111	3.6	0.8	16.6	15.8	0.6	1.4	0.19	44.5
Caramel Macchiato – almond drink	Grande	597	145	4.5	0.9	22.3	21	0.9	1.9	0.24	89.1
Caramel Macchiato – almond drink	Venti	743	181	5.5	0.9	27.9	26.6	1	2.4	0.30	89.1

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Macchiato – soya drink	Short	390	93	3.4	0.9	10.3	9.4	1	4.9	0.15	44.5
Caramel Macchiato – soya drink	Tall	618	148	5.2	1.2	16.8	15.7	1.5	7.7	0.23	44.5
Caramel Macchiato – soya drink	Grande	808	193	6.5	1.4	22.5	20.9	2	10	0.29	89.1
Caramel Macchiato – soya drink	Venti	1014	242	8	1.7	28.3	26.5	2.5	12.8	0.36	89.1
Caramel Macchiato – oat drink	Short	490	116	5	0.9	15.9	10.5	1.5	1.4	0.20	44.5
Caramel Macchiato – oat drink	Tall	779	184	7.8	1.2	25.9	17.5	2.4	2.1	0.31	44.5
Caramel Macchiato – oat drink	Grande	1016	240	9.9	1.4	34.3	23.2	3.1	2.8	0.40	89.1
Caramel Macchiato – oat drink	Venti	1281	303	12.5	1.7	43.4	29.4	4	3.5	0.50	89.1
Caramel Macchiato – coconut drink	Short	340	80	2.8	1.4	11.3	10.6	0.6	2.4	0.15	44.5
Caramel Macchiato – coconut drink	Tall	537	127	4.3	2.1	18.4	17.5	0.8	3.7	0.23	44.5
Caramel Macchiato – coconut drink	Grande	704	166	5.3	2.6	24.6	23.3	1.1	4.8	0.29	89.1
Caramel Macchiato – coconut drink	Venti	880	208	6.6	3.2	30.9	29.6	1.4	6.1	0.36	89.1
Caramel Macchiato – lactose-free milk	Short	379	90	2.9	1.7	10.9	10.2	0.1	5	0.14	44.5
Caramel Macchiato – lactose-free milk	Tall	599	143	4.4	2.6	17.8	17	0.1	7.9	0.21	44.5
Caramel Macchiato – lactose-free milk	Grande	784	187	5.4	3.2	23.9	22.6	0.3	10.3	0.27	89.1
Caramel Macchiato – lactose-free milk	Venti	983	234	6.7	4	30	28.7	0.3	13.1	0.33	89.1
Mocha – semi skimmed milk	Short	632	152	7.3	4.4	15.7	14.6	1.9	4.7	0.10	56.7
Mocha – semi skimmed milk	Tall	969	232	10.7	6.5	24.5	23.1	2.8	7.9	0.18	62.8
Mocha – semi skimmed milk	Grande	1240	297	12.8	7.8	32.6	30.5	3.9	10.6	0.24	113.4
Mocha – semi skimmed milk	Venti	1576	378	15.9	9.7	41.8	39.3	4.8	14.2	0.33	119.5
Mocha – skimmed milk	Short	546	130	5.1	3.1	15.7	14.6	1.9	4.5	0.90	56.7
Mocha – skimmed milk	Tall	812	193	6.6	4	24.5	23.1	2.8	7.6	1.65	62.8
Mocha – skimmed milk	Grande	1029	245	7.3	4.5	32.6	30.5	3.9	10.2	2.22	113.4
Mocha – skimmed milk	Venti	1284	305	8.3	5.1	41.8	39.3	4.8	13.5	3.06	119.5
Mocha – almond drink	Short	510	123	6	3.1	13.5	12.4	2.1	2.1	0.08	56.7
Mocha – almond drink	Tall	745	180	8.4	4	20.5	19.1	3.1	3.2	0.14	62.8
Mocha – almond drink	Grande	939	227	9.7	4.5	27.3	25.1	4.3	4.3	0.18	113.4
Mocha – almond drink	Venti	1160	281	11.6	5.1	34.3	31.8	5.4	5.3	0.24	119.5
Mocha – soya drink	Short	573	137	6.6	3.2	13.6	12.4	2.5	4.5	0.09	56.7
Mocha – soya drink	Tall	861	206	9.5	4.4	20.7	19.1	3.8	7.6	0.16	62.8
Mocha – soya drink	Grande	1095	262	11.2	4.9	27.5	25.1	5.2	10.3	0.21	113.4
Mocha – soya drink	Venti	1376	329	13.6	5.7	34.6	31.8	6.5	13.6	0.29	119.5
Mocha – oat drink	Short	635	152	7.7	3.2	17.1	13.1	2.8	2.4	0.13	56.7
Mocha – oat drink	Tall	976	232	11.4	4.4	27.1	20.3	4.4	3.6	0.22	62.8
Mocha – oat drink	Grande	1249	297	13.7	4.9	36.2	26.7	6	4.9	0.30	113.4
Mocha – oat drink	Venti	1588	378	17.2	5.7	46.6	34.1	7.7	6.2	0.40	119.5
Mocha – coconut drink	Short	542	129	6.3	3.6	14.2	13.1	2.2	3	0.09	56.7
Mocha – coconut drink	Tall	804	192	8.9	5	21.8	20.4	3.3	4.8	0.16	62.8
Mocha – coconut drink	Grande	1018	242	10.3	5.8	29	26.8	4.5	6.4	0.21	113.4
Mocha – coconut drink	Venti	1269	302	12.5	6.9	36.7	34.2	5.6	8.3	0.29	119.5
Mocha – lactose-free milk	Short	566	136	6.3	3.8	14	12.9	1.9	4.6	0.09	56.7
Mocha – lactose-free milk	Tall	848	203	8.9	5.3	21.4	20	2.8	7.7	0.15	62.8
Mocha – lactose-free milk	Grande	1078	258	10.4	6.2	28.5	26.3	3.9	10.4	0.20	113.4
Mocha – lactose-free milk	Venti	1351	323	12.6	7.5	36	33.5	4.8	13.8	0.27	119.5
White Mocha – semi skimmed milk	Short	783	187	8.2	5.4	23	22.5	0.2	5.1	0.26	44.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Mocha – semi skimmed milk	Tall	1192	285	12.1	7.9	35.4	34.9	0.2	8.5	0.42	44.5
White Mocha – semi skimmed milk	Grande	1517	363	14.4	9.5	46.7	45.8	0.3	11.1	0.54	89.1
White Mocha – semi skimmed milk	Venti	1896	453	17.6	11.6	58.8	57.9	0.3	14.3	0.69	89.1
White Mocha – skimmed milk	Short	686	163	5.7	3.9	23	22.5	0.2	4.9	1.16	44.5
White Mocha – skimmed milk	Tall	1020	242	7.6	5.2	35.4	34.9	0.2	8.1	2.03	44.5
White Mocha – skimmed milk	Grande	1295	307	8.6	6	46.7	45.8	0.3	10.6	2.63	89.1
White Mocha – skimmed milk	Venti	1600	379	9.9	7	58.8	57.9	0.3	13.7	3.46	89.1
White Mocha – almond drink	Short	645	155	6.8	3.9	20.5	20.1	0.3	2.2	0.23	44.5
White Mocha – almond drink	Tall	947	228	9.5	5.2	31	30.6	0.5	3.3	0.37	44.5
White Mocha – almond drink	Grande	1200	289	11.1	6	41	40.2	0.8	4.4	0.48	89.1
White Mocha – almond drink	Venti	1474	355	13.2	7	51.3	50.4	0.9	5.4	0.61	89.1
White Mocha – soya drink	Short	716	171	7.5	4	20.6	20.1	0.7	4.9	0.25	44.5
White Mocha – soya drink	Tall	1074	257	10.7	5.5	31.2	30.5	1.2	8.1	0.39	44.5
White Mocha – soya drink	Grande	1364	326	12.7	6.5	41.2	40.1	1.7	10.7	0.51	89.1
White Mocha – soya drink	Venti	1693	404	15.3	7.6	51.5	50.4	2.1	13.8	0.66	89.1
White Mocha – oat drink	Short	787	187	8.6	4	24.6	20.8	1.1	2.5	0.28	44.5
White Mocha – oat drink	Tall	1199	285	12.8	5.5	38.2	31.9	1.9	3.8	0.46	44.5
White Mocha – oat drink	Grande	1526	363	15.4	6.5	50.4	41.9	2.5	5	0.60	89.1
White Mocha – oat drink	Venti	1908	453	18.9	7.6	63.7	52.7	3.3	6.3	0.77	89.1
White Mocha – coconut drink	Short	681	162	7.1	4.4	21.3	20.9	0.4	3.2	0.25	44.5
White Mocha – coconut drink	Tall	1012	240	10	6.3	32.4	31.9	0.7	5	0.39	44.5
White Mocha – coconut drink	Grande	1283	305	11.8	7.4	42.8	42	1	6.6	0.51	89.1
White Mocha – coconut drink	Venti	1585	376	14.1	8.8	53.7	52.8	1.2	8.4	0.66	89.1
White Mocha – lactose-free milk	Short	708	169	7.1	4.7	21.1	20.6	0.2	5	0.24	44.5
White Mocha – lactose-free milk	Tall	1060	253	10.1	6.6	32	31.5	0.2	8.3	0.38	44.5
White Mocha – lactose-free milk	Grande	1346	321	11.9	7.9	42.3	41.4	0.3	10.9	0.50	89.1
White Mocha – lactose-free milk	Venti	1668	398	14.2	9.5	52.9	52.1	0.3	14	0.63	89.1
Café Crème	Short	53	13	0.1	0.1	2.4	0.1	0	0.9	0.01	195.8
Cold Coffee											
Cold Brew	Tall	74	17	0.6	0.2	1.7	0.1	1.1	0.8	0.01	193.3
Cold Brew	Grande	101	23	0.9	0.3	2.3	0.1	1.4	1.2	0.01	264.7
Cold Brew	Venti	108	25	0.9	0.3	2.5	0.2	1.5	1.2	0.02	285.1
Cold Brew Latte – semi skimmed milk	Tall	430	103	4.6	2.7	8.9	8.1	0.5	6.2	0.17	159.1
Cold Brew Latte – semi skimmed milk	Grande	602	144	6.5	3.9	12.4	11.6	0.6	8.7	0.24	166.5
Cold Brew Latte – semi skimmed milk	Venti	692	166	7.4	4.4	14.3	13.2	0.7	10	0.28	204.7
Cold Brew Latte – skimmed milk	Tall	273	64	0.5	0.3	8.9	8.1	0.5	5.9	1.64	159.1
Cold Brew Latte – skimmed milk	Grande	376	88	0.6	0.4	12.4	11.6	0.6	8.2	2.36	166.5
Cold Brew Latte – skimmed milk	Venti	434	101	0.7	0.4	14.3	13.2	0.7	9.5	2.70	204.7
Cold Brew Latte – almond drink	Tall	206	51	2.3	0.3	4.9	4.1	0.9	1.5	0.12	159.1
Cold Brew Latte – almond drink	Grande	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5
Cold Brew Latte – almond drink	Venti	324	80	3.6	0.4	7.7	6.7	1.2	2.2	0.20	204.7
Cold Brew Latte – soya drink	Tall	322	77	3.4	0.6	5	4	1.5	5.9	0.15	159.1
Cold Brew Latte – soya drink	Grande	447	107	4.7	0.8	6.9	5.8	2	8.3	0.21	166.5
Cold Brew Latte – soya drink	Venti	515	123	5.4	0.9	8	6.6	2.3	9.5	0.24	204.7
Cold Brew Latte – oat drink	Tall	437	103	5.2	0.6	11.5	5.3	2.1	1.9	0.21	159.1

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew Latte – oat drink	Grande	612	144	7.4	0.8	16.2	7.6	2.9	2.5	0.30	166.5
Cold Brew Latte – oat drink	Venti	703	166	8.5	0.9	18.6	8.7	3.3	2.9	0.34	204.7
Cold Brew Latte – coconut drink	Tall	265	62	2.7	1.2	6.2	5.3	1	3.1	0.15	159.1
Cold Brew Latte – coconut drink	Grande	365	86	3.8	1.7	8.5	7.7	1.3	4.1	0.21	166.5
Cold Brew Latte – coconut drink	Venti	421	99	4.4	2	9.8	8.8	1.5	4.8	0.24	204.7
Cold Brew Latte – lactose-free milk	Tall	309	74	2.8	1.6	5.8	5	0.5	6.1	0.14	159.1
Cold Brew Latte – lactose-free milk	Grande	428	102	3.9	2.2	8	7.1	0.6	8.5	0.19	166.5
Cold Brew Latte – lactose-free milk	Venti	493	118	4.5	2.6	9.2	8.1	0.7	9.7	0.22	204.7
Iced Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Iced Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Iced Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Iced Latte – semi skimmed milk	Tall	442	106	4.8	2.9	9.3	8.9	0.1	6.3	0.18	44.5
Iced Latte – semi skimmed milk	Grande	624	150	6.7	4.1	13.2	12.4	0.3	8.9	0.25	89.1
Iced Latte – semi skimmed milk	Venti	681	164	7.3	4.4	14.4	13.6	0.3	9.8	0.28	89.1
Iced Latte – skimmed milk	Tall	269	63	0.2	0.2	9.3	8.9	0.1	6	1.80	44.5
Iced Latte – skimmed milk	Grande	383	90	0.4	0.3	13.2	12.4	0.3	8.4	2.51	89.1
Iced Latte – skimmed milk	Venti	417	98	0.4	0.3	14.4	13.6	0.3	9.2	2.75	89.1
Iced Latte – almond drink	Tall	195	49	2.2	0.2	4.9	4.5	0.5	1.1	0.13	44.5
Iced Latte – almond drink	Grande	280	70	3.1	0.3	7.1	6.3	0.8	1.6	0.18	89.1
Iced Latte – almond drink	Venti	304	76	3.4	0.3	7.7	6.9	0.8	1.8	0.20	89.1
Iced Latte – soya drink	Tall	323	78	3.4	0.5	5	4.4	1.2	6	0.16	44.5
Iced Latte – soya drink	Grande	458	110	4.8	0.8	7.3	6.2	1.7	8.5	0.22	89.1
Iced Latte – soya drink	Venti	500	120	5.2	0.8	7.9	6.8	1.9	9.3	0.24	89.1
Iced Latte – oat drink	Tall	449	106	5.5	0.5	12.2	5.8	1.9	1.6	0.23	44.5
Iced Latte – oat drink	Grande	634	150	7.7	0.8	17.2	8.1	2.7	2.4	0.31	89.1
Iced Latte – oat drink	Venti	692	164	8.4	0.8	18.8	8.9	2.9	2.6	0.35	89.1
Iced Latte – coconut drink	Tall	260	61	2.7	1.3	6.3	5.9	0.7	2.9	0.16	44.5
Iced Latte – coconut drink	Grande	370	87	3.8	1.8	9	8.2	1	4.1	0.22	89.1
Iced Latte – coconut drink	Venti	404	95	4.2	1.9	9.8	9	1.1	4.5	0.24	89.1
Iced Latte – lactose-free milk	Tall	309	74	2.8	1.6	5.9	5.5	0.1	6.2	0.14	44.5
Iced Latte – lactose-free milk	Grande	438	105	3.9	2.3	8.4	7.6	0.3	8.7	0.20	89.1
Iced Latte – lactose-free milk	Venti	478	115	4.3	2.5	9.2	8.3	0.3	9.5	0.22	89.1
Classic Iced Cappuccino – semi skimmed milk	Tall	382	92	4.1	2.5	8	7.6	0.1	5.5	0.16	44.5
Classic Iced Cappuccino – semi skimmed milk	Grande	518	125	5.5	3.3	11	10.2	0.3	7.4	0.21	89.1
Classic Iced Cappuccino – semi skimmed milk	Venti	608	146	6.5	3.9	12.9	12	0.3	8.7	0.25	89.1
Classic Iced Cappuccino – skimmed milk	Tall	233	55	0.2	0.2	8	7.6	0.1	5.2	1.55	44.5
Classic Iced Cappuccino – skimmed milk	Grande	320	75	0.3	0.3	11	10.2	0.3	7	2.06	89.1
Classic Iced Cappuccino – skimmed milk	Venti	373	88	0.4	0.3	12.9	12	0.3	8.2	2.44	89.1
Classic Iced Cappuccino – almond drink	Tall	170	42	1.9	0.2	4.3	3.9	0.4	1	0.11	44.5
Classic Iced Cappuccino – almond drink	Grande	235	59	2.6	0.2	6	5.2	0.7	1.4	0.15	89.1
Classic Iced Cappuccino – almond drink	Venti	273	68	3	0.3	6.9	6.1	0.8	1.6	0.18	89.1
Classic Iced Cappuccino – soya drink	Tall	280	67	2.9	0.5	4.4	3.8	1.1	5.2	0.14	44.5
Classic Iced Cappuccino – soya drink	Grande	382	92	3.9	0.6	6.1	5.1	1.5	7	0.18	89.1
Classic Iced Cappuccino – soya drink	Venti	446	107	4.6	0.8	7.1	6	1.7	8.3	0.21	89.1
Classic Iced Cappuccino – oat drink	Tall	388	92	4.7	0.5	10.5	5	1.6	1.4	0.19	44.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Iced Cappuccino – oat drink	Grande	526	125	6.3	0.6	14.3	6.7	2.3	2	0.26	89.1
Classic Iced Cappuccino – oat drink	Venti	617	146	7.5	0.8	16.8	7.9	2.6	2.3	0.31	89.1
Classic Iced Cappuccino – coconut drink	Tall	226	53	2.3	1.1	5.5	5.1	0.6	2.5	0.14	44.5
Classic Iced Cappuccino – coconut drink	Grande	310	73	3.2	1.5	7.6	6.8	0.9	3.4	0.18	89.1
Classic Iced Cappuccino – coconut drink	Venti	361	85	3.7	1.7	8.8	8	1	4	0.21	89.1
Classic Iced Cappuccino – lactose-free milk	Tall	267	64	2.4	1.4	5.1	4.7	0.1	5.3	0.12	44.5
Classic Iced Cappuccino – lactose-free milk	Grande	365	88	3.2	1.9	7.1	6.3	0.3	7.2	0.17	89.1
Classic Iced Cappuccino – lactose-free milk	Venti	427	102	3.8	2.2	8.2	7.4	0.3	8.5	0.20	89.1
Iced Latte Macchiato – semi skimmed milk	Tall	429	103	4.6	2.8	9	8.6	0.1	6.2	0.18	44.5
Iced Latte Macchiato – semi skimmed milk	Grande	643	155	6.9	4.2	13.6	12.8	0.3	9.2	0.26	89.1
Iced Latte Macchiato – semi skimmed milk	Venti	656	158	7	4.3	13.9	13.1	0.3	9.4	0.27	89.1
Iced Latte Macchiato – skimmed milk	Tall	261	61	0.2	0.2	9	8.6	0.1	5.8	1.75	44.5
Iced Latte Macchiato – skimmed milk	Grande	394	93	0.4	0.3	13.6	12.8	0.3	8.7	2.59	89.1
Iced Latte Macchiato – skimmed milk	Venti	402	94	0.4	0.3	13.9	13.1	0.3	8.9	2.65	89.1
Iced Latte Macchiato – almond drink	Tall	190	47	2.1	0.2	4.8	4.3	0.5	1.1	0.13	44.5
Iced Latte Macchiato – almond drink	Grande	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
Iced Latte Macchiato – almond drink	Venti	294	73	3.3	0.3	7.4	6.6	0.8	1.7	0.19	89.1
Iced Latte Macchiato – soya drink	Tall	314	75	3.3	0.5	4.9	4.3	1.2	5.8	0.15	44.5
Iced Latte Macchiato – soya drink	Grande	472	113	4.9	0.8	7.5	6.4	1.8	8.7	0.23	89.1
Iced Latte Macchiato – soya drink	Venti	482	116	5	0.8	7.6	6.5	1.8	8.9	0.23	89.1
Iced Latte Macchiato – oat drink	Tall	436	103	5.3	0.5	11.8	5.6	1.8	1.6	0.22	44.5
Iced Latte Macchiato – oat drink	Grande	653	155	7.9	0.8	17.7	8.4	2.8	2.4	0.32	89.1
Iced Latte Macchiato – oat drink	Venti	667	158	8.1	0.8	18.1	8.6	2.8	2.5	0.33	89.1
Iced Latte Macchiato – coconut drink	Tall	253	60	2.6	1.2	6.1	5.7	0.6	2.8	0.15	44.5
Iced Latte Macchiato – coconut drink	Grande	381	90	3.9	1.8	9.3	8.5	1	4.2	0.23	89.1
Iced Latte Macchiato – coconut drink	Venti	389	92	4	1.9	9.5	8.6	1	4.3	0.23	89.1
Iced Latte Macchiato – lactose-free milk	Tall	300	72	2.7	1.6	5.7	5.3	0.1	6	0.14	44.5
Iced Latte Macchiato – lactose-free milk	Grande	451	108	4	2.4	8.7	7.9	0.3	9	0.21	89.1
Iced Latte Macchiato – lactose-free milk	Venti	460	110	4.1	2.4	8.8	8	0.3	9.1	0.21	89.1
Iced Caramel Macchiato – semi skimmed milk	Tall	662	158	5.7	3.5	20.3	19.4	0.1	6.2	0.21	44.5
Iced Caramel Macchiato – semi skimmed milk	Grande	936	224	7.9	4.8	28.5	27.1	0.3	9.3	0.29	89.1
Iced Caramel Macchiato – semi skimmed milk	Venti	1010	241	8.1	4.9	32.3	30.9	0.3	9.5	0.30	89.1
Iced Caramel Macchiato – skimmed milk	Tall	494	116	1.3	0.9	20.3	19.4	0.1	5.9	1.78	44.5
Iced Caramel Macchiato – skimmed milk	Grande	687	162	1.4	1	28.5	27.1	0.3	8.8	2.62	89.1
Iced Caramel Macchiato – skimmed milk	Venti	756	178	1.5	1	32.3	30.9	0.3	9	2.68	89.1
Iced Caramel Macchiato – almond drink	Tall	422	102	3.2	0.9	16	15.2	0.5	1.1	0.16	44.5
Iced Caramel Macchiato – almond drink	Grande	581	141	4.2	1	22.1	20.8	0.8	1.8	0.22	89.1
Iced Caramel Macchiato – almond drink	Venti	647	157	4.3	1	25.9	24.4	0.8	1.8	0.23	89.1
Iced Caramel Macchiato – soya drink	Tall	546	130	4.4	1.2	16.2	15.1	1.2	5.9	0.19	44.5
Iced Caramel Macchiato – soya drink	Grande	765	183	6	1.5	22.4	20.7	1.8	8.8	0.26	89.1
Iced Caramel Macchiato – soya drink	Venti	835	199	6.1	1.5	26.1	24.4	1.8	9	0.27	89.1
Iced Caramel Macchiato – oat drink	Tall	669	158	6.4	1.2	23.1	16.5	1.8	1.7	0.25	44.5
Iced Caramel Macchiato – oat drink	Grande	946	224	9	1.5	32.6	22.7	2.8	2.5	0.36	89.1
Iced Caramel Macchiato – oat drink	Venti	1020	241	9.2	1.5	36.6	26.4	2.8	2.6	0.36	89.1
Iced Caramel Macchiato – coconut drink	Tall	485	115	3.7	1.9	17.4	16.5	0.6	2.9	0.19	44.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Caramel Macchiato – coconut drink	Grande	674	159	5	2.5	24.2	22.8	1	4.3	0.26	89.1
Iced Caramel Macchiato – coconut drink	Venti	742	175	5.1	2.5	27.9	26.5	1	4.4	0.27	89.1
Iced Caramel Macchiato – lactose-free milk	Tall	532	127	3.7	2.3	17	16.1	0.1	6.1	0.17	44.5
Iced Caramel Macchiato – lactose-free milk	Grande	744	177	5.1	3	23.5	22.2	0.3	9	0.24	89.1
Iced Caramel Macchiato – lactose-free milk	Venti	814	194	5.2	3.1	27.3	25.9	0.3	9.2	0.25	89.1
Iced Mocha – semi skimmed milk	Tall	1079	259	14	8.4	24.4	23	2.8	7.3	0.17	62.8
Iced Mocha – semi skimmed milk	Grande	1457	350	18.7	11.3	33.1	30.9	3.9	10.1	0.23	113.4
Iced Mocha – semi skimmed milk	Venti	1596	383	19.4	11.7	38.4	35.9	4.8	11	0.24	119.5
Iced Mocha – skimmed milk	Tall	944	225	10.5	6.3	24.4	23	2.8	7.1	1.43	62.8
Iced Mocha – skimmed milk	Grande	1272	304	13.9	8.4	33.1	30.9	3.9	9.7	1.97	113.4
Iced Mocha – skimmed milk	Venti	1404	335	14.4	8.7	38.4	35.9	4.8	10.6	2.05	119.5
Iced Mocha – almond drink	Tall	887	214	12	6.3	21	19.6	3.1	3.3	0.13	62.8
Iced Mocha – almond drink	Grande	1193	288	16	8.4	28.4	26.2	4.2	4.5	0.18	113.4
Iced Mocha – almond drink	Venti	1321	319	16.6	8.7	33.5	31	5.1	5.2	0.19	119.5
Iced Mocha – soya drink	Tall	986	237	12.9	6.6	21.1	19.6	3.7	7.1	0.15	62.8
Iced Mocha – soya drink	Grande	1329	319	17.3	8.8	28.6	26.2	5	9.8	0.21	113.4
Iced Mocha – soya drink	Venti	1464	351	17.9	9.1	33.7	31	5.9	10.6	0.22	119.5
Iced Mocha – oat drink	Tall	1085	259	14.5	6.6	26.7	20.6	4.2	3.7	0.20	62.8
Iced Mocha – oat drink	Grande	1464	350	19.5	8.8	36.2	27.7	5.7	5.1	0.28	113.4
Iced Mocha – oat drink	Venti	1604	383	20.3	9.1	41.6	32.5	6.7	5.7	0.29	119.5
Iced Mocha – coconut drink	Tall	937	224	12.4	7.2	22.1	20.7	3.2	4.6	0.15	62.8
Iced Mocha – coconut drink	Grande	1262	302	16.5	9.5	29.9	27.7	4.4	6.4	0.21	113.4
Iced Mocha – coconut drink	Venti	1394	333	17.2	9.9	35.1	32.6	5.3	7.1	0.22	119.5
Iced Mocha – lactose-free milk	Tall	975	234	12.4	7.5	21.8	20.3	2.8	7.2	0.14	62.8
Iced Mocha – lactose-free milk	Grande	1314	315	16.6	9.9	29.5	27.3	3.9	9.9	0.19	113.4
Iced Mocha – lactose-free milk	Venti	1448	347	17.2	10.3	34.6	32.1	4.8	10.8	0.20	119.5
Iced White Mocha – semi skimmed milk	Tall	1276	306	15	9.7	34.8	34.3	0.2	7.5	0.39	44.5
Iced White Mocha – semi skimmed milk	Grande	1719	412	20.1	12.9	46.9	46	0.3	10.3	0.53	89.1
Iced White Mocha – semi skimmed milk	Venti	1923	460	21.2	13.8	55.6	54.7	0.3	11.3	0.61	89.1
Iced White Mocha – skimmed milk	Tall	1137	271	11.4	7.5	34.8	34.3	0.2	7.2	1.70	44.5
Iced White Mocha – skimmed milk	Grande	1528	364	15.2	9.9	46.9	46	0.3	9.9	2.31	89.1
Iced White Mocha – skimmed milk	Venti	1724	410	16	10.7	55.6	54.7	0.3	10.9	2.48	89.1
Iced White Mocha – almond drink	Tall	1077	259	13	7.5	31.2	30.8	0.4	3.3	0.35	44.5
Iced White Mocha – almond drink	Grande	1447	348	17.3	9.9	42	41.2	0.7	4.6	0.47	89.1
Iced White Mocha – almond drink	Venti	1639	394	18.3	10.6	50.5	49.6	0.7	5.2	0.55	89.1
Iced White Mocha – soya drink	Tall	1180	282	13.9	7.8	31.3	30.7	1	7.3	0.37	44.5
Iced White Mocha – soya drink	Grande	1588	380	18.6	10.3	42.2	41.1	1.5	10	0.50	89.1
Iced White Mocha – soya drink	Venti	1786	427	19.6	11	50.7	49.6	1.5	10.9	0.58	89.1
Iced White Mocha – oat drink	Tall	1282	306	15.6	7.8	37.1	31.8	1.6	3.7	0.43	44.5
Iced White Mocha – oat drink	Grande	1727	412	20.9	10.3	50.1	42.6	2.2	5.1	0.58	89.1
Iced White Mocha – oat drink	Venti	1931	460	22	11	58.9	51.2	2.3	5.8	0.66	89.1
Iced White Mocha – coconut drink	Tall	1130	269	13.4	8.3	32.4	31.9	0.6	4.7	0.37	44.5
Iced White Mocha – coconut drink	Grande	1518	362	17.9	11.1	43.6	42.7	0.9	6.5	0.50	89.1
Iced White Mocha – coconut drink	Venti	1713	408	18.9	11.9	52.1	51.2	0.9	7.3	0.58	89.1
Iced White Mocha – lactose-free milk	Tall	1169	280	13.4	8.6	32	31.6	0.2	7.4	0.36	44.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced White Mocha – lactose-free milk	Grande	1572	376	17.9	11.5	43.1	42.2	0.3	10.1	0.49	89.1
Iced White Mocha – lactose-free milk	Venti	1769	423	18.9	12.3	51.7	50.8	0.3	11.1	0.57	89.1
Iced Brown Sugar Oat Shaken Espresso – semi skimmed milk	Tall	407	98	3.1	1.9	12.8	12.1	0.3	4.2	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso – semi skimmed milk	Grande	534	128	3.8	2.3	17.7	16.5	0.4	5.2	0.14	128.2
Iced Brown Sugar Oat Shaken Espresso – semi skimmed milk	Venti	649	155	4.4	2.6	22.3	20.7	0.5	6.1	0.16	171
Iced Brown Sugar Oat Shaken Espresso – skimmed milk	Tall	297	70	0.2	0.2	12.8	12.1	0.3	4	1.15	85.5
Iced Brown Sugar Oat Shaken Espresso – skimmed milk	Grande	400	94	0.3	0.2	17.7	16.5	0.4	5	1.40	128.2
Iced Brown Sugar Oat Shaken Espresso – skimmed milk	Venti	495	117	0.4	0.2	22.3	20.7	0.5	5.7	1.60	171
Iced Brown Sugar Oat Shaken Espresso – almond drink	Tall	250	61	1.5	0.2	10	9.3	0.5	0.9	0.08	85.5
Iced Brown Sugar Oat Shaken Espresso – almond drink	Grande	342	83	1.9	0.2	14.3	13.1	0.7	1.2	0.10	128.2
Iced Brown Sugar Oat Shaken Espresso – almond drink	Venti	430	104	2.2	0.2	18.4	16.8	0.9	1.4	0.12	171
Iced Brown Sugar Oat Shaken Espresso – soya drink	Tall	331	79	2.3	0.4	10.1	9.2	0.9	4	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso – soya drink	Grande	442	106	2.8	0.5	14.4	13.1	1.2	5	0.12	128.2
Iced Brown Sugar Oat Shaken Espresso – soya drink	Venti	543	130	3.2	0.6	18.5	16.8	1.5	5.8	0.14	171
Iced Brown Sugar Oat Shaken Espresso – oat drink	Tall	412	98	3.6	0.4	14.7	10.1	1.4	1.2	0.14	85.5
Iced Brown Sugar Oat Shaken Espresso – oat drink	Grande	540	128	4.4	0.5	19.9	14.1	1.8	1.6	0.18	128.2
Iced Brown Sugar Oat Shaken Espresso – oat drink	Venti	655	155	5.1	0.6	24.8	18	2.1	1.9	0.20	171
Iced Brown Sugar Oat Shaken Espresso – coconut drink	Tall	291	69	1.8	0.8	10.9	10.2	0.6	2	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso – coconut drink	Grande	393	93	2.3	1	15.3	14.2	0.8	2.5	0.12	128.2
Iced Brown Sugar Oat Shaken Espresso – coconut drink	Venti	487	115	2.6	1.2	19.6	18	1	3	0.14	171
Iced Brown Sugar Oat Shaken Espresso – lactose-free milk	Tall	322	77	1.9	1.1	10.7	9.9	0.3	4.1	0.09	85.5
Iced Brown Sugar Oat Shaken Espresso – lactose-free milk	Grande	430	103	2.3	1.3	15	13.9	0.4	5.1	0.11	128.2
Iced Brown Sugar Oat Shaken Espresso – lactose-free milk	Venti	530	127	2.7	1.5	19.2	17.7	0.5	5.9	0.13	171
Hot Chocolates											
Classic Hot Chocolate – semi skimmed milk	Short	715	172	8.1	5	17.8	17	2	5.7	0.13	13.4
Classic Hot Chocolate – semi skimmed milk	Tall	1088	261	11.9	7.2	27.5	26.4	3	9.3	0.22	20
Classic Hot Chocolate – semi skimmed milk	Grande	1381	331	14.3	8.7	36	34.5	3.9	12.3	0.30	26.1
Classic Hot Chocolate – semi skimmed milk	Venti	1715	411	17.4	10.6	45	43.3	4.7	15.8	0.38	32.2
Classic Hot Chocolate – skimmed milk	Short	600	143	5.2	3.2	17.8	17	2	5.4	1.21	13.4
Classic Hot Chocolate – skimmed milk	Tall	891	212	6.7	4.2	27.5	26.4	3	8.9	2.07	20
Classic Hot Chocolate – skimmed milk	Grande	1116	265	7.4	4.6	36	34.5	3.9	11.8	2.78	26.1
Classic Hot Chocolate – skimmed milk	Venti	1369	325	8.4	5.2	45	43.3	4.7	15.1	3.62	32.2
Classic Hot Chocolate – almond drink	Short	551	133	6.4	3.2	14.9	14.1	2.2	2.2	0.10	13.4
Classic Hot Chocolate – almond drink	Tall	807	195	9	4.2	22.5	21.4	3.4	3.3	0.17	20
Classic Hot Chocolate – almond drink	Grande	1002	243	10.4	4.6	29.2	27.8	4.4	4.3	0.22	26.1
Classic Hot Chocolate – almond drink	Venti	1222	296	12.3	5.2	36.3	34.5	5.5	5.4	0.28	32.2
Classic Hot Chocolate – soya drink	Short	636	152	7.2	3.4	15	14.1	2.7	5.5	0.12	13.4
Classic Hot Chocolate – soya drink	Tall	953	228	10.3	4.5	22.7	21.4	4.2	8.9	0.20	20
Classic Hot Chocolate – soya drink	Grande	1198	287	12.2	5.1	29.4	27.7	5.5	11.8	0.26	26.1
Classic Hot Chocolate – soya drink	Venti	1477	353	14.7	5.9	36.6	34.4	6.9	15.2	0.34	32.2
Classic Hot Chocolate – oat drink	Short	720	172	8.6	3.4	19.7	15	3.1	2.5	0.16	13.4
Classic Hot Chocolate – oat drink	Tall	1096	261	12.7	4.5	30.8	22.9	4.9	3.9	0.27	20
Classic Hot Chocolate – oat drink	Grande	1392	331	15.4	5.1	40.4	29.8	6.5	5.1	0.37	26.1
Classic Hot Chocolate – oat drink	Venti	1729	411	18.9	5.9	50.8	37.1	8.2	6.4	0.47	32.2
Classic Hot Chocolate – coconut drink	Short	594	142	6.8	3.9	15.8	15	2.3	3.4	0.12	13.4

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Hot Chocolate – coconut drink	Tall	881	210	9.6	5.4	24.1	23	3.6	5.3	0.20	20
Classic Hot Chocolate – coconut drink	Grande	1102	262	11.2	6.2	31.4	29.9	4.7	7	0.26	26.1
Classic Hot Chocolate – coconut drink	Venti	1351	321	13.3	7.3	39.1	37.3	5.8	8.9	0.34	32.2
Classic Hot Chocolate – lactose-free milk	Short	627	150	6.8	4.1	15.5	14.7	2	5.5	0.11	13.4
Classic Hot Chocolate – lactose-free milk	Tall	936	224	9.6	5.8	23.6	22.5	3	9.1	0.18	20
Classic Hot Chocolate – lactose-free milk	Grande	1176	281	11.3	6.8	30.7	29.3	3.9	12.1	0.24	26.1
Classic Hot Chocolate – lactose-free milk	Venti	1448	346	13.4	8.1	38.2	36.4	4.7	15.5	0.31	32.2
Signature Hot Chocolate – semi skimmed milk	Short	829	199	9.7	5.9	19.1	18.2	2.4	7.3	0.17	14
Signature Hot Chocolate – semi skimmed milk	Tall	1274	306	14.3	8.7	30.1	28.7	3.7	11.8	0.28	21.8
Signature Hot Chocolate – semi skimmed milk	Grande	1572	377	16.9	10.3	38.3	36.5	4.8	14.8	0.35	28.6
Signature Hot Chocolate – semi skimmed milk	Venti	1944	466	20.6	12.6	47.5	45.3	5.8	18.9	0.45	34.6
Signature Hot Chocolate – skimmed milk	Short	676	161	5.7	3.5	19.1	18.2	2.4	7	1.61	14
Signature Hot Chocolate – skimmed milk	Tall	1021	242	7.7	4.8	30.1	28.7	3.7	11.3	2.66	21.8
Signature Hot Chocolate – skimmed milk	Grande	1256	298	8.7	5.4	38.3	36.5	4.8	14.1	3.31	28.6
Signature Hot Chocolate – skimmed milk	Venti	1532	363	9.9	6.2	47.5	45.3	5.8	18	4.31	34.6
Signature Hot Chocolate – almond drink	Short	611	148	7.4	3.5	15.2	14.3	2.7	2.6	0.13	14
Signature Hot Chocolate – almond drink	Tall	912	221	10.5	4.8	23.6	22.3	4.2	4.1	0.21	21.8
Signature Hot Chocolate – almond drink	Grande	1121	271	12.2	5.4	30.2	28.4	5.5	5.2	0.26	28.6
Signature Hot Chocolate – almond drink	Venti	1357	329	14.5	6.1	37	34.9	6.7	6.4	0.34	34.6
Signature Hot Chocolate – soya drink	Short	724	173	8.5	3.8	15.3	14.3	3.3	7	0.15	14
Signature Hot Chocolate – soya drink	Tall	1100	263	12.3	5.3	23.9	22.2	5.2	11.3	0.25	21.8
Signature Hot Chocolate – soya drink	Grande	1355	324	14.4	6	30.5	28.4	6.8	14.2	0.31	28.6
Signature Hot Chocolate – soya drink	Venti	1661	397	17.4	7	37.4	34.8	8.4	18.1	0.40	34.6
Signature Hot Chocolate – oat drink	Short	836	199	10.4	3.8	21.7	15.5	3.9	3.1	0.21	14
Signature Hot Chocolate – oat drink	Tall	1285	306	15.4	5.3	34.3	24.2	6.2	4.9	0.35	21.8
Signature Hot Chocolate – oat drink	Grande	1585	377	18.2	6	43.5	30.9	8	6.2	0.43	28.6
Signature Hot Chocolate – oat drink	Venti	1961	466	22.3	7	54.3	38	10	7.7	0.56	34.6
Signature Hot Chocolate – coconut drink	Short	668	159	7.9	4.5	16.5	15.6	2.8	4.2	0.15	14
Signature Hot Chocolate – coconut drink	Tall	1007	240	11.3	6.3	25.7	24.3	4.4	6.7	0.25	21.8
Signature Hot Chocolate – coconut drink	Grande	1239	295	13.2	7.3	32.8	31	5.8	8.5	0.31	28.6
Signature Hot Chocolate – coconut drink	Venti	1511	359	15.7	8.7	40.4	38.2	7.1	10.6	0.40	34.6
Signature Hot Chocolate – lactose-free milk	Short	711	170	7.9	4.8	16.1	15.2	2.4	7.1	0.14	14
Signature Hot Chocolate – lactose-free milk	Tall	1079	258	11.4	6.9	25.1	23.7	3.7	11.5	0.23	21.8
Signature Hot Chocolate – lactose-free milk	Grande	1328	318	13.3	8	32	30.2	4.8	14.5	0.29	28.6
Signature Hot Chocolate – lactose-free milk	Venti	1627	389	15.9	9.6	39.3	37.2	5.8	18.5	0.37	34.6
Iced Chocolate – semi skimmed milk	Tall	1160	278	14.7	8.9	26.6	25.5	2.9	8.2	0.20	19.8
Iced Chocolate – semi skimmed milk	Grande	1575	378	20	12.1	35.9	34.5	3.8	11.5	0.28	26
Iced Chocolate – semi skimmed milk	Venti	1722	413	20.7	12.6	41.6	39.7	4.8	12.4	0.29	32.5
Iced Chocolate – skimmed milk	Tall	999	238	10.6	6.4	26.6	25.5	2.9	7.9	1.70	19.8
Iced Chocolate – skimmed milk	Grande	1343	320	13.9	8.5	35.9	34.5	3.8	11	2.44	26
Iced Chocolate – skimmed milk	Venti	1483	353	14.5	8.8	41.6	39.7	4.8	11.9	2.53	32.5
Iced Chocolate – almond drink	Tall	931	225	12.4	6.4	22.5	21.4	3.3	3.4	0.15	19.8
Iced Chocolate – almond drink	Grande	1245	301	16.5	8.5	30.1	28.6	4.3	4.5	0.21	26
Iced Chocolate – almond drink	Venti	1381	333	17.2	8.8	35.5	33.6	5.3	5.2	0.22	32.5
Iced Chocolate – soya drink	Tall	1050	252	13.5	6.7	22.7	21.4	3.9	7.9	0.17	19.8

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Chocolate – soya drink	Grande	1416	339	18.1	8.9	30.3	28.5	5.3	11.1	0.25	26
Iced Chocolate – soya drink	Venti	1558	373	18.9	9.3	35.7	33.6	6.3	12	0.26	32.5
Iced Chocolate – oat drink	Tall	1167	278	15.4	6.7	29.3	22.6	4.6	3.8	0.24	19.8
Iced Chocolate – oat drink	Grande	1584	378	20.9	8.9	39.8	30.4	6.2	5.2	0.34	26
Iced Chocolate – oat drink	Venti	1732	413	21.7	9.3	45.5	35.5	7.2	5.9	0.35	32.5
Iced Chocolate – coconut drink	Tall	991	237	12.8	7.4	23.8	22.7	3.4	5	0.17	19.8
Iced Chocolate – coconut drink	Grande	1331	318	17.2	9.9	31.9	30.5	4.5	6.9	0.25	26
Iced Chocolate – coconut drink	Venti	1471	351	17.9	10.3	37.4	35.6	5.5	7.6	0.26	32.5
Iced Chocolate – lactose-free milk	Tall	1036	248	12.9	7.8	23.4	22.3	2.9	8	0.16	19.8
Iced Chocolate – lactose-free milk	Grande	1396	335	17.3	10.4	31.4	29.9	3.8	11.3	0.23	26
Iced Chocolate – lactose-free milk	Venti	1538	368	18	10.8	36.8	35	4.8	12.2	0.24	32.5
Frappuccino®											
Coffee Frappuccino® – semi skimmed milk	Mini	686	164	8.4	5.1	19.1	18.5	0.1	2.6	0.30	17.3
Coffee Frappuccino® – semi skimmed milk	Tall	992	238	13.1	7.8	26	25.1	0.1	3.6	0.41	23
Coffee Frappuccino® – semi skimmed milk	Grande	1251	299	15.6	9.4	34.6	33.4	0.2	4.7	0.55	31.4
Coffee Frappuccino® – semi skimmed milk	Venti	1374	328	15.7	9.4	41.4	40	0.2	4.8	0.66	39.5
Coffee Frappuccino® – skimmed milk	Mini	630	150	7	4.2	19.1	18.5	0.1	2.5	0.83	17.3
Coffee Frappuccino® – skimmed milk	Tall	918	219	11.2	6.7	26	25.1	0.1	3.5	1.11	23
Coffee Frappuccino® – skimmed milk	Grande	1154	275	13.1	7.8	34.6	33.4	0.2	4.5	1.46	31.4
Coffee Frappuccino® – skimmed milk	Venti	1276	304	13.2	7.8	41.4	40	0.2	4.6	1.57	39.5
Coffee Frappuccino® – almond drink	Mini	606	145	7.6	4.2	17.7	17.1	0.2	1	0.29	17.3
Coffee Frappuccino® – almond drink	Tall	886	213	12	6.7	24.1	23.2	0.3	1.4	0.39	23
Coffee Frappuccino® – almond drink	Grande	1113	267	14.2	7.8	32.1	31	0.4	1.7	0.52	31.4
Coffee Frappuccino® – almond drink	Venti	1234	296	14.3	7.8	38.9	37.5	0.4	1.9	0.63	39.5
Coffee Frappuccino® – soya drink	Mini	647	155	8	4.3	17.7	17.1	0.4	2.5	0.30	17.3
Coffee Frappuccino® – soya drink	Tall	941	225	12.5	6.8	24.1	23.2	0.6	3.5	0.40	23
Coffee Frappuccino® – soya drink	Grande	1185	283	14.9	8	32.2	31	0.8	4.5	0.54	31.4
Coffee Frappuccino® – soya drink	Venti	1307	312	14.9	8	39	37.5	0.8	4.7	0.64	39.5
Coffee Frappuccino® – oat drink	Mini	688	164	8.7	4.3	20	17.5	0.7	1.1	0.32	17.3
Coffee Frappuccino® – oat drink	Tall	995	238	13.4	6.8	27.2	23.8	0.9	1.6	0.43	23
Coffee Frappuccino® – oat drink	Grande	1255	299	16	8	36.2	31.7	1.1	2	0.57	31.4
Coffee Frappuccino® – oat drink	Venti	1378	328	16.1	8	43	38.2	1.2	2.2	0.68	39.5
Coffee Frappuccino® – coconut drink	Mini	627	150	7.8	4.5	18.2	17.5	0.3	1.5	0.30	17.3
Coffee Frappuccino® – coconut drink	Tall	914	218	12.2	7.1	24.7	23.8	0.4	2.1	0.40	23
Coffee Frappuccino® – coconut drink	Grande	1149	274	14.5	8.4	32.9	31.8	0.5	2.7	0.54	31.4
Coffee Frappuccino® – coconut drink	Venti	1271	303	14.6	8.4	39.7	38.3	0.5	2.9	0.64	39.5
Coffee Frappuccino® – lactose-free milk	Mini	643	154	7.8	4.6	18	17.4	0.1	2.6	0.29	17.3
Coffee Frappuccino® – lactose-free milk	Tall	935	224	12.3	7.3	24.5	23.7	0.1	3.6	0.39	23
Coffee Frappuccino® – lactose-free milk	Grande	1177	281	14.5	8.6	32.7	31.5	0.2	4.6	0.53	31.4
Coffee Frappuccino® – lactose-free milk	Venti	1298	310	14.6	8.7	39.4	38	0.2	4.7	0.64	39.5
Caramel Frappuccino® – semi skimmed milk	Mini	862	206	9.8	5.9	26.6	25.6	0.1	2.6	0.33	16
Caramel Frappuccino® – semi skimmed milk	Tall	1250	299	14.8	8.9	37.3	35.9	0.1	3.8	0.46	23.1
Caramel Frappuccino® – semi skimmed milk	Grande	1536	367	17.4	10.5	47.3	45.6	0.2	4.8	0.60	30.8
Caramel Frappuccino® – semi skimmed milk	Venti	1719	410	17.7	10.6	57.1	55	0.2	5	0.72	39.5
Caramel Frappuccino® – skimmed milk	Mini	811	193	8.4	5.1	26.6	25.6	0.1	2.5	0.81	16

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Frappuccino® – skimmed milk	Tall	1176	280	12.9	7.7	37.3	35.9	0.1	3.6	1.16	23.1
Caramel Frappuccino® – skimmed milk	Grande	1441	343	14.9	9	47.3	45.6	0.2	4.6	1.49	30.8
Caramel Frappuccino® – skimmed milk	Venti	1621	386	15.2	9.1	57.1	55	0.2	4.8	1.63	39.5
Caramel Frappuccino® – almond drink	Mini	789	189	9	5.1	25.3	24.3	0.2	1	0.31	16
Caramel Frappuccino® – almond drink	Tall	1144	274	13.7	7.7	35.4	34	0.3	1.5	0.44	23.1
Caramel Frappuccino® – almond drink	Grande	1400	335	16	9	44.9	43.2	0.4	1.9	0.57	30.8
Caramel Frappuccino® – almond drink	Venti	1579	377	16.3	9.1	54.6	52.5	0.4	2	0.69	39.5
Caramel Frappuccino® – soya drink	Mini	827	197	9.4	5.2	25.4	24.3	0.4	2.5	0.32	16
Caramel Frappuccino® – soya drink	Tall	1199	286	14.2	7.9	35.4	34	0.6	3.6	0.45	23.1
Caramel Frappuccino® – soya drink	Grande	1471	351	16.7	9.2	45	43.2	0.8	4.6	0.58	30.8
Caramel Frappuccino® – soya drink	Venti	1651	394	16.9	9.3	54.7	52.5	0.8	4.8	0.71	39.5
Caramel Frappuccino® – oat drink	Mini	864	206	10	5.2	27.5	24.7	0.6	1.2	0.34	16
Caramel Frappuccino® – oat drink	Tall	1253	299	15.1	7.9	38.5	34.6	0.9	1.7	0.48	23.1
Caramel Frappuccino® – oat drink	Grande	1540	367	17.8	9.2	48.9	43.9	1.1	2.2	0.62	30.8
Caramel Frappuccino® – oat drink	Venti	1723	410	18.1	9.3	58.7	53.3	1.2	2.3	0.74	39.5
Caramel Frappuccino® – coconut drink	Mini	808	193	9.2	5.4	25.7	24.7	0.2	1.6	0.32	16
Caramel Frappuccino® – coconut drink	Tall	1172	279	13.9	8.2	36	34.6	0.4	2.3	0.45	23.1
Caramel Frappuccino® – coconut drink	Grande	1436	342	16.3	9.6	45.7	44	0.5	2.8	0.58	30.8
Caramel Frappuccino® – coconut drink	Venti	1616	385	16.5	9.7	55.4	53.3	0.5	3	0.71	39.5
Caramel Frappuccino® – lactose-free milk	Mini	822	196	9.2	5.5	25.6	24.6	0.1	2.5	0.32	16
Caramel Frappuccino® – lactose-free milk	Tall	1193	285	13.9	8.4	35.8	34.4	0.1	3.7	0.45	23.1
Caramel Frappuccino® – lactose-free milk	Grande	1463	349	16.3	9.8	45.4	43.8	0.2	4.7	0.58	30.8
Caramel Frappuccino® – lactose-free milk	Venti	1643	392	16.6	9.9	55.1	53.1	0.2	4.9	0.70	39.5
Mocha Frappuccino® – semi skimmed milk	Mini	743	178	8.7	5.2	21.4	20.5	0.7	2.9	0.29	20.4
Mocha Frappuccino® – semi skimmed milk	Tall	1101	264	13.6	8.1	30.4	29.2	1	4.2	0.40	28.6
Mocha Frappuccino® – semi skimmed milk	Grande	1378	329	16.2	9.7	39.6	38.1	1.3	5.3	0.53	37.9
Mocha Frappuccino® – semi skimmed milk	Venti	1576	376	16.6	9.9	49.6	47.6	1.7	5.9	0.66	49.7
Mocha Frappuccino® – skimmed milk	Mini	691	165	7.4	4.4	21.4	20.5	0.7	2.8	0.77	20.4
Mocha Frappuccino® – skimmed milk	Tall	1028	245	11.7	7	30.4	29.2	1	4	1.09	28.6
Mocha Frappuccino® – skimmed milk	Grande	1285	306	13.8	8.3	39.6	38.1	1.3	5.1	1.40	37.9
Mocha Frappuccino® – skimmed milk	Venti	1479	352	14.1	8.4	49.6	47.6	1.7	5.7	1.57	49.7
Mocha Frappuccino® – almond drink	Mini	669	160	7.9	4.4	20	19.2	0.8	1.4	0.27	20.4
Mocha Frappuccino® – almond drink	Tall	997	239	12.5	7	28.5	27.4	1.2	2	0.38	28.6
Mocha Frappuccino® – almond drink	Grande	1246	299	14.8	8.3	37.3	35.7	1.5	2.5	0.50	37.9
Mocha Frappuccino® – almond drink	Venti	1437	344	15.2	8.4	47.1	45.1	1.9	2.9	0.63	49.7
Mocha Frappuccino® – soya drink	Mini	707	169	8.3	4.5	20.1	19.2	1	2.8	0.28	20.4
Mocha Frappuccino® – soya drink	Tall	1051	251	13	7.1	28.6	27.3	1.5	4.1	0.39	28.6
Mocha Frappuccino® – soya drink	Grande	1314	314	15.5	8.4	37.3	35.7	1.9	5.1	0.52	37.9
Mocha Frappuccino® – soya drink	Venti	1509	360	15.8	8.6	47.2	45.1	2.3	5.7	0.64	49.7
Mocha Frappuccino® – oat drink	Mini	745	178	8.9	4.5	22.2	19.6	1.2	1.5	0.30	20.4
Mocha Frappuccino® – oat drink	Tall	1104	264	13.9	7.1	31.6	27.9	1.7	2.2	0.42	28.6
Mocha Frappuccino® – oat drink	Grande	1382	329	16.6	8.4	41.1	36.4	2.3	2.8	0.55	37.9
Mocha Frappuccino® – oat drink	Venti	1580	376	17	8.6	51.2	45.9	2.7	3.2	0.68	49.7
Mocha Frappuccino® – coconut drink	Mini	688	164	8.1	4.7	20.5	19.6	0.9	1.9	0.28	20.4
Mocha Frappuccino® – coconut drink	Tall	1024	245	12.7	7.4	29.1	27.9	1.2	2.7	0.39	28.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha Frappuccino® – coconut drink	Grande	1280	305	15.1	8.8	38	36.5	1.6	3.5	0.52	37.9
Mocha Frappuccino® – coconut drink	Venti	1474	351	15.5	9	47.9	45.9	2	3.9	0.64	49.7
Mocha Frappuccino® – lactose-free milk	Mini	703	168	8.1	4.8	20.3	19.5	0.7	2.9	0.27	20.4
Mocha Frappuccino® – lactose-free milk	Tall	1045	250	12.8	7.6	28.9	27.8	1	4.1	0.39	28.6
Mocha Frappuccino® – lactose-free milk	Grande	1306	312	15.1	9	37.8	36.3	1.3	5.2	0.51	37.9
Mocha Frappuccino® – lactose-free milk	Venti	1501	358	15.5	9.2	47.6	45.7	1.7	5.8	0.64	49.7
Java Chip Frappuccino® – semi skimmed milk	Mini	826	198	10.1	6.4	22.9	21.3	1.2	3	0.29	19.4
Java Chip Frappuccino® – semi skimmed milk	Tall	1253	300	15.8	10	33.9	31.6	1.7	4.5	0.43	28.4
Java Chip Frappuccino® – semi skimmed milk	Grande	1645	394	19.5	12.4	46.9	43.6	2.3	6.1	0.59	39.9
Java Chip Frappuccino® – semi skimmed milk	Venti	1946	465	21.1	13.6	59.9	55.5	3	6.9	0.76	53
Java Chip Frappuccino® – skimmed milk	Mini	780	186	8.9	5.7	22.9	21.3	1.2	2.9	0.72	19.4
Java Chip Frappuccino® – skimmed milk	Tall	1185	283	14	8.9	33.9	31.6	1.7	4.4	1.07	28.4
Java Chip Frappuccino® – skimmed milk	Grande	1552	370	17.1	11	46.9	43.6	2.3	5.9	1.47	39.9
Java Chip Frappuccino® – skimmed milk	Venti	1846	440	18.5	12	59.9	55.5	3	6.7	1.69	53
Java Chip Frappuccino® – almond drink	Mini	760	182	9.4	5.7	21.7	20.1	1.2	1.6	0.27	19.4
Java Chip Frappuccino® – almond drink	Tall	1155	277	14.8	8.9	32.2	29.8	1.8	2.4	0.41	28.4
Java Chip Frappuccino® – almond drink	Grande	1512	362	18.2	11	44.6	41.2	2.5	3.2	0.57	39.9
Java Chip Frappuccino® – almond drink	Venti	1803	431	19.6	12	57.4	53	3.2	3.9	0.73	53
Java Chip Frappuccino® – soya drink	Mini	794	190	9.7	5.8	21.8	20.1	1.4	2.9	0.28	19.4
Java Chip Frappuccino® – soya drink	Tall	1206	289	15.2	9	32.2	29.8	2.1	4.4	0.42	28.4
Java Chip Frappuccino® – soya drink	Grande	1581	378	18.8	11.2	44.6	41.2	2.9	5.9	0.58	39.9
Java Chip Frappuccino® – soya drink	Venti	1877	448	20.3	12.2	57.5	53	3.6	6.7	0.74	53
Java Chip Frappuccino® – oat drink	Mini	828	198	10.3	5.8	23.7	20.5	1.6	1.8	0.30	19.4
Java Chip Frappuccino® – oat drink	Tall	1256	300	16.1	9	35.1	30.4	2.4	2.6	0.44	28.4
Java Chip Frappuccino® – oat drink	Grande	1649	394	19.9	11.2	48.5	42	3.2	3.5	0.62	39.9
Java Chip Frappuccino® – oat drink	Venti	1950	465	21.5	12.2	61.6	53.8	4	4.2	0.78	53
Java Chip Frappuccino® – coconut drink	Mini	777	186	9.6	6	22.1	20.5	1.3	2.1	0.28	19.4
Java Chip Frappuccino® – coconut drink	Tall	1181	282	15	9.3	32.7	30.4	1.9	3.1	0.42	28.4
Java Chip Frappuccino® – coconut drink	Grande	1547	369	18.4	11.6	45.3	42	2.6	4.2	0.58	39.9
Java Chip Frappuccino® – coconut drink	Venti	1841	439	19.9	12.6	58.2	53.8	3.3	4.9	0.74	53
Java Chip Frappuccino® – lactose-free milk	Mini	790	189	9.6	6.1	22	20.4	1.2	3	0.28	19.4
Java Chip Frappuccino® – lactose-free milk	Tall	1200	287	15	9.5	32.6	30.2	1.7	4.4	0.41	28.4
Java Chip Frappuccino® – lactose-free milk	Grande	1574	376	18.5	11.8	45.1	41.8	2.3	6	0.58	39.9
Java Chip Frappuccino® – lactose-free milk	Venti	1869	446	19.9	12.9	57.9	53.6	3	6.8	0.74	53
Chocolate Cream Frappuccino® – semi skimmed milk	Mini	800	192	9.5	5.7	22.2	21.4	1.2	3.7	0.29	7.9
Chocolate Cream Frappuccino® – semi skimmed milk	Tall	1111	266	14.3	8.7	28.7	27.8	1.2	4.9	0.40	8.2
Chocolate Cream Frappuccino® – semi skimmed milk	Grande	1452	348	17.5	10.6	39.9	38.5	1.7	6.7	0.57	11.6
Chocolate Cream Frappuccino® – semi skimmed milk	Venti	1634	391	18.1	10.9	48.4	46.7	2.3	7.4	0.67	15.3
Chocolate Cream Frappuccino® – skimmed milk	Mini	728	174	7.6	4.6	22.2	21.4	1.2	3.6	0.96	7.9
Chocolate Cream Frappuccino® – skimmed milk	Tall	1013	242	11.8	7.1	28.7	27.8	1.2	4.7	1.32	8.2
Chocolate Cream Frappuccino® – skimmed milk	Grande	1316	314	14	8.5	39.9	38.5	1.7	6.4	1.83	11.6
Chocolate Cream Frappuccino® – skimmed milk	Venti	1489	355	14.3	8.7	48.4	46.7	2.3	7.1	2.03	15.3
Chocolate Cream Frappuccino® – almond drink	Mini	697	168	8.4	4.6	20.4	19.6	1.3	1.6	0.27	7.9
Chocolate Cream Frappuccino® – almond drink	Tall	971	234	12.9	7.1	26.2	25.3	1.4	2	0.38	8.2
Chocolate Cream Frappuccino® – almond drink	Grande	1259	303	15.5	8.5	36.4	35.1	2	2.6	0.53	11.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chocolate Cream Frappuccino® – almond drink	Venti	1427	343	16	8.7	44.7	43	2.5	3	0.63	15.3
Chocolate Cream Frappuccino® – soya drink	Mini	750	180	8.9	4.7	20.5	19.6	1.6	3.6	0.28	7.9
Chocolate Cream Frappuccino® – soya drink	Tall	1044	250	13.6	7.3	26.3	25.3	1.8	4.7	0.39	8.2
Chocolate Cream Frappuccino® – soya drink	Grande	1359	325	16.5	8.7	36.6	35.1	2.5	6.5	0.55	11.6
Chocolate Cream Frappuccino® – soya drink	Venti	1534	367	17	9	44.8	42.9	3.1	7.2	0.66	15.3
Chocolate Cream Frappuccino® – oat drink	Mini	803	192	9.8	4.7	23.4	20.2	1.9	1.8	0.31	7.9
Chocolate Cream Frappuccino® – oat drink	Tall	1115	266	14.8	7.3	30.4	26	2.2	2.3	0.43	8.2
Chocolate Cream Frappuccino® – oat drink	Grande	1457	348	18.1	8.7	42.1	36.2	3.1	3	0.60	11.6
Chocolate Cream Frappuccino® – oat drink	Venti	1640	391	18.7	9	50.8	44.1	3.7	3.5	0.71	15.3
Chocolate Cream Frappuccino® – coconut drink	Mini	724	173	8.6	5	21	20.2	1.4	2.3	0.28	7.9
Chocolate Cream Frappuccino® – coconut drink	Tall	1008	241	13.2	7.7	27	26.1	1.5	3	0.39	8.2
Chocolate Cream Frappuccino® – coconut drink	Grande	1309	313	15.9	9.3	37.5	36.2	2.1	4	0.55	11.6
Chocolate Cream Frappuccino® – coconut drink	Venti	1481	353	16.4	9.6	45.8	44.1	2.7	4.5	0.66	15.3
Chocolate Cream Frappuccino® – lactose-free milk	Mini	744	178	8.6	5.2	20.8	20	1.2	3.7	0.28	7.9
Chocolate Cream Frappuccino® – lactose-free milk	Tall	1035	248	13.2	7.9	26.8	25.8	1.2	4.8	0.38	8.2
Chocolate Cream Frappuccino® – lactose-free milk	Grande	1347	323	16	9.6	37.2	35.9	1.7	6.6	0.54	11.6
Chocolate Cream Frappuccino® – lactose-free milk	Venti	1522	364	16.4	9.9	45.5	43.8	2.3	7.3	0.64	15.3
Vanilla Cream Frappuccino® – semi skimmed milk	Mini	698	167	8.8	5.3	19	18.5	0	3	0.30	0
Vanilla Cream Frappuccino® – semi skimmed milk	Tall	995	239	13.5	8.2	25.2	24.6	0	4	0.39	0
Vanilla Cream Frappuccino® – semi skimmed milk	Grande	1291	310	16.4	9.9	35	34.2	0	5.4	0.55	0
Vanilla Cream Frappuccino® – semi skimmed milk	Venti	1464	350	16.9	10.2	43.6	42.6	0	6	0.69	0
Vanilla Cream Frappuccino® – skimmed milk	Mini	625	149	6.9	4.2	19	18.5	0	2.8	0.99	0
Vanilla Cream Frappuccino® – skimmed milk	Tall	900	215	11.1	6.7	25.2	24.6	0	3.8	1.29	0
Vanilla Cream Frappuccino® – skimmed milk	Grande	1159	277	13	7.8	35	34.2	0	5.1	1.79	0
Vanilla Cream Frappuccino® – skimmed milk	Venti	1315	313	13	7.9	43.6	42.6	0	5.7	2.08	0
Vanilla Cream Frappuccino® – almond drink	Mini	594	143	7.7	4.2	17.1	16.7	0.2	0.8	0.28	0
Vanilla Cream Frappuccino® – almond drink	Tall	859	207	12.1	6.7	22.7	22.2	0.2	1.1	0.37	0
Vanilla Cream Frappuccino® – almond drink	Grande	1103	266	14.5	7.8	31.6	30.8	0.3	1.4	0.51	0
Vanilla Cream Frappuccino® – almond drink	Venti	1251	301	14.7	7.9	39.8	38.8	0.3	1.5	0.64	0
Vanilla Cream Frappuccino® – soya drink	Mini	648	155	8.3	4.3	17.2	16.7	0.5	2.9	0.29	0
Vanilla Cream Frappuccino® – soya drink	Tall	930	223	12.8	6.9	22.8	22.2	0.6	3.8	0.38	0
Vanilla Cream Frappuccino® – soya drink	Grande	1200	288	15.4	8.1	31.7	30.8	0.8	5.2	0.53	0
Vanilla Cream Frappuccino® – soya drink	Venti	1361	326	15.7	8.2	39.9	38.7	0.9	5.7	0.67	0
Vanilla Cream Frappuccino® – oat drink	Mini	702	167	9.1	4.3	20.2	17.2	0.7	1	0.32	0
Vanilla Cream Frappuccino® – oat drink	Tall	999	239	14	6.9	26.8	22.9	1	1.4	0.42	0
Vanilla Cream Frappuccino® – oat drink	Grande	1297	310	17	8.1	37.2	31.9	1.3	1.8	0.58	0
Vanilla Cream Frappuccino® – oat drink	Venti	1470	350	17.5	8.2	46	39.9	1.5	1.9	0.73	0
Vanilla Cream Frappuccino® – coconut drink	Mini	621	148	8	4.6	17.7	17.3	0.2	1.5	0.29	0
Vanilla Cream Frappuccino® – coconut drink	Tall	895	214	12.4	7.3	23.5	23	0.3	2.1	0.38	0
Vanilla Cream Frappuccino® – coconut drink	Grande	1152	275	14.9	8.6	32.7	31.9	0.4	2.8	0.53	0
Vanilla Cream Frappuccino® – coconut drink	Venti	1307	312	15.1	8.8	41	40	0.5	3	0.67	0
Vanilla Cream Frappuccino® – lactose-free milk	Mini	642	154	8	4.8	17.5	17.1	0	2.9	0.28	0
Vanilla Cream Frappuccino® – lactose-free milk	Tall	922	221	12.5	7.5	23.3	22.7	0	3.9	0.37	0
Vanilla Cream Frappuccino® – lactose-free milk	Grande	1190	285	14.9	8.9	32.4	31.6	0	5.3	0.52	0
Vanilla Cream Frappuccino® – lactose-free milk	Venti	1349	323	15.2	9.1	40.6	39.6	0	5.8	0.66	0

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Cream Frappuccino® – semi skimmed milk	Mini	863	207	10.3	6.2	25.3	24.5	0	3.1	0.34	0
Caramel Cream Frappuccino® – semi skimmed milk	Tall	1189	285	15.2	9.2	32.7	31.6	0	4.1	0.45	0
Caramel Cream Frappuccino® – semi skimmed milk	Grande	1507	361	18.2	11	43.4	42.2	0	5.6	0.61	0
Caramel Cream Frappuccino® – semi skimmed milk	Venti	1706	408	18.9	11.4	53.2	51.6	0	6.2	0.75	0
Caramel Cream Frappuccino® – skimmed milk	Mini	789	188	8.4	5.1	25.3	24.5	0	3	1.03	0
Caramel Cream Frappuccino® – skimmed milk	Tall	1093	261	12.7	7.7	32.7	31.6	0	3.9	1.34	0
Caramel Cream Frappuccino® – skimmed milk	Grande	1375	328	14.8	9	43.4	42.2	0	5.3	1.84	0
Caramel Cream Frappuccino® – skimmed milk	Venti	1557	371	15	9.1	53.2	51.6	0	5.9	2.14	0
Caramel Cream Frappuccino® – almond drink	Mini	758	182	9.2	5.1	23.4	22.6	0.2	0.9	0.32	0
Caramel Cream Frappuccino® – almond drink	Tall	1053	253	13.8	7.7	30.2	29.2	0.2	1.3	0.42	0
Caramel Cream Frappuccino® – almond drink	Grande	1319	317	16.3	9	40.1	38.8	0.3	1.6	0.57	0
Caramel Cream Frappuccino® – almond drink	Venti	1493	358	16.7	9.1	49.4	47.9	0.3	1.7	0.71	0
Caramel Cream Frappuccino® – soya drink	Mini	812	194	9.7	5.2	23.5	22.6	0.5	3	0.33	0
Caramel Cream Frappuccino® – soya drink	Tall	1123	269	14.5	7.9	30.3	29.2	0.6	4	0.43	0
Caramel Cream Frappuccino® – soya drink	Grande	1416	339	17.2	9.2	40.2	38.8	0.8	5.3	0.59	0
Caramel Cream Frappuccino® – soya drink	Venti	1603	383	17.7	9.4	49.5	47.8	0.9	5.9	0.73	0
Caramel Cream Frappuccino® – oat drink	Mini	866	207	10.6	5.2	26.5	23.2	0.7	1.1	0.36	0
Caramel Cream Frappuccino® – oat drink	Tall	1193	285	15.6	7.9	34.2	30	1	1.5	0.47	0
Caramel Cream Frappuccino® – oat drink	Grande	1513	361	18.8	9.2	45.6	39.8	1.3	2	0.64	0
Caramel Cream Frappuccino® – oat drink	Venti	1712	408	19.5	9.4	55.6	49	1.5	2.1	0.79	0
Caramel Cream Frappuccino® – coconut drink	Mini	786	187	9.4	5.5	24	23.2	0.2	1.6	0.33	0
Caramel Cream Frappuccino® – coconut drink	Tall	1089	260	14.1	8.3	31	30	0.3	2.2	0.43	0
Caramel Cream Frappuccino® – coconut drink	Grande	1368	327	16.7	9.8	41.2	39.9	0.4	2.9	0.59	0
Caramel Cream Frappuccino® – coconut drink	Venti	1549	369	17.1	10	50.6	49.1	0.5	3.2	0.73	0
Caramel Cream Frappuccino® – lactose-free milk	Mini	806	193	9.4	5.7	23.8	23	0	3	0.33	0
Caramel Cream Frappuccino® – lactose-free milk	Tall	1115	267	14.1	8.5	30.8	29.8	0	4	0.43	0
Caramel Cream Frappuccino® – lactose-free milk	Grande	1405	336	16.7	10.1	40.8	39.6	0	5.4	0.58	0
Caramel Cream Frappuccino® – lactose-free milk	Venti	1591	380	17.2	10.3	50.2	48.7	0	6	0.72	0
Strawberries & Cream Frappuccino® – semi skimmed milk	Mini	752	180	8.8	5.3	21.9	21.1	0.2	3	0.30	0
Strawberries & Cream Frappuccino® – semi skimmed milk	Tall	1068	256	13.6	8.1	29.1	28.1	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® – semi skimmed milk	Grande	1375	329	16.3	9.8	39.7	38.3	0.3	5.4	0.54	0
Strawberries & Cream Frappuccino® – semi skimmed milk	Venti	1512	362	16.6	9.9	47	45.2	0.4	5.7	0.63	0
Strawberries & Cream Frappuccino® – skimmed milk	Mini	680	162	7	4.2	21.9	21.1	0.2	2.9	0.97	0
Strawberries & Cream Frappuccino® – skimmed milk	Tall	974	233	11.1	6.7	29.1	28.1	0.2	3.9	1.27	0
Strawberries & Cream Frappuccino® – skimmed milk	Grande	1248	297	13	7.8	39.7	38.3	0.3	5.1	1.73	0
Strawberries & Cream Frappuccino® – skimmed milk	Venti	1377	328	13.1	7.8	47	45.2	0.4	5.4	1.89	0
Strawberries & Cream Frappuccino® – almond drink	Mini	649	156	7.8	4.2	20.1	19.3	0.3	0.8	0.28	0
Strawberries & Cream Frappuccino® – almond drink	Tall	934	225	12.2	6.7	26.7	25.7	0.4	1.2	0.37	0
Strawberries & Cream Frappuccino® – almond drink	Grande	1194	287	14.5	7.8	36.5	35.1	0.5	1.5	0.50	0
Strawberries & Cream Frappuccino® – almond drink	Venti	1320	317	14.6	7.8	43.6	41.8	0.6	1.6	0.59	0
Strawberries & Cream Frappuccino® – soya drink	Mini	703	168	8.3	4.3	20.1	19.3	0.6	2.9	0.29	0
Strawberries & Cream Frappuccino® – soya drink	Tall	1004	240	12.8	6.9	26.8	25.7	0.8	3.9	0.38	0
Strawberries & Cream Frappuccino® – soya drink	Grande	1288	308	15.4	8.1	36.6	35	1.1	5.1	0.52	0
Strawberries & Cream Frappuccino® – soya drink	Venti	1419	339	15.5	8.1	43.7	41.8	1.2	5.4	0.61	0
Strawberries & Cream Frappuccino® – oat drink	Mini	755	180	9.1	4.3	23.1	19.8	0.9	1.1	0.32	0

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Strawberries & Cream Frappuccino® – oat drink	Tall	1072	256	14	6.9	30.7	26.4	1.2	1.5	0.42	0
Strawberries & Cream Frappuccino® – oat drink	Grande	1380	329	16.9	8.1	41.8	36	1.6	1.9	0.57	0
Strawberries & Cream Frappuccino® – oat drink	Venti	1517	362	17.1	8.1	49.2	42.8	1.7	2	0.67	0
Strawberries & Cream Frappuccino® – coconut drink	Mini	676	161	8	4.6	20.6	19.9	0.4	1.6	0.29	0
Strawberries & Cream Frappuccino® – coconut drink	Tall	969	232	12.5	7.3	27.5	26.5	0.5	2.2	0.38	0
Strawberries & Cream Frappuccino® – coconut drink	Grande	1241	296	14.9	8.6	37.5	36.1	0.7	2.8	0.52	0
Strawberries & Cream Frappuccino® – coconut drink	Venti	1370	327	15	8.7	44.6	42.9	0.8	3	0.61	0
Strawberries & Cream Frappuccino® – lactose-free milk	Mini	697	167	8	4.8	20.5	19.7	0.2	2.9	0.28	0
Strawberries & Cream Frappuccino® – lactose-free milk	Tall	996	238	12.5	7.5	27.3	26.2	0.2	4	0.37	0
Strawberries & Cream Frappuccino® – lactose-free milk	Grande	1277	305	14.9	8.9	37.2	35.8	0.3	5.2	0.51	0
Strawberries & Cream Frappuccino® – lactose-free milk	Venti	1408	336	15	9	44.3	42.5	0.4	5.5	0.60	0
Cookies & Cream Frappuccino® – semi skimmed milk	Mini	884	212	11.1	6.8	23.9	20.4	0.2	3.8	0.42	0
Cookies & Cream Frappuccino® – semi skimmed milk	Tall	1254	301	16.6	10.1	32.3	27.7	0.2	5.2	0.57	0
Cookies & Cream Frappuccino® – semi skimmed milk	Grande	1606	385	20.4	12.4	43.3	37.1	0.3	6.8	0.76	0
Cookies & Cream Frappuccino® – semi skimmed milk	Venti	1850	443	21.8	13.3	53.5	45.7	0.4	7.7	0.95	0
Cookies & Cream Frappuccino® – skimmed milk	Mini	811	193	9.2	5.6	23.9	20.4	0.2	3.7	1.11	0
Cookies & Cream Frappuccino® – skimmed milk	Tall	1154	276	14	8.6	32.3	27.7	0.2	5	1.50	0
Cookies & Cream Frappuccino® – skimmed milk	Grande	1472	351	16.9	10.3	43.3	37.1	0.3	6.6	2.02	0
Cookies & Cream Frappuccino® – skimmed milk	Venti	1701	405	18	11	53.5	45.7	0.4	7.4	2.35	0
Cookies & Cream Frappuccino® – almond drink	Mini	779	187	10.1	5.6	22.1	18.5	0.3	1.6	0.40	0
Cookies & Cream Frappuccino® – almond drink	Tall	1111	267	15.2	8.6	29.8	25.2	0.4	2.2	0.54	0
Cookies & Cream Frappuccino® – almond drink	Grande	1415	340	18.4	10.3	39.9	33.7	0.6	2.8	0.73	0
Cookies & Cream Frappuccino® – almond drink	Venti	1637	393	19.6	11	49.7	42	0.7	3.2	0.91	0
Cookies & Cream Frappuccino® – soya drink	Mini	834	200	10.6	5.8	22.1	18.5	0.6	3.7	0.41	0
Cookies & Cream Frappuccino® – soya drink	Tall	1185	284	15.9	8.8	29.9	25.2	0.8	5	0.55	0
Cookies & Cream Frappuccino® – soya drink	Grande	1514	362	19.3	10.6	40	33.7	1.1	6.6	0.75	0
Cookies & Cream Frappuccino® – soya drink	Venti	1747	418	20.7	11.3	49.8	41.9	1.3	7.5	0.93	0
Cookies & Cream Frappuccino® – oat drink	Mini	887	212	11.5	5.8	25.2	19.1	0.9	1.8	0.44	0
Cookies & Cream Frappuccino® – oat drink	Tall	1258	301	17.1	8.8	34	26	1.2	2.5	0.59	0
Cookies & Cream Frappuccino® – oat drink	Grande	1611	385	20.9	10.6	45.5	34.8	1.6	3.2	0.80	0
Cookies & Cream Frappuccino® – oat drink	Venti	1856	443	22.5	11.3	56	43.1	1.9	3.7	0.99	0
Cookies & Cream Frappuccino® – coconut drink	Mini	807	193	10.3	6.1	22.7	19.1	0.4	2.3	0.41	0
Cookies & Cream Frappuccino® – coconut drink	Tall	1149	275	15.5	9.2	30.6	26	0.5	3.2	0.55	0
Cookies & Cream Frappuccino® – coconut drink	Grande	1465	350	18.8	11.1	40.9	34.8	0.7	4.1	0.75	0
Cookies & Cream Frappuccino® – coconut drink	Venti	1693	404	20.1	11.9	50.9	43.2	0.8	4.8	0.93	0
Cookies & Cream Frappuccino® – lactose-free milk	Mini	828	198	10.3	6.3	22.5	18.9	0.2	3.7	0.41	0
Cookies & Cream Frappuccino® – lactose-free milk	Tall	1177	282	15.5	9.4	30.4	25.8	0.2	5.1	0.55	0
Cookies & Cream Frappuccino® – lactose-free milk	Grande	1503	360	18.8	11.4	40.6	34.5	0.3	6.7	0.74	0
Cookies & Cream Frappuccino® – lactose-free milk	Venti	1735	415	20.1	12.2	50.5	42.8	0.4	7.6	0.92	0
Double Chocolatey Chip Cream Frappuccino® – semi skimmed milk	Mini	852	204	10.8	6.9	22.5	20.9	1.2	3.6	0.31	5.5
Double Chocolatey Chip Cream Frappuccino® – semi skimmed milk	Tall	1281	307	16.7	10.7	32.9	30.7	1.7	5.3	0.46	7.7
Double Chocolatey Chip Cream Frappuccino® – semi skimmed milk	Grande	1663	399	20.7	13.3	44.6	41.6	2.3	7.1	0.63	10.3
Double Chocolatey Chip Cream Frappuccino® – semi skimmed milk	Venti	1857	445	21.9	14.2	52.7	49	2.8	7.7	0.74	12.6
Double Chocolatey Chip Cream Frappuccino® – skimmed milk	Mini	784	187	9	5.8	22.5	20.9	1.2	3.5	0.94	5.5
Double Chocolatey Chip Cream Frappuccino® – skimmed milk	Tall	1182	283	14.2	9.1	32.9	30.7	1.7	5.1	1.38	7.7

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Double Chocolatey Chip Cream Frappuccino® – skimmed milk	Grande	1529	365	17.3	11.2	44.6	41.6	2.3	6.8	1.88	10.3
Double Chocolatey Chip Cream Frappuccino® – skimmed milk	Venti	1716	409	18.2	12	52.7	49	2.8	7.4	2.06	12.6
Double Chocolatey Chip Cream Frappuccino® – almond drink	Mini	755	182	9.8	5.8	20.7	19.2	1.3	1.6	0.29	5.5
Double Chocolatey Chip Cream Frappuccino® – almond drink	Tall	1140	274	15.3	9.1	30.4	28.2	1.9	2.3	0.43	7.7
Double Chocolatey Chip Cream Frappuccino® – almond drink	Grande	1472	354	18.8	11.2	41.2	38.2	2.5	3	0.59	10.3
Double Chocolatey Chip Cream Frappuccino® – almond drink	Venti	1656	398	19.8	12	49.1	45.4	3.1	3.4	0.70	12.6
Double Chocolatey Chip Cream Frappuccino® – soya drink	Mini	805	193	10.3	6	20.8	19.2	1.6	3.5	0.30	5.5
Double Chocolatey Chip Cream Frappuccino® – soya drink	Tall	1213	291	16	9.3	30.5	28.1	2.3	5.1	0.44	7.7
Double Chocolatey Chip Cream Frappuccino® – soya drink	Grande	1571	376	19.7	11.5	41.3	38.1	3.1	6.8	0.61	10.3
Double Chocolatey Chip Cream Frappuccino® – soya drink	Venti	1760	421	20.8	12.3	49.2	45.3	3.6	7.4	0.72	12.6
Double Chocolatey Chip Cream Frappuccino® – oat drink	Mini	854	204	11.1	6	23.6	19.7	1.9	1.8	0.33	5.5
Double Chocolatey Chip Cream Frappuccino® – oat drink	Tall	1285	307	17.2	9.3	34.5	28.9	2.7	2.6	0.48	7.7
Double Chocolatey Chip Cream Frappuccino® – oat drink	Grande	1668	399	21.3	11.5	46.8	39.2	3.6	3.4	0.66	10.3
Double Chocolatey Chip Cream Frappuccino® – oat drink	Venti	1863	445	22.5	12.3	55	46.5	4.2	3.9	0.77	12.6
Double Chocolatey Chip Cream Frappuccino® – coconut drink	Mini	781	187	10	6.3	21.3	19.8	1.4	2.3	0.30	5.5
Double Chocolatey Chip Cream Frappuccino® – coconut drink	Tall	1177	281	15.6	9.7	31.2	29	2	3.3	0.44	7.7
Double Chocolatey Chip Cream Frappuccino® – coconut drink	Grande	1522	364	19.2	12	42.3	39.2	2.7	4.4	0.61	10.3
Double Chocolatey Chip Cream Frappuccino® – coconut drink	Venti	1709	408	20.2	12.8	50.3	46.5	3.2	4.9	0.72	12.6
Double Chocolatey Chip Cream Frappuccino® – lactose-free milk	Mini	799	191	10	6.4	21.1	19.6	1.2	3.6	0.30	5.5
Double Chocolatey Chip Cream Frappuccino® – lactose-free milk	Tall	1205	289	15.6	9.9	30.9	28.7	1.7	5.2	0.44	7.7
Double Chocolatey Chip Cream Frappuccino® – lactose-free milk	Grande	1560	373	19.2	12.3	42	38.9	2.3	7	0.60	10.3
Double Chocolatey Chip Cream Frappuccino® – lactose-free milk	Venti	1748	418	20.3	13.2	49.9	46.2	2.8	7.6	0.71	12.6
Matcha Cream Frappuccino® – semi skimmed milk	Mini	714	171	8.9	5.3	19.1	18.6	0.6	3.4	0.30	39.8
Matcha Cream Frappuccino® – semi skimmed milk	Tall	1038	249	13.8	8.3	26.2	25.6	0.8	4.7	0.41	53.8
Matcha Cream Frappuccino® – semi skimmed milk	Grande	1325	318	16.6	9.9	35.3	34.6	1.1	6.2	0.55	74.3
Matcha Cream Frappuccino® – semi skimmed milk	Venti	1460	350	16.9	10.1	42	41.1	1.4	6.7	0.66	92.7
Matcha Cream Frappuccino® – skimmed milk	Mini	641	153	7	4.2	19.1	18.6	0.6	3.2	0.99	39.8
Matcha Cream Frappuccino® – skimmed milk	Tall	939	224	11.2	6.7	26.2	25.6	0.8	4.5	1.34	53.8
Matcha Cream Frappuccino® – skimmed milk	Grande	1192	284	13.1	7.9	35.3	34.6	1.1	5.9	1.80	74.3
Matcha Cream Frappuccino® – skimmed milk	Venti	1317	314	13.1	7.9	42	41.1	1.4	6.4	2.00	92.7
Matcha Cream Frappuccino® – almond drink	Mini	609	147	7.8	4.2	17.2	16.8	0.7	1.2	0.28	39.8
Matcha Cream Frappuccino® – almond drink	Tall	896	216	12.3	6.7	23.7	23.1	1	1.7	0.38	53.8
Matcha Cream Frappuccino® – almond drink	Grande	1135	273	14.6	7.9	32	31.2	1.4	2.1	0.52	74.3
Matcha Cream Frappuccino® – almond drink	Venti	1256	302	14.7	7.9	38.4	37.4	1.7	2.4	0.62	92.7
Matcha Cream Frappuccino® – soya drink	Mini	664	159	8.3	4.3	17.3	16.8	1	3.2	0.29	39.8
Matcha Cream Frappuccino® – soya drink	Tall	970	232	13	6.9	23.8	23.1	1.4	4.5	0.40	53.8
Matcha Cream Frappuccino® – soya drink	Grande	1233	295	15.5	8.1	32.1	31.1	1.9	5.9	0.54	74.3
Matcha Cream Frappuccino® – soya drink	Venti	1362	326	15.7	8.2	38.5	37.4	2.3	6.4	0.64	92.7
Matcha Cream Frappuccino® – oat drink	Mini	717	171	9.2	4.3	20.3	17.3	1.3	1.4	0.32	39.8
Matcha Cream Frappuccino® – oat drink	Tall	1042	249	14.2	6.9	27.9	23.9	1.8	1.9	0.43	53.8
Matcha Cream Frappuccino® – oat drink	Grande	1330	318	17.1	8.1	37.6	32.2	2.4	2.5	0.59	74.3
Matcha Cream Frappuccino® – oat drink	Venti	1466	350	17.5	8.2	44.4	38.5	2.8	2.8	0.70	92.7
Matcha Cream Frappuccino® – coconut drink	Mini	637	152	8	4.6	17.8	17.4	0.8	1.9	0.29	39.8
Matcha Cream Frappuccino® – coconut drink	Tall	933	223	12.6	7.3	24.5	23.9	1.1	2.7	0.40	53.8
Matcha Cream Frappuccino® – coconut drink	Grande	1185	283	15	8.7	33	32.3	1.5	3.5	0.54	74.3

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Cream Frappuccino® – coconut drink	Venti	1310	312	15.2	8.8	39.6	38.6	1.8	3.8	0.64	92.7
Matcha Cream Frappuccino® – lactose-free milk	Mini	658	157	8.1	4.8	17.6	17.2	0.6	3.3	0.28	39.8
Matcha Cream Frappuccino® – lactose-free milk	Tall	961	230	12.6	7.5	24.2	23.7	0.8	4.6	0.39	53.8
Matcha Cream Frappuccino® – lactose-free milk	Grande	1222	293	15	9	32.7	31.9	1.1	6	0.53	74.3
Matcha Cream Frappuccino® – lactose-free milk	Venti	1350	323	15.2	9.1	39.2	38.2	1.4	6.5	0.63	92.7
Refreshment											
Peach Iced Tea	Tall	217	51	0.1	0	12.3	12	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	306	72	0.1	0	17.3	16.9	0.1	0.1	0.00	1
Peach Iced Tea	Venti	347	82	0.1	0	19.7	19.2	0.1	0.1	0.00	1.1
Cool Lime Starbucks Refresha™	Tall	223	53	0.1	0	12.3	11.9	0.4	0.2	0.01	7.4
Cool Lime Starbucks Refresha™	Grande	290	69	0.1	0	16.1	15.6	0.4	0.2	0.02	9.8
Cool Lime Starbucks Refresha™	Venti	361	86	0.1	0	20.1	19.6	0.4	0.2	0.02	12.4
Mango Dragonfruit Starbucks Refresha™	Tall	313	74	0.3	0.1	16.4	16.3	0.7	0.5	0.00	3.7
Mango Dragonfruit Starbucks Refresha™	Grande	381	90	0.3	0.1	20.3	20.2	0.7	0.5	0.01	4.9
Mango Dragonfruit Starbucks Refresha™	Venti	455	107	0.3	0.1	24.5	24.4	0.7	0.5	0.01	6.2
Strawberry Acai Starbucks Refresha™	Tall	266	63	0.1	0	14.3	14.1	0.7	0.3	0.01	3.7
Strawberry Acai Starbucks Refresha™	Grande	337	80	0.1	0	18.4	18.1	0.7	0.4	0.01	4.9
Strawberry Acai Starbucks Refresha™	Venti	413	98	0.1	0	22.7	22.4	0.7	0.4	0.01	6.2
Dragon Coconut Starbucks Refresha™	Tall	446	105	1.8	0.8	19.6	19.5	1	1.9	0.09	3.7
Dragon Coconut Starbucks Refresha™	Grande	559	132	2.3	1	24.5	24.4	1.1	2.4	0.12	4.9
Dragon Coconut Starbucks Refresha™	Venti	670	158	2.7	1.2	29.6	29.5	1.2	2.8	0.15	6.2
Hot Teas											
English Breakfast Tea	Short	20	5	0.1	0	0	0	0	0.8	0.00	102
English Breakfast Tea	Tall	20	5	0.1	0	0	0	0	0.8	0.00	102
English Breakfast Tea	Grande	20	5	0.1	0	0	0	0	0.8	0.00	102
English Breakfast Tea	Venti	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	204
Emperor's Clouds & Mist Tea	Short	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Tall	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Grande	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Venti	31	7	0.2	0	0	0	0	1.3	0.00	1.8
Earl Grey Tea	Short	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Tall	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Short	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Tall	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Tea Latte											
Matcha Green Tea Latte – semi skimmed milk	Short	401	97	4.3	2.7	8.1	8.1	0.4	5.9	0.17	27.9
Matcha Green Tea Latte – semi skimmed milk	Tall	658	158	7.1	4.3	13.2	13.2	0.8	9.7	0.27	57.2
Matcha Green Tea Latte – semi skimmed milk	Grande	791	190	8.5	5.2	15.8	15.8	1.2	11.7	0.32	83
Matcha Green Tea Latte – semi skimmed milk	Venti	1063	256	11.4	6.9	21.3	21.3	1.7	15.7	0.43	111.6
Matcha Green Tea Latte – skimmed milk	Short	243	57	0.2	0.2	8.1	8.1	0.4	5.5	1.65	27.9

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Green Tea Latte – skimmed milk	Tall	400	94	0.4	0.3	13.2	13.2	0.8	9.1	2.69	57.2
Matcha Green Tea Latte – skimmed milk	Grande	483	113	0.5	0.4	15.8	15.8	1.2	11.1	3.21	83
Matcha Green Tea Latte – skimmed milk	Venti	649	152	0.6	0.5	21.3	21.3	1.7	14.9	4.31	111.6
Matcha Green Tea Latte – almond drink	Short	175	44	2	0.2	4.1	4.1	0.7	1.1	0.12	27.9
Matcha Green Tea Latte – almond drink	Tall	290	72	3.3	0.3	6.7	6.7	1.4	1.9	0.19	57.2
Matcha Green Tea Latte – almond drink	Grande	351	88	3.9	0.3	8	8	1.9	2.4	0.23	83
Matcha Green Tea Latte – almond drink	Venti	472	118	5.3	0.5	10.8	10.8	2.5	3.2	0.31	111.6
Matcha Green Tea Latte – soya drink	Short	293	70	3.1	0.5	4.2	4.1	1.4	5.6	0.14	27.9
Matcha Green Tea Latte – soya drink	Tall	480	115	5.1	0.8	6.9	6.6	2.4	9.2	0.24	57.2
Matcha Green Tea Latte – soya drink	Grande	579	139	6.1	1	8.3	7.9	3.1	11.1	0.28	83
Matcha Green Tea Latte – soya drink	Venti	778	187	8.2	1.3	11.1	10.7	4.2	14.9	0.38	111.6
Matcha Green Tea Latte – oat drink	Short	408	97	5	0.5	10.8	5.3	2	1.6	0.21	27.9
Matcha Green Tea Latte – oat drink	Tall	669	158	8.2	0.8	17.5	8.7	3.5	2.6	0.34	57.2
Matcha Green Tea Latte – oat drink	Grande	804	190	9.8	1	21	10.4	4.3	3.3	0.40	83
Matcha Green Tea Latte – oat drink	Venti	1080	256	13.2	1.3	28.2	14	5.8	4.4	0.54	111.6
Matcha Green Tea Latte – coconut drink	Short	235	55	2.5	1.1	5.4	5.4	0.9	2.7	0.14	27.9
Matcha Green Tea Latte – coconut drink	Tall	386	91	4	1.9	8.8	8.8	1.6	4.5	0.24	57.2
Matcha Green Tea Latte – coconut drink	Grande	467	110	4.9	2.2	10.5	10.5	2.2	5.5	0.28	83
Matcha Green Tea Latte – coconut drink	Venti	627	148	6.5	3	14.1	14.1	2.9	7.4	0.38	111.6
Matcha Green Tea Latte – lactose-free milk	Short	279	67	2.5	1.5	5	5	0.4	5.7	0.13	27.9
Matcha Green Tea Latte – lactose-free milk	Tall	459	110	4.1	2.4	8.1	8.1	0.8	9.4	0.21	57.2
Matcha Green Tea Latte – lactose-free milk	Grande	554	132	5	2.9	9.7	9.7	1.2	11.4	0.26	83
Matcha Green Tea Latte – lactose-free milk	Venti	744	178	6.7	3.9	13.1	13.1	1.7	15.3	0.34	111.6
Iced Matcha Green Tea Latte – semi skimmed milk	Tall	402	97	4.3	2.6	8	8	0.8	6	0.16	56
Iced Matcha Green Tea Latte – semi skimmed milk	Grande	572	138	6.1	3.7	11.3	11.3	1.3	8.6	0.23	84.6
Iced Matcha Green Tea Latte – semi skimmed milk	Venti	661	159	7	4.2	13	13	1.7	10	0.26	113
Iced Matcha Green Tea Latte – skimmed milk	Tall	247	58	0.3	0.2	8	8	0.8	5.7	1.61	56
Iced Matcha Green Tea Latte – skimmed milk	Grande	353	83	0.4	0.3	11.3	11.3	1.3	8.1	2.28	84.6
Iced Matcha Green Tea Latte – skimmed milk	Venti	410	96	0.5	0.3	13	13	1.7	9.4	2.61	113
Iced Matcha Green Tea Latte – almond drink	Tall	181	45	2	0.2	4	4	1.1	1.3	0.12	56
Iced Matcha Green Tea Latte – almond drink	Grande	260	65	2.8	0.3	5.7	5.7	1.7	1.9	0.17	84.6
Iced Matcha Green Tea Latte – almond drink	Venti	303	75	3.3	0.3	6.6	6.6	2.2	2.4	0.19	113
Iced Matcha Green Tea Latte – soya drink	Tall	295	71	3.1	0.5	4.2	4	1.8	5.7	0.14	56
Iced Matcha Green Tea Latte – soya drink	Grande	422	101	4.4	0.7	5.9	5.7	2.6	8.2	0.20	84.6
Iced Matcha Green Tea Latte – soya drink	Venti	488	117	5	0.8	6.8	6.5	3.2	9.5	0.23	113
Iced Matcha Green Tea Latte – oat drink	Tall	408	97	4.9	0.5	10.5	5.2	2.4	1.8	0.20	56
Iced Matcha Green Tea Latte – oat drink	Grande	582	138	7	0.7	15	7.4	3.5	2.6	0.29	84.6
Iced Matcha Green Tea Latte – oat drink	Venti	671	159	8.1	0.8	17.1	8.5	4.2	3.1	0.33	113
Iced Matcha Green Tea Latte – coconut drink	Tall	239	56	2.5	1.1	5.3	5.3	1.3	2.9	0.14	56
Iced Matcha Green Tea Latte – coconut drink	Grande	342	81	3.5	1.6	7.5	7.5	1.9	4.2	0.20	84.6
Iced Matcha Green Tea Latte – coconut drink	Venti	397	94	4	1.8	8.6	8.6	2.4	4.9	0.23	113
Iced Matcha Green Tea Latte – lactose-free milk	Tall	283	68	2.5	1.5	4.9	4.9	0.8	5.8	0.13	56
Iced Matcha Green Tea Latte – lactose-free milk	Grande	403	97	3.6	2.1	7	7	1.3	8.3	0.18	84.6
Iced Matcha Green Tea Latte – lactose-free milk	Venti	467	112	4.1	2.4	8	8	1.7	9.7	0.21	113
Chai Tea Latte – semi skimmed milk	Short	412	98	2.7	1.6	14.8	14.7	0.1	3.5	0.11	26.2

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea Latte – semi skimmed milk	Tall	596	142	3.8	2.3	21.7	21.6	0.2	5	0.16	39.3
Chai Tea Latte – semi skimmed milk	Grande	838	200	5.6	3.4	29.8	29.7	0.3	7.2	0.23	52.4
Chai Tea Latte – semi skimmed milk	Venti	1050	250	7	4.2	37.3	37.2	0.3	9.1	0.28	65.5
Chai Tea Latte – skimmed milk	Short	314	74	0.1	0.1	14.8	14.7	0.1	3.3	1.03	26.2
Chai Tea Latte – skimmed milk	Tall	458	107	0.2	0.2	21.7	21.6	0.2	4.7	1.45	39.3
Chai Tea Latte – skimmed milk	Grande	636	149	0.3	0.2	29.8	29.7	0.3	6.8	2.12	52.4
Chai Tea Latte – skimmed milk	Venti	797	187	0.4	0.3	37.3	37.2	0.3	8.6	2.66	65.5
Chai Tea Latte – almond drink	Short	272	65	1.2	0.1	12.3	12.2	0.3	0.5	0.08	26.2
Chai Tea Latte – almond drink	Tall	399	96	1.8	0.1	18.2	18.1	0.5	0.8	0.12	39.3
Chai Tea Latte – almond drink	Grande	550	132	2.6	0.2	24.7	24.6	0.7	1.1	0.17	52.4
Chai Tea Latte – almond drink	Venti	689	166	3.2	0.3	30.9	30.8	0.9	1.4	0.21	65.5
Chai Tea Latte – soya drink	Short	345	82	1.9	0.3	12.4	12.2	0.7	3.3	0.10	26.2
Chai Tea Latte – soya drink	Tall	501	119	2.7	0.4	18.3	18.1	1	4.7	0.14	39.3
Chai Tea Latte – soya drink	Grande	699	166	4	0.6	24.9	24.6	1.5	6.9	0.20	52.4
Chai Tea Latte – soya drink	Venti	876	208	5	0.8	31.1	30.7	1.9	8.6	0.25	65.5
Chai Tea Latte – oat drink	Short	416	98	3.1	0.3	16.4	13	1.1	0.8	0.14	26.2
Chai Tea Latte – oat drink	Tall	602	142	4.4	0.4	24	19.2	1.6	1.2	0.19	39.3
Chai Tea Latte – oat drink	Grande	846	200	6.4	0.6	33.2	26.2	2.3	1.7	0.28	52.4
Chai Tea Latte – oat drink	Venti	1061	250	8.1	0.8	41.6	32.8	2.9	2.2	0.35	65.5
Chai Tea Latte – coconut drink	Short	309	73	1.5	0.7	13.1	13	0.4	1.5	0.10	26.2
Chai Tea Latte – coconut drink	Tall	451	106	2.2	1	19.3	19.2	0.6	2.2	0.14	39.3
Chai Tea Latte – coconut drink	Grande	626	147	3.2	1.4	26.3	26.2	0.9	3.2	0.20	52.4
Chai Tea Latte – coconut drink	Venti	784	184	4	1.8	33	32.8	1.1	4	0.25	65.5
Chai Tea Latte – lactose-free milk	Short	336	80	1.6	0.9	12.8	12.8	0.1	3.4	0.09	26.2
Chai Tea Latte – lactose-free milk	Tall	490	116	2.2	1.3	19	18.9	0.2	4.8	0.13	39.3
Chai Tea Latte – lactose-free milk	Grande	682	162	3.2	1.9	25.8	25.7	0.3	7	0.18	52.4
Chai Tea Latte – lactose-free milk	Venti	855	203	4.1	2.4	32.3	32.2	0.3	8.8	0.23	65.5
Iced Chai Tea Latte – semi skimmed milk	Tall	612	146	4	2.4	22	22	0.2	5.2	0.16	39.3
Iced Chai Tea Latte – semi skimmed milk	Grande	832	198	5.5	3.3	29.7	29.6	0.3	7.2	0.22	52.4
Iced Chai Tea Latte – semi skimmed milk	Venti	962	229	6	3.6	35.5	35.4	0.3	7.8	0.25	65.5
Iced Chai Tea Latte – skimmed milk	Tall	467	110	0.2	0.2	22	22	0.2	4.9	1.52	39.3
Iced Chai Tea Latte – skimmed milk	Grande	633	148	0.3	0.2	29.7	29.6	0.3	6.7	2.09	52.4
Iced Chai Tea Latte – skimmed milk	Venti	744	175	0.3	0.2	35.5	35.4	0.3	7.4	2.28	65.5
Iced Chai Tea Latte – almond drink	Tall	406	98	1.8	0.2	18.4	18.3	0.5	0.8	0.12	39.3
Iced Chai Tea Latte – almond drink	Grande	548	132	2.5	0.2	24.6	24.6	0.7	1.1	0.17	52.4
Iced Chai Tea Latte – almond drink	Venti	652	157	2.8	0.2	30	29.9	0.8	1.2	0.18	65.5
Iced Chai Tea Latte – soya drink	Tall	512	122	2.9	0.4	18.5	18.3	1.1	4.9	0.14	39.3
Iced Chai Tea Latte – soya drink	Grande	695	165	3.9	0.6	24.8	24.5	1.5	6.8	0.20	52.4
Iced Chai Tea Latte – soya drink	Venti	812	193	4.3	0.7	30.2	29.8	1.7	7.4	0.22	65.5
Iced Chai Tea Latte – oat drink	Tall	618	146	4.6	0.4	24.4	19.4	1.7	1.2	0.20	39.3
Iced Chai Tea Latte – oat drink	Grande	841	198	6.3	0.6	33	26.1	2.3	1.7	0.28	52.4
Iced Chai Tea Latte – oat drink	Venti	971	229	6.9	0.7	39.1	31.6	2.5	1.9	0.30	65.5
Iced Chai Tea Latte – coconut drink	Tall	460	108	2.3	1	19.5	19.5	0.6	2.3	0.14	39.3
Iced Chai Tea Latte – coconut drink	Grande	623	146	3.1	1.4	26.3	26.2	0.9	3.1	0.20	52.4

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Chai Tea Latte – coconut drink	Venti	733	172	3.4	1.6	31.7	31.6	1	3.4	0.22	65.5
Iced Chai Tea Latte – lactose-free milk	Tall	500	119	2.3	1.4	19.2	19.1	0.2	5	0.13	39.3
Iced Chai Tea Latte – lactose-free milk	Grande	679	161	3.2	1.9	25.8	25.7	0.3	6.9	0.18	52.4
Iced Chai Tea Latte – lactose-free milk	Venti	794	188	3.5	2	31.2	31.1	0.3	7.6	0.20	65.5
Protein Beverages											
Caramel Protein Americano	Tall	408	96	0.6	0.2	6.4	3	0.7	16.2	0.77	89.1
Caramel Protein Americano	Grande	424	101	0.7	0.2	7	3	0.8	16.4	0.78	133.6
Caramel Protein Americano	Venti	441	105	0.8	0.3	7.6	3.1	0.9	16.6	0.79	178.2
Caramel Protein Latte – semi skimmed milk	Tall	782	186	4.8	2.8	14	11	0.5	21.6	0.94	44.5
Caramel Protein Latte – semi skimmed milk	Grande	943	225	6.5	3.8	17.6	14	0.7	23.9	1.01	89.1
Caramel Protein Latte – semi skimmed milk	Venti	1190	285	9.2	5.5	22.8	19	0.7	27.4	1.12	89.1
Caramel Protein Latte – skimmed milk	Tall	624	147	0.7	0.4	14	11	0.5	21.2	2.42	44.5
Caramel Protein Latte – skimmed milk	Grande	727	171	0.9	0.4	17.6	14	0.7	23.4	3.03	89.1
Caramel Protein Latte – skimmed milk	Venti	875	206	1	0.5	22.8	19	0.7	26.7	4.07	89.1
Caramel Protein Latte – almond drink	Tall	557	134	2.5	0.4	10	6.9	0.9	16.8	0.89	44.5
Caramel Protein Latte – almond drink	Grande	635	153	3.3	0.4	12.1	8.5	1.1	17.3	0.95	89.1
Caramel Protein Latte – almond drink	Venti	740	180	4.5	0.5	14.7	11	1.3	17.8	1.03	89.1
Caramel Protein Latte – soya drink	Tall	674	160	3.6	0.7	10.1	6.9	1.5	21.3	0.92	44.5
Caramel Protein Latte – soya drink	Grande	795	189	4.8	0.9	12.3	8.5	2	23.4	0.98	89.1
Caramel Protein Latte – soya drink	Venti	973	232	6.7	1.2	15	11	2.6	26.8	1.08	89.1
Caramel Protein Latte – oat drink	Tall	788	186	5.5	0.7	16.6	8.2	2.1	17.3	0.98	44.5
Caramel Protein Latte – oat drink	Grande	952	225	7.4	0.9	21.2	10.2	2.9	18	1.06	89.1
Caramel Protein Latte – oat drink	Venti	1203	285	10.5	1.2	28	13.5	3.9	18.8	1.20	89.1
Caramel Protein Latte – coconut drink	Tall	616	145	3	1.3	11.3	8.2	1	18.4	0.92	44.5
Caramel Protein Latte – coconut drink	Grande	716	169	4	1.8	13.8	10.2	1.3	19.5	0.98	89.1
Caramel Protein Latte – coconut drink	Venti	859	203	5.5	2.5	17.3	13.6	1.6	21	1.08	89.1
Caramel Protein Latte – lactose-free milk	Tall	660	157	3	1.7	10.9	7.8	0.5	21.4	0.91	44.5
Caramel Protein Latte – lactose-free milk	Grande	777	185	4	2.2	13.3	9.7	0.7	23.6	0.96	89.1
Caramel Protein Latte – lactose-free milk	Venti	947	226	5.6	3.2	16.5	12.8	0.7	27	1.05	89.1
Vanilla Protein Matcha Latte – semi skimmed milk	Tall	775	184	4.7	2.7	13.4	10.7	1.3	21.7	0.90	57.5
Vanilla Protein Matcha Latte – semi skimmed milk	Grande	986	235	6.9	4.1	17.7	14.8	1.7	24.8	0.98	86.3
Vanilla Protein Matcha Latte – semi skimmed milk	Venti	1264	302	9.9	5.9	23.3	20.4	2.1	28.9	1.09	115
Vanilla Protein Matcha Latte – skimmed milk	Tall	623	146	0.8	0.4	13.4	10.7	1.3	21.4	2.32	57.5
Vanilla Protein Matcha Latte – skimmed milk	Grande	754	177	0.9	0.5	17.7	14.8	1.7	24.4	3.16	86.3
Vanilla Protein Matcha Latte – skimmed milk	Venti	924	217	1.1	0.6	23.3	20.4	2.1	28.2	4.27	115
Vanilla Protein Matcha Latte – almond drink	Tall	558	134	2.5	0.4	9.5	6.8	1.6	17.1	0.85	57.5
Vanilla Protein Matcha Latte – almond drink	Grande	655	158	3.5	0.4	11.8	8.9	2.2	17.8	0.91	86.3
Vanilla Protein Matcha Latte – almond drink	Venti	779	189	4.9	0.6	14.7	11.7	2.8	18.6	0.99	115
Vanilla Protein Matcha Latte – soya drink	Tall	670	159	3.5	0.7	9.7	6.8	2.2	21.4	0.88	57.5
Vanilla Protein Matcha Latte – soya drink	Grande	827	197	5.1	0.9	12	8.9	3.1	24.4	0.95	86.3
Vanilla Protein Matcha Latte – soya drink	Venti	1030	245	7.2	1.2	15	11.7	4.2	28.3	1.05	115
Vanilla Protein Matcha Latte – oat drink	Tall	781	184	5.4	0.7	15.9	8	2.8	17.6	0.94	57.5
Vanilla Protein Matcha Latte – oat drink	Grande	996	235	7.9	0.9	21.6	10.7	4	18.5	1.04	86.3
Vanilla Protein Matcha Latte – oat drink	Venti	1278	302	11.3	1.2	29	14.3	5.5	19.7	1.18	115

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Vanilla Protein Matcha Latte – coconut drink	Tall	615	145	2.9	1.3	10.8	8.1	1.7	18.7	0.88	57.5
Vanilla Protein Matcha Latte – coconut drink	Grande	742	175	4.2	1.9	13.7	10.8	2.4	20.2	0.95	86.3
Vanilla Protein Matcha Latte – coconut drink	Venti	907	214	5.9	2.6	17.5	14.5	3.2	22.1	1.05	115
Vanilla Protein Matcha Latte – lactose-free milk	Tall	658	156	3	1.6	10.4	7.7	1.3	21.6	0.87	57.5
Vanilla Protein Matcha Latte – lactose-free milk	Grande	807	192	4.3	2.4	13.1	10.2	1.7	24.6	0.93	86.3
Vanilla Protein Matcha Latte – lactose-free milk	Venti	1002	238	6	3.4	16.6	13.6	2.1	28.6	1.02	115
Iced Caramel Protein Americano	Tall	408	96	0.6	0.2	6.4	3	0.7	16.2	0.77	89.1
Iced Caramel Protein Americano	Grande	424	101	0.7	0.2	7	3	0.8	16.4	0.78	133.6
Iced Caramel Protein Americano	Venti	441	105	0.8	0.3	7.6	3.1	0.9	16.6	0.79	178.2
Iced Caramel Protein Latte – semi skimmed milk	Tall	783	187	4.9	2.8	14	11	0.5	21.6	0.94	44.5
Iced Caramel Protein Latte – semi skimmed milk	Grande	944	226	6.5	3.8	17.6	14	0.7	23.9	1.01	89.1
Iced Caramel Protein Latte – semi skimmed milk	Venti	1006	240	7.2	4.2	18.9	15.2	0.7	24.7	1.04	89.1
Iced Caramel Protein Latte – skimmed milk	Tall	625	147	0.7	0.4	14	11	0.5	21.3	2.42	44.5
Iced Caramel Protein Latte – skimmed milk	Grande	728	171	0.9	0.4	17.6	14	0.7	23.4	3.04	89.1
Iced Caramel Protein Latte – skimmed milk	Venti	765	180	0.9	0.5	18.9	15.2	0.7	24.2	3.30	89.1
Iced Caramel Protein Latte – almond drink	Tall	558	134	2.5	0.4	10	7	0.9	16.8	0.89	44.5
Iced Caramel Protein Latte – almond drink	Grande	635	153	3.3	0.4	12.1	8.5	1.1	17.3	0.95	89.1
Iced Caramel Protein Latte – almond drink	Venti	663	160	3.6	0.5	12.8	9.1	1.2	17.4	0.97	89.1
Iced Caramel Protein Latte – soya drink	Tall	674	160	3.6	0.7	10.2	6.9	1.5	21.3	0.92	44.5
Iced Caramel Protein Latte – soya drink	Grande	795	189	4.8	0.9	12.3	8.5	2	23.5	0.98	89.1
Iced Caramel Protein Latte – soya drink	Venti	840	200	5.3	0.9	13	9.1	2.2	24.3	1.01	89.1
Iced Caramel Protein Latte – oat drink	Tall	790	187	5.5	0.7	16.7	8.2	2.1	17.3	0.98	44.5
Iced Caramel Protein Latte – oat drink	Grande	953	226	7.4	0.9	21.2	10.2	2.9	18	1.06	89.1
Iced Caramel Protein Latte – oat drink	Venti	1016	240	8.2	0.9	22.9	11	3.1	18.2	1.10	89.1
Iced Caramel Protein Latte – coconut drink	Tall	617	146	3	1.3	11.3	8.2	1	18.4	0.92	44.5
Iced Caramel Protein Latte – coconut drink	Grande	717	169	4	1.8	13.8	10.3	1.3	19.5	0.98	89.1
Iced Caramel Protein Latte – coconut drink	Venti	753	178	4.3	1.9	14.8	11.1	1.4	19.9	1.01	89.1
Iced Caramel Protein Latte – lactose-free milk	Tall	661	157	3	1.7	10.9	7.9	0.5	21.4	0.91	44.5
Iced Caramel Protein Latte – lactose-free milk	Grande	777	185	4	2.2	13.3	9.7	0.7	23.6	0.96	89.1
Iced Caramel Protein Latte – lactose-free milk	Venti	820	195	4.4	2.5	14.2	10.5	0.7	24.5	0.99	89.1
Iced Vanilla Protein Matcha Latte – semi skimmed milk	Tall	645	153	3.3	1.8	10.7	8	1.3	19.9	0.84	59.3
Iced Vanilla Protein Matcha Latte – semi skimmed milk	Grande	715	170	4	2.3	12.2	9.3	1.5	20.9	0.87	70.7
Iced Vanilla Protein Matcha Latte – semi skimmed milk	Venti	757	180	4.4	2.5	13	10	1.7	21.5	0.88	87.6
Iced Vanilla Protein Matcha Latte – skimmed milk	Tall	546	128	0.7	0.3	10.7	8	1.3	19.7	1.77	59.3
Iced Vanilla Protein Matcha Latte – skimmed milk	Grande	590	139	0.8	0.3	12.2	9.3	1.5	20.6	2.04	70.7
Iced Vanilla Protein Matcha Latte – skimmed milk	Venti	619	146	0.8	0.4	13	10	1.7	21.2	2.18	87.6
Iced Vanilla Protein Matcha Latte – almond drink	Tall	504	120	1.8	0.3	8.2	5.5	1.5	16.9	0.81	59.3
Iced Vanilla Protein Matcha Latte – almond drink	Grande	537	128	2.2	0.3	9	6.2	1.7	17.1	0.83	70.7
Iced Vanilla Protein Matcha Latte – almond drink	Venti	560	134	2.4	0.4	9.5	6.5	2	17.3	0.84	87.6
Iced Vanilla Protein Matcha Latte – soya drink	Tall	577	137	2.5	0.5	8.3	5.5	1.9	19.7	0.83	59.3
Iced Vanilla Protein Matcha Latte – soya drink	Grande	629	149	3	0.6	9.1	6.1	2.2	20.7	0.85	70.7
Iced Vanilla Protein Matcha Latte – soya drink	Venti	662	157	3.3	0.6	9.6	6.5	2.6	21.3	0.86	87.6
Iced Vanilla Protein Matcha Latte – oat drink	Tall	649	153	3.7	0.5	12.4	6.2	2.3	17.2	0.87	59.3
Iced Vanilla Protein Matcha Latte – oat drink	Grande	720	170	4.5	0.6	14.3	7.1	2.7	17.5	0.90	70.7
Iced Vanilla Protein Matcha Latte – oat drink	Venti	763	180	5	0.6	15.3	7.6	3.1	17.8	0.92	87.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Vanilla Protein Matcha Latte – coconut drink	Tall	541	127	2.1	0.9	9	6.3	1.6	17.9	0.83	59.3
Iced Vanilla Protein Matcha Latte – coconut drink	Grande	584	138	2.5	1.1	10	7.2	1.8	18.4	0.85	70.7
Iced Vanilla Protein Matcha Latte – coconut drink	Venti	612	144	2.8	1.2	10.6	7.6	2.1	18.8	0.86	87.6
Iced Vanilla Protein Matcha Latte – lactose-free milk	Tall	568	135	2.2	1.1	8.8	6	1.3	19.8	0.82	59.3
Iced Vanilla Protein Matcha Latte – lactose-free milk	Grande	619	147	2.6	1.4	9.7	6.9	1.5	20.8	0.84	70.7
Iced Vanilla Protein Matcha Latte – lactose-free milk	Venti	650	154	2.8	1.5	10.3	7.3	1.7	21.4	0.85	87.6
Autumn FY27 – Seasonal Beverages											
Pumpkin Spice Latte – semi skimmed milk	Short	618	148	6.8	4.1	16.3	15.8	2.2	4.2	0.16	44.5
Pumpkin Spice Latte – semi skimmed milk	Tall	943	226	9.9	6	25.3	24.8	3.2	7	0.27	44.5
Pumpkin Spice Latte – semi skimmed milk	Grande	1156	277	11.2	6.8	32.7	31.8	4.4	8.8	0.34	89.1
Pumpkin Spice Latte – semi skimmed milk	Venti	1498	359	14.2	8.6	42.4	41.5	5.4	12.2	0.46	89.1
Pumpkin Spice Latte – skimmed milk	Short	514	122	4.1	2.5	16.3	15.8	2.2	3.9	1.14	44.5
Pumpkin Spice Latte – skimmed milk	Tall	760	180	5.1	3.1	25.3	24.8	3.2	6.6	1.99	44.5
Pumpkin Spice Latte – skimmed milk	Grande	930	221	5.3	3.2	32.7	31.8	4.4	8.3	2.46	89.1
Pumpkin Spice Latte – skimmed milk	Venti	1176	279	5.8	3.6	42.4	41.5	5.4	11.5	3.48	89.1
Pumpkin Spice Latte – almond drink	Short	469	114	5.3	2.5	13.7	13.2	2.4	1	0.13	44.5
Pumpkin Spice Latte – almond drink	Tall	681	165	7.2	3.1	20.7	20.1	3.6	1.5	0.22	44.5
Pumpkin Spice Latte – almond drink	Grande	833	202	7.9	3.2	26.9	26	4.9	1.9	0.27	89.1
Pumpkin Spice Latte – almond drink	Venti	1038	252	9.5	3.5	34.2	33.2	6.1	2.4	0.36	89.1
Pumpkin Spice Latte – soya drink	Short	546	131	6	2.7	13.7	13.1	2.9	4	0.15	44.5
Pumpkin Spice Latte – soya drink	Tall	817	196	8.5	3.5	20.8	20.1	4.4	6.7	0.24	44.5
Pumpkin Spice Latte – soya drink	Grande	1000	240	9.5	3.7	27.1	26	5.8	8.3	0.31	89.1
Pumpkin Spice Latte – soya drink	Venti	1276	306	11.7	4.2	34.5	33.2	7.4	11.6	0.42	89.1
Pumpkin Spice Latte – oat drink	Short	623	148	7.3	2.7	18.1	14	3.3	1.3	0.19	44.5
Pumpkin Spice Latte – oat drink	Tall	951	226	10.7	3.5	28.4	21.6	5.1	2	0.32	44.5
Pumpkin Spice Latte – oat drink	Grande	1166	277	12.2	3.7	36.5	27.8	6.7	2.6	0.39	89.1
Pumpkin Spice Latte – oat drink	Venti	1511	359	15.6	4.2	47.8	35.7	8.7	3.4	0.54	89.1
Pumpkin Spice Latte – coconut drink	Short	508	121	5.6	3.1	14.5	14	2.5	2.1	0.15	44.5
Pumpkin Spice Latte – coconut drink	Tall	750	179	7.8	4.2	22.1	21.6	3.8	3.3	0.24	44.5
Pumpkin Spice Latte – coconut drink	Grande	918	218	8.6	4.6	28.8	27.8	5.1	4.2	0.31	89.1
Pumpkin Spice Latte – coconut drink	Venti	1159	275	10.4	5.5	36.8	35.9	6.4	5.7	0.42	89.1
Pumpkin Spice Latte – lactose-free milk	Short	538	129	5.6	3.3	14.2	13.8	2.2	4	0.14	44.5
Pumpkin Spice Latte – lactose-free milk	Tall	802	192	7.8	4.7	21.7	21.2	3.2	6.8	0.23	44.5
Pumpkin Spice Latte – lactose-free milk	Grande	981	235	8.7	5.1	28.2	27.3	4.4	8.5	0.29	89.1
Pumpkin Spice Latte – lactose-free milk	Venti	1249	299	10.5	6.2	36	35.1	5.4	11.9	0.39	89.1
Pumpkin Spice Caramel Macchiato – semi skimmed milk	Short	406	97	3.3	2	12.5	11.9	1.2	3.6	0.14	44.5
Pumpkin Spice Caramel Macchiato – semi skimmed milk	Tall	758	182	6.2	3.8	23	22.2	2.2	7.1	0.27	44.5
Pumpkin Spice Caramel Macchiato – semi skimmed milk	Grande	1084	260	8.7	5.3	32.7	31.6	3.4	10.5	0.39	89.1
Pumpkin Spice Caramel Macchiato – semi skimmed milk	Venti	1406	337	11.3	6.9	42.3	41.1	4.4	13.8	0.50	89.1
Pumpkin Spice Caramel Macchiato – skimmed milk	Short	313	74	0.9	0.6	12.5	11.9	1.2	3.4	1.01	44.5
Pumpkin Spice Caramel Macchiato – skimmed milk	Tall	566	134	1.2	0.8	23	22.2	2.2	6.7	2.07	44.5
Pumpkin Spice Caramel Macchiato – skimmed milk	Grande	803	189	1.4	0.9	32.7	31.6	3.4	9.9	3.03	89.1
Pumpkin Spice Caramel Macchiato – skimmed milk	Venti	1030	243	1.5	1	42.3	41.1	4.4	13	4.02	89.1
Pumpkin Spice Caramel Macchiato – almond drink	Short	273	66	1.9	0.6	10.2	9.5	1.4	0.8	0.11	44.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Pumpkin Spice Caramel Macchiato – almond drink	Tall	484	118	3.3	0.8	18.1	17.4	2.6	1.3	0.21	44.5
Pumpkin Spice Caramel Macchiato – almond drink	Grande	682	166	4.5	0.9	25.6	24.4	4	2	0.30	89.1
Pumpkin Spice Caramel Macchiato – almond drink	Venti	870	212	5.7	1	32.7	31.5	5.2	2.4	0.40	89.1
Pumpkin Spice Caramel Macchiato – soya drink	Short	342	82	2.6	0.7	10.3	9.5	1.8	3.4	0.13	44.5
Pumpkin Spice Caramel Macchiato – soya drink	Tall	626	150	4.7	1.2	18.3	17.3	3.4	6.7	0.24	44.5
Pumpkin Spice Caramel Macchiato – soya drink	Grande	891	213	6.5	1.5	25.8	24.4	5.1	10	0.35	89.1
Pumpkin Spice Caramel Macchiato – soya drink	Venti	1148	274	8.3	1.7	33	31.4	6.7	13.1	0.46	89.1
Pumpkin Spice Caramel Macchiato – oat drink	Short	410	97	3.7	0.7	14.1	10.2	2.1	1	0.16	44.5
Pumpkin Spice Caramel Macchiato – oat drink	Tall	766	182	7	1.2	26.2	18.9	4.2	1.9	0.32	44.5
Pumpkin Spice Caramel Macchiato – oat drink	Grande	1096	260	9.9	1.5	37.4	26.6	6.2	2.8	0.46	89.1
Pumpkin Spice Caramel Macchiato – oat drink	Venti	1421	337	12.9	1.7	48.5	34.4	8.2	3.6	0.60	89.1
Pumpkin Spice Caramel Macchiato – coconut drink	Short	308	73	2.2	1.1	10.9	10.3	1.5	1.7	0.13	44.5
Pumpkin Spice Caramel Macchiato – coconut drink	Tall	556	132	3.9	1.9	19.7	18.9	2.8	3.2	0.24	44.5
Pumpkin Spice Caramel Macchiato – coconut drink	Grande	788	187	5.4	2.6	27.9	26.7	4.2	4.8	0.35	89.1
Pumpkin Spice Caramel Macchiato – coconut drink	Venti	1011	239	6.9	3.3	35.7	34.5	5.6	6.3	0.46	89.1
Pumpkin Spice Caramel Macchiato – lactose-free milk	Short	334	80	2.2	1.3	10.7	10	1.2	3.5	0.12	44.5
Pumpkin Spice Caramel Macchiato – lactose-free milk	Tall	610	146	4	2.4	19.2	18.5	2.2	6.9	0.23	44.5
Pumpkin Spice Caramel Macchiato – lactose-free milk	Grande	867	207	5.5	3.2	27.2	26	3.4	10.2	0.33	89.1
Pumpkin Spice Caramel Macchiato – lactose-free milk	Venti	1116	267	7	4.1	34.8	33.6	4.4	13.4	0.43	89.1
Pecan Maple Macchiato – semi skimmed milk	Short	380	91	2.5	1.5	13.5	12.5	0.1	3.3	0.11	42.7
Pecan Maple Macchiato – semi skimmed milk	Tall	709	169	5	3.1	23.9	22.8	0.1	6.6	0.21	42.7
Pecan Maple Macchiato – semi skimmed milk	Grande	1003	240	7.2	4.4	33.2	31.7	0.3	9.6	0.30	85.5
Pecan Maple Macchiato – semi skimmed milk	Venti	1358	325	10.2	6.3	43.7	42.2	0.3	13.5	0.41	85.5
Pecan Maple Macchiato – skimmed milk	Short	292	69	0.2	0.1	13.5	12.5	0.1	3.1	0.94	42.7
Pecan Maple Macchiato – skimmed milk	Tall	527	124	0.3	0.2	23.9	22.8	0.1	6.2	1.92	42.7
Pecan Maple Macchiato – skimmed milk	Grande	740	174	0.4	0.3	33.2	31.7	0.3	9.1	2.76	85.5
Pecan Maple Macchiato – skimmed milk	Venti	985	232	0.5	0.4	43.7	42.2	0.3	12.8	3.91	85.5
Pecan Maple Macchiato – almond drink	Short	254	61	1.2	0.1	11.3	10.2	0.3	0.6	0.08	42.7
Pecan Maple Macchiato – almond drink	Tall	449	109	2.3	0.2	19.3	18.1	0.5	1.1	0.16	42.7
Pecan Maple Macchiato – almond drink	Grande	628	152	3.4	0.3	26.6	25	0.8	1.7	0.22	85.5
Pecan Maple Macchiato – almond drink	Venti	826	200	4.7	0.4	34.2	32.7	1	2.2	0.30	85.5
Pecan Maple Macchiato – soya drink	Short	319	76	1.8	0.3	11.3	10.2	0.7	3.1	0.10	42.7
Pecan Maple Macchiato – soya drink	Tall	584	139	3.6	0.6	19.5	18.1	1.3	6.3	0.19	42.7
Pecan Maple Macchiato – soya drink	Grande	822	196	5.2	0.8	26.8	25	1.9	9.1	0.26	85.5
Pecan Maple Macchiato – soya drink	Venti	1102	263	7.3	1.2	34.5	32.6	2.6	12.8	0.36	85.5
Pecan Maple Macchiato – oat drink	Short	384	91	2.8	0.3	15	10.9	1	0.9	0.13	42.7
Pecan Maple Macchiato – oat drink	Tall	717	169	5.8	0.6	27	19.5	2	1.6	0.26	42.7
Pecan Maple Macchiato – oat drink	Grande	1014	240	8.4	0.8	37.6	27.1	2.9	2.5	0.36	85.5
Pecan Maple Macchiato – oat drink	Venti	1374	325	11.8	1.2	49.9	35.5	4	3.4	0.51	85.5
Pecan Maple Macchiato – coconut drink	Short	287	68	1.4	0.7	12	11	0.4	1.5	0.10	42.7
Pecan Maple Macchiato – coconut drink	Tall	517	122	2.9	1.3	20.8	19.6	0.7	2.9	0.19	42.7
Pecan Maple Macchiato – coconut drink	Grande	727	171	4.2	1.9	28.7	27.2	1.1	4.3	0.26	85.5
Pecan Maple Macchiato – coconut drink	Venti	966	228	5.9	2.7	37.2	35.7	1.4	6	0.36	85.5
Pecan Maple Macchiato – lactose-free milk	Short	312	74	1.4	0.8	11.8	10.7	0.1	3.2	0.09	42.7
Pecan Maple Macchiato – lactose-free milk	Tall	569	135	2.9	1.7	20.3	19.2	0.1	6.4	0.17	42.7

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Pecan Maple Macchiato – lactose-free milk	Grande	800	191	4.2	2.5	28	26.5	0.3	9.3	0.24	85.5
Pecan Maple Macchiato – lactose-free milk	Venti	1071	255	6	3.5	36.3	34.8	0.3	13.2	0.33	85.5
Pumpkin Spice Matcha Latte – semi skimmed milk	Short	693	166	7.8	5.2	17.4	17.3	2.4	5.3	0.19	23.5
Pumpkin Spice Matcha Latte – semi skimmed milk	Tall	1098	264	11.8	7.7	27.8	27.7	3.9	9.4	0.33	53.1
Pumpkin Spice Matcha Latte – semi skimmed milk	Grande	1351	324	13.5	8.8	35.7	35.6	5.3	11.8	0.41	80.8
Pumpkin Spice Matcha Latte – semi skimmed milk	Venti	1723	413	16.8	10.8	45.9	45.7	6.8	15.8	0.54	108.8
Pumpkin Spice Matcha Latte – skimmed milk	Short	560	133	4.3	3.1	17.4	17.3	2.4	5	1.44	23.5
Pumpkin Spice Matcha Latte – skimmed milk	Tall	859	204	5.5	4	27.8	27.7	3.9	8.9	2.57	53.1
Pumpkin Spice Matcha Latte – skimmed milk	Grande	1051	249	5.7	4.1	35.7	35.6	5.3	11.2	3.22	80.8
Pumpkin Spice Matcha Latte – skimmed milk	Venti	1320	313	6.3	4.5	45.9	45.7	6.8	14.9	4.32	108.8
Pumpkin Spice Matcha Latte – almond drink	Short	503	122	5.8	3.1	14	13.9	2.7	1.2	0.15	23.5
Pumpkin Spice Matcha Latte – almond drink	Tall	757	184	8.2	4	21.8	21.7	4.4	2.1	0.26	53.1
Pumpkin Spice Matcha Latte – almond drink	Grande	923	224	9.1	4.1	28.1	28	5.9	2.7	0.32	80.8
Pumpkin Spice Matcha Latte – almond drink	Venti	1147	279	10.8	4.5	35.6	35.5	7.6	3.6	0.42	108.8
Pumpkin Spice Matcha Latte – soya drink	Short	602	144	6.8	3.4	14.1	13.9	3.3	5	0.17	23.5
Pumpkin Spice Matcha Latte – soya drink	Tall	934	224	9.9	4.4	22	21.6	5.4	8.9	0.29	53.1
Pumpkin Spice Matcha Latte – soya drink	Grande	1145	274	11.2	4.7	28.3	27.9	7.2	11.2	0.37	80.8
Pumpkin Spice Matcha Latte – soya drink	Venti	1446	346	13.6	5.3	35.9	35.4	9.3	15	0.49	108.8
Pumpkin Spice Matcha Latte – oat drink	Short	699	166	8.4	3.4	19.6	15	3.8	1.6	0.23	23.5
Pumpkin Spice Matcha Latte – oat drink	Tall	1108	264	12.8	4.4	31.8	23.5	6.3	2.8	0.39	53.1
Pumpkin Spice Matcha Latte – oat drink	Grande	1364	324	14.8	4.7	40.7	30.3	8.4	3.6	0.49	80.8
Pumpkin Spice Matcha Latte – oat drink	Venti	1740	413	18.5	5.3	52.6	38.6	10.8	4.8	0.65	108.8
Pumpkin Spice Matcha Latte – coconut drink	Short	553	132	6.2	3.9	15.1	15	2.8	2.6	0.17	23.5
Pumpkin Spice Matcha Latte – coconut drink	Tall	847	201	8.9	5.4	23.7	23.6	4.6	4.6	0.29	53.1
Pumpkin Spice Matcha Latte – coconut drink	Grande	1035	246	10	5.9	30.5	30.4	6.3	5.8	0.37	80.8
Pumpkin Spice Matcha Latte – coconut drink	Venti	1299	308	12.1	7	38.9	38.7	8	7.7	0.49	108.8
Pumpkin Spice Matcha Latte – lactose-free milk	Short	591	141	6.3	4.2	14.8	14.7	2.4	5.1	0.16	23.5
Pumpkin Spice Matcha Latte – lactose-free milk	Tall	914	219	9	6	23.1	23	3.9	9.1	0.28	53.1
Pumpkin Spice Matcha Latte – lactose-free milk	Grande	1120	268	10.1	6.6	29.8	29.7	5.3	11.5	0.35	80.8
Pumpkin Spice Matcha Latte – lactose-free milk	Venti	1412	338	12.2	7.9	37.9	37.7	6.8	15.4	0.46	108.8
Iced Pumpkin Spice Latte – semi skimmed milk	Tall	668	160	4.4	2.6	22.6	22.1	3.2	5.7	0.23	44.5
Iced Pumpkin Spice Latte – semi skimmed milk	Grande	880	211	5.6	3.4	29.9	29	4.4	7.5	0.29	89.1
Iced Pumpkin Spice Latte – semi skimmed milk	Venti	1021	244	6.2	3.7	35.7	34.8	5.4	8.2	0.34	89.1
Iced Pumpkin Spice Latte – skimmed milk	Tall	513	121	0.3	0.2	22.6	22.1	3.2	5.4	1.68	44.5
Iced Pumpkin Spice Latte – skimmed milk	Grande	681	161	0.5	0.3	29.9	29	4.4	7.1	2.16	89.1
Iced Pumpkin Spice Latte – skimmed milk	Venti	802	190	0.5	0.3	35.7	34.8	5.4	7.8	2.39	89.1
Iced Pumpkin Spice Latte – almond drink	Tall	447	108	2.1	0.2	18.6	18.1	3.6	1	0.18	44.5
Iced Pumpkin Spice Latte – almond drink	Grande	597	144	2.7	0.3	24.9	24	4.8	1.5	0.24	89.1
Iced Pumpkin Spice Latte – almond drink	Venti	708	171	3	0.3	30.1	29.2	5.9	1.6	0.27	89.1
Iced Pumpkin Spice Latte – soya drink	Tall	562	134	3.2	0.5	18.7	18.1	4.2	5.4	0.21	44.5
Iced Pumpkin Spice Latte – soya drink	Grande	743	178	4.1	0.7	25.1	23.9	5.6	7.1	0.27	89.1
Iced Pumpkin Spice Latte – soya drink	Venti	870	208	4.5	0.8	30.3	29.1	6.8	7.8	0.31	89.1
Iced Pumpkin Spice Latte – oat drink	Tall	675	160	5	0.5	25.1	19.3	4.8	1.5	0.27	44.5
Iced Pumpkin Spice Latte – oat drink	Grande	888	211	6.5	0.7	33.2	25.5	6.4	2.1	0.35	89.1
Iced Pumpkin Spice Latte – oat drink	Venti	1030	244	7.2	0.8	39.4	30.9	7.6	2.2	0.39	89.1

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Pumpkin Spice Latte – coconut drink	Tall	505	120	2.5	1.2	19.9	19.4	3.7	2.6	0.21	44.5
Iced Pumpkin Spice Latte – coconut drink	Grande	671	159	3.3	1.5	26.5	25.6	5	3.5	0.27	89.1
Iced Pumpkin Spice Latte – coconut drink	Venti	790	187	3.6	1.7	31.9	31	6.1	3.8	0.31	89.1
Iced Pumpkin Spice Latte – lactose-free milk	Tall	549	131	2.6	1.5	19.5	19	3.2	5.6	0.19	44.5
Iced Pumpkin Spice Latte – lactose-free milk	Grande	727	173	3.4	1.9	26	25.1	4.4	7.3	0.25	89.1
Iced Pumpkin Spice Latte – lactose-free milk	Venti	852	203	3.7	2.1	31.4	30.4	5.4	8	0.29	89.1
Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Tall	729	175	5.8	3.6	22.9	22.1	2.2	6.3	0.25	44.5
Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Grande	958	229	7.3	4.4	30.6	29.4	3.4	8.3	0.33	89.1
Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Venti	1136	272	8.3	5	37.2	35.9	4.4	9.5	0.39	89.1
Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Tall	561	133	1.4	0.9	22.9	22.1	2.2	5.9	1.83	44.5
Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Grande	740	175	1.6	1	30.6	29.4	3.4	7.8	2.37	89.1
Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Venti	882	208	1.7	1.1	37.2	35.9	4.4	9	2.77	89.1
Iced Pumpkin Spice Caramel Macchiato – almond drink	Tall	490	119	3.3	0.9	18.6	17.8	2.6	1.2	0.21	44.5
Iced Pumpkin Spice Caramel Macchiato – almond drink	Grande	646	157	4	1	25.1	23.8	3.8	1.7	0.27	89.1
Iced Pumpkin Spice Caramel Macchiato – almond drink	Venti	773	187	4.5	1.1	30.7	29.4	4.9	1.8	0.31	89.1
Iced Pumpkin Spice Caramel Macchiato – soya drink	Tall	614	147	4.5	1.3	18.8	17.8	3.3	6	0.23	44.5
Iced Pumpkin Spice Caramel Macchiato – soya drink	Grande	808	193	5.6	1.4	25.3	23.8	4.7	7.9	0.30	89.1
Iced Pumpkin Spice Caramel Macchiato – soya drink	Venti	961	230	6.3	1.6	30.9	29.4	6	9.1	0.35	89.1
Iced Pumpkin Spice Caramel Macchiato – oat drink	Tall	736	175	6.5	1.3	25.7	19.1	3.9	1.7	0.30	44.5
Iced Pumpkin Spice Caramel Macchiato – oat drink	Grande	967	229	8.2	1.4	34.2	25.5	5.6	2.3	0.38	89.1
Iced Pumpkin Spice Caramel Macchiato – oat drink	Venti	1146	272	9.4	1.6	41.4	31.4	7	2.6	0.45	89.1
Iced Pumpkin Spice Caramel Macchiato – coconut drink	Tall	553	131	3.8	2	20	19.1	2.7	2.9	0.23	44.5
Iced Pumpkin Spice Caramel Macchiato – coconut drink	Grande	728	173	4.7	2.3	26.8	25.6	4.1	3.9	0.30	89.1
Iced Pumpkin Spice Caramel Macchiato – coconut drink	Venti	869	206	5.3	2.6	32.8	31.5	5.2	4.4	0.35	89.1
Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Tall	600	143	3.9	2.3	19.6	18.7	2.2	6.1	0.22	44.5
Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Grande	790	188	4.8	2.8	26.3	25	3.4	8	0.28	89.1
Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Venti	940	224	5.4	3.2	32.1	30.9	4.4	9.3	0.33	89.1
Iced Pecan Maple Macchiato – semi skimmed milk	Tall	748	179	5.4	3.3	24.8	23.6	0.1	7.2	0.23	42.7
Iced Pecan Maple Macchiato – semi skimmed milk	Grande	999	239	7.2	4.4	33.2	31.6	0.3	9.6	0.29	85.5
Iced Pecan Maple Macchiato – semi skimmed milk	Venti	1138	272	7.8	4.8	39.1	37.6	0.3	10.4	0.32	85.5
Iced Pecan Maple Macchiato – skimmed milk	Tall	550	129	0.3	0.2	24.8	23.6	0.1	6.8	2.08	42.7
Iced Pecan Maple Macchiato – skimmed milk	Grande	738	174	0.4	0.3	33.2	31.6	0.3	9	2.74	85.5
Iced Pecan Maple Macchiato – skimmed milk	Venti	854	201	0.4	0.3	39.1	37.6	0.3	9.8	2.98	85.5
Iced Pecan Maple Macchiato – almond drink	Tall	466	113	2.5	0.2	19.7	18.5	0.5	1.2	0.17	42.7
Iced Pecan Maple Macchiato – almond drink	Grande	626	152	3.3	0.3	26.5	25	0.8	1.7	0.22	85.5
Iced Pecan Maple Macchiato – almond drink	Venti	733	177	3.6	0.3	31.9	30.4	0.9	1.8	0.24	85.5
Iced Pecan Maple Macchiato – soya drink	Tall	612	146	3.9	0.6	19.9	18.5	1.4	6.8	0.20	42.7
Iced Pecan Maple Macchiato – soya drink	Grande	819	195	5.2	0.8	26.7	24.9	1.9	9.1	0.26	85.5
Iced Pecan Maple Macchiato – soya drink	Venti	943	225	5.6	0.9	32.1	30.3	2	9.8	0.28	85.5
Iced Pecan Maple Macchiato – oat drink	Tall	757	179	6.3	0.6	28.1	20.1	2.1	1.8	0.28	42.7
Iced Pecan Maple Macchiato – oat drink	Grande	1010	239	8.3	0.8	37.5	27	2.9	2.4	0.36	85.5
Iced Pecan Maple Macchiato – oat drink	Venti	1150	272	9	0.9	43.9	32.6	3.1	2.6	0.39	85.5
Iced Pecan Maple Macchiato – coconut drink	Tall	540	127	3.1	1.4	21.3	20.2	0.7	3.2	0.20	42.7
Iced Pecan Maple Macchiato – coconut drink	Grande	724	171	4.1	1.9	28.6	27.1	1.1	4.3	0.26	85.5
Iced Pecan Maple Macchiato – coconut drink	Venti	839	198	4.5	2.1	34.2	32.7	1.1	4.7	0.28	85.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Pecan Maple Macchiato – lactose-free milk	Tall	596	142	3.2	1.9	20.8	19.7	0.1	7	0.19	42.7
Iced Pecan Maple Macchiato – lactose-free milk	Grande	798	190	4.2	2.5	28	26.5	0.3	9.3	0.24	85.5
Iced Pecan Maple Macchiato – lactose-free milk	Venti	919	219	4.6	2.7	33.5	32	0.3	10.1	0.26	85.5
Pumpkin Cream Iced Matcha Latte – semi skimmed milk	Tall	870	209	11.7	7	19.9	19.3	1.9	5	0.16	55.7
Pumpkin Cream Iced Matcha Latte – semi skimmed milk	Grande	1015	244	13	7.8	23.9	23.3	2.5	6.4	0.19	91.4
Pumpkin Cream Iced Matcha Latte – semi skimmed milk	Venti	1161	279	14.6	8.8	28	27.3	3	7.2	0.22	110.9
Pumpkin Cream Iced Matcha Latte – skimmed milk	Tall	772	184	9.1	5.5	19.9	19.3	1.9	4.8	1.09	55.7
Pumpkin Cream Iced Matcha Latte – skimmed milk	Grande	890	212	9.8	5.9	23.9	23.3	2.5	6.1	1.36	91.4
Pumpkin Cream Iced Matcha Latte – skimmed milk	Venti	1023	244	11	6.6	28	27.3	3	6.9	1.51	110.9
Pumpkin Cream Iced Matcha Latte – almond drink	Tall	729	176	10.2	5.5	17.3	16.8	2.2	2	0.13	55.7
Pumpkin Cream Iced Matcha Latte – almond drink	Grande	837	202	11.2	5.9	20.7	20.1	2.8	2.6	0.16	91.4
Pumpkin Cream Iced Matcha Latte – almond drink	Venti	964	233	12.6	6.6	24.5	23.8	3.3	3	0.18	110.9
Pumpkin Cream Iced Matcha Latte – soya drink	Tall	802	193	10.9	5.7	17.4	16.8	2.6	4.9	0.15	55.7
Pumpkin Cream Iced Matcha Latte – soya drink	Grande	929	223	12.1	6.1	20.8	20.1	3.3	6.1	0.18	91.4
Pumpkin Cream Iced Matcha Latte – soya drink	Venti	1066	256	13.5	6.9	24.6	23.8	3.8	6.9	0.20	110.9
Pumpkin Cream Iced Matcha Latte – oat drink	Tall	875	209	12.1	5.7	21.5	17.5	2.9	2.3	0.19	55.7
Pumpkin Cream Iced Matcha Latte – oat drink	Grande	1020	244	13.6	6.1	26	21	3.8	3	0.23	91.4
Pumpkin Cream Iced Matcha Latte – oat drink	Venti	1167	279	15.2	6.9	30.3	24.8	4.4	3.4	0.25	110.9
Pumpkin Cream Iced Matcha Latte – coconut drink	Tall	766	183	10.5	6.1	18.1	17.6	2.3	3.1	0.15	55.7
Pumpkin Cream Iced Matcha Latte – coconut drink	Grande	884	211	11.6	6.6	21.7	21.1	2.9	3.9	0.18	91.4
Pumpkin Cream Iced Matcha Latte – coconut drink	Venti	1016	243	13	7.4	25.6	24.9	3.4	4.4	0.20	110.9
Pumpkin Cream Iced Matcha Latte – lactose-free milk	Tall	794	190	10.6	6.3	17.9	17.3	1.9	4.9	0.14	55.7
Pumpkin Cream Iced Matcha Latte – lactose-free milk	Grande	919	220	11.6	6.9	21.4	20.8	2.5	6.2	0.17	91.4
Pumpkin Cream Iced Matcha Latte – lactose-free milk	Venti	1055	253	13	7.8	25.3	24.6	3	7	0.19	110.9
Pumpkin Spice Coffee Frappuccino – semi skimmed milk	Tall	1166	279	13.2	7.9	35	34.1	2.1	3.7	0.45	23.3
Pumpkin Spice Coffee Frappuccino – semi skimmed milk	Grande	1538	367	15.9	9.5	49.2	47.9	3	5	0.64	33.4
Pumpkin Spice Coffee Frappuccino – semi skimmed milk	Venti	1774	423	16.1	9.6	61.8	60.1	3.8	5.3	0.80	43.6
Pumpkin Spice Coffee Frappuccino – skimmed milk	Tall	1091	260	11.2	6.7	35	34.1	2.1	3.5	1.16	23.3
Pumpkin Spice Coffee Frappuccino – skimmed milk	Grande	1435	342	13.2	7.9	49.2	47.9	3	4.7	1.60	33.4
Pumpkin Spice Coffee Frappuccino – skimmed milk	Venti	1666	396	13.3	7.9	61.8	60.1	3.8	5.1	1.81	43.6
Pumpkin Spice Coffee Frappuccino – almond drink	Tall	1059	254	12.1	6.7	33.1	32.2	2.2	1.4	0.43	23.3
Pumpkin Spice Coffee Frappuccino – almond drink	Grande	1391	333	14.4	7.9	46.6	45.3	3.2	1.8	0.61	33.4
Pumpkin Spice Coffee Frappuccino – almond drink	Venti	1620	387	14.5	7.9	59	57.4	4.1	2	0.76	43.6
Pumpkin Spice Coffee Frappuccino – soya drink	Tall	1115	266	12.6	6.9	33.2	32.2	2.5	3.6	0.44	23.3
Pumpkin Spice Coffee Frappuccino – soya drink	Grande	1467	350	15.1	8.1	46.7	45.3	3.6	4.8	0.62	33.4
Pumpkin Spice Coffee Frappuccino – soya drink	Venti	1700	405	15.3	8.1	59.1	57.4	4.5	5.1	0.78	43.6
Pumpkin Spice Coffee Frappuccino – oat drink	Tall	1169	279	13.5	6.9	36.3	32.8	2.8	1.6	0.47	23.3
Pumpkin Spice Coffee Frappuccino – oat drink	Grande	1542	367	16.3	8.1	50.9	46.1	4	2.2	0.67	33.4
Pumpkin Spice Coffee Frappuccino – oat drink	Venti	1779	423	16.6	8.1	63.6	58.2	4.9	2.4	0.82	43.6
Pumpkin Spice Coffee Frappuccino – coconut drink	Tall	1087	259	12.3	7.2	33.7	32.8	2.3	2.2	0.44	23.3
Pumpkin Spice Coffee Frappuccino – coconut drink	Grande	1429	341	14.7	8.5	47.4	46.1	3.3	2.9	0.62	33.4
Pumpkin Spice Coffee Frappuccino – coconut drink	Venti	1660	395	14.8	8.6	59.9	58.3	4.2	3.1	0.78	43.6
Pumpkin Spice Coffee Frappuccino – lactose-free milk	Tall	1108	265	12.3	7.3	33.5	32.6	2.1	3.6	0.44	23.3
Pumpkin Spice Coffee Frappuccino – lactose-free milk	Grande	1458	348	14.7	8.7	47.2	45.9	3	4.9	0.62	33.4
Pumpkin Spice Coffee Frappuccino – lactose-free milk	Venti	1691	403	14.9	8.8	59.6	58	3.8	5.2	0.77	43.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Pumpkin Spice Cream Frappuccino – semi skimmed milk	Tall	1140	273	13.8	8.3	31.9	31.4	2	4.3	0.46	0
Pumpkin Spice Cream Frappuccino – semi skimmed milk	Grande	1487	356	16.7	10.1	44.2	43.4	2.8	5.7	0.64	0
Pumpkin Spice Cream Frappuccino – semi skimmed milk	Venti	1711	409	17.2	10.3	55.3	54.3	3.7	6.3	0.80	0
Pumpkin Spice Cream Frappuccino – skimmed milk	Tall	1038	248	11.1	6.7	31.9	31.4	2	4	1.41	0
Pumpkin Spice Cream Frappuccino – skimmed milk	Grande	1347	321	13.1	7.9	44.2	43.4	2.8	5.4	1.94	0
Pumpkin Spice Cream Frappuccino – skimmed milk	Venti	1554	370	13.1	7.9	55.3	54.3	3.7	6	2.26	0
Pumpkin Spice Cream Frappuccino – almond drink	Tall	995	239	12.3	6.7	29.3	28.8	2.2	1.2	0.43	0
Pumpkin Spice Cream Frappuccino – almond drink	Grande	1288	310	14.6	7.9	40.6	39.8	3.1	1.5	0.60	0
Pumpkin Spice Cream Frappuccino – almond drink	Venti	1488	357	14.9	7.9	51.3	50.3	4	1.6	0.75	0
Pumpkin Spice Cream Frappuccino – soya drink	Tall	1070	256	13	6.9	29.4	28.7	2.6	4.1	0.45	0
Pumpkin Spice Cream Frappuccino – soya drink	Grande	1391	333	15.6	8.2	40.7	39.8	3.7	5.4	0.62	0
Pumpkin Spice Cream Frappuccino – soya drink	Venti	1603	383	16	8.2	51.5	50.3	4.6	6	0.78	0
Pumpkin Spice Cream Frappuccino – oat drink	Tall	1144	273	14.2	6.9	33.6	29.6	3	1.5	0.49	0
Pumpkin Spice Cream Frappuccino – oat drink	Grande	1493	356	17.3	8.2	46.5	40.9	4.2	1.9	0.67	0
Pumpkin Spice Cream Frappuccino – oat drink	Venti	1717	409	17.9	8.2	57.9	51.5	5.2	2	0.84	0
Pumpkin Spice Cream Frappuccino – coconut drink	Tall	1033	247	12.6	7.3	30.2	29.6	2.3	2.2	0.45	0
Pumpkin Spice Cream Frappuccino – coconut drink	Grande	1340	320	15.1	8.7	41.8	41	3.2	2.9	0.62	0
Pumpkin Spice Cream Frappuccino – coconut drink	Venti	1546	369	15.3	8.9	52.6	51.6	4.1	3.2	0.78	0
Pumpkin Spice Cream Frappuccino – lactose-free milk	Tall	1062	254	12.6	7.6	29.9	29.3	2	4.1	0.44	0
Pumpkin Spice Cream Frappuccino – lactose-free milk	Grande	1379	330	15.1	9	41.4	40.6	2.8	5.6	0.61	0
Pumpkin Spice Cream Frappuccino – lactose-free milk	Venti	1590	380	15.4	9.2	52.2	51.2	3.7	6.2	0.76	0
Aerocano	Tall	25	6	0.1	0	0.7	0.1	0.3	0.3	0.00	83.7
Aerocano	Grande	36	9	0.2	0.1	1.1	0.1	0.4	0.4	0.00	122.1
Aerocano	Venti	48	12	0.3	0.1	1.4	0.2	0.5	0.6	0.00	161.7
Caramel Aerocano	Tall	144	34	0.1	0	7.7	7	0.3	0.3	0.00	82.7
Caramel Aerocano	Grande	220	52	0.2	0.1	11.7	10.7	0.4	0.5	0.00	125.9
Caramel Aerocano	Venti	274	65	0.2	0.1	14.6	13.3	0.5	0.6	0.00	156.8
Alternative Coffees											
Espresso Drinks											
Blonde Americano	Short	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Blonde Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Short	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Decaf Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffè Latte – semi skimmed milk	Short	359	86	3.9	2.4	7.5	7.2	0.1	5.1	0.15	42.7
Blonde Caffè Latte – semi skimmed milk	Tall	633	152	6.9	4.2	13.2	12.9	0.1	9.1	0.26	42.7
Blonde Caffè Latte – semi skimmed milk	Grande	737	178	7.9	4.9	15.5	14.8	0.3	10.5	0.30	85.5
Blonde Caffè Latte – semi skimmed milk	Venti	998	240	10.8	6.6	20.9	20.2	0.3	14.3	0.41	85.5
Blonde Caffè Latte – skimmed milk	Short	219	51	0.2	0.2	7.5	7.2	0.1	4.8	1.46	42.7
Blonde Caffè Latte – skimmed milk	Tall	381	89	0.3	0.3	13.2	12.9	0.1	8.5	2.62	42.7
Blonde Caffè Latte – skimmed milk	Grande	449	105	0.4	0.3	15.5	14.8	0.3	9.9	3.01	85.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Caffè Latte – skimmed milk	Venti	604	142	0.5	0.5	20.9	20.2	0.3	13.5	4.11	85.5
Blonde Caffè Latte – almond drink	Short	159	40	1.8	0.2	4	3.6	0.4	0.9	0.11	42.7
Blonde Caffè Latte – almond drink	Tall	274	69	3.2	0.3	6.8	6.5	0.7	1.4	0.19	42.7
Blonde Caffè Latte – almond drink	Grande	326	81	3.7	0.3	8.2	7.5	0.9	1.8	0.22	85.5
Blonde Caffè Latte – almond drink	Venti	436	109	5	0.4	10.9	10.2	1.1	2.3	0.30	85.5
Blonde Caffè Latte – soya drink	Short	263	63	2.8	0.4	4.1	3.6	1	4.9	0.13	42.7
Blonde Caffè Latte – soya drink	Tall	460	110	4.9	0.8	7	6.4	1.7	8.6	0.23	42.7
Blonde Caffè Latte – soya drink	Grande	539	129	5.7	0.9	8.4	7.4	2	10	0.26	85.5
Blonde Caffè Latte – soya drink	Venti	727	175	7.7	1.2	11.2	10.1	2.7	13.5	0.36	85.5
Blonde Caffè Latte – oat drink	Short	365	86	4.5	0.4	9.9	4.7	1.6	1.3	0.18	42.7
Blonde Caffè Latte – oat drink	Tall	643	152	7.9	0.8	17.4	8.4	2.7	2.2	0.33	42.7
Blonde Caffè Latte – oat drink	Grande	749	178	9.2	0.9	20.3	9.7	3.2	2.7	0.38	85.5
Blonde Caffè Latte – oat drink	Venti	1015	240	12.5	1.2	27.5	13.2	4.3	3.5	0.51	85.5
Blonde Caffè Latte – coconut drink	Short	211	50	2.2	1	5.1	4.8	0.6	2.3	0.13	42.7
Blonde Caffè Latte – coconut drink	Tall	368	87	3.9	1.8	8.8	8.5	0.9	4	0.23	42.7
Blonde Caffè Latte – coconut drink	Grande	434	102	4.6	2.1	10.5	9.8	1.2	4.7	0.26	85.5
Blonde Caffè Latte – coconut drink	Venti	584	138	6.2	2.9	14	13.4	1.5	6.4	0.36	85.5
Blonde Caffè Latte – lactose-free milk	Short	251	60	2.3	1.3	4.8	4.4	0.1	5	0.12	42.7
Blonde Caffè Latte – lactose-free milk	Tall	439	105	4	2.4	8.2	7.9	0.1	8.8	0.21	42.7
Blonde Caffè Latte – lactose-free milk	Grande	515	123	4.6	2.7	9.8	9.1	0.3	10.2	0.24	85.5
Blonde Caffè Latte – lactose-free milk	Venti	695	166	6.3	3.7	13.1	12.4	0.3	13.9	0.33	85.5
Decaf Caffè Latte – semi skimmed milk	Short	362	87	3.9	2.4	7.7	7.2	0.1	5.1	0.15	1.8
Decaf Caffè Latte – semi skimmed milk	Tall	636	153	6.9	4.2	13.4	12.9	0.1	9	0.26	1.8
Decaf Caffè Latte – semi skimmed milk	Grande	743	179	7.9	4.9	15.9	14.8	0.2	10.5	0.30	3.6
Decaf Caffè Latte – semi skimmed milk	Venti	1004	242	10.8	6.6	21.3	20.2	0.2	14.2	0.41	3.6
Decaf Caffè Latte – skimmed milk	Short	222	52	0.2	0.2	7.7	7.2	0.1	4.8	1.46	1.8
Decaf Caffè Latte – skimmed milk	Tall	384	90	0.3	0.3	13.4	12.9	0.1	8.5	2.62	1.8
Decaf Caffè Latte – skimmed milk	Grande	455	107	0.4	0.3	15.9	14.8	0.2	9.9	3.01	3.6
Decaf Caffè Latte – skimmed milk	Venti	610	143	0.5	0.5	21.3	20.2	0.2	13.4	4.11	3.6
Decaf Caffè Latte – almond drink	Short	162	40	1.8	0.2	4.2	3.6	0.4	0.9	0.11	1.8
Decaf Caffè Latte – almond drink	Tall	277	69	3.2	0.3	7	6.5	0.6	1.4	0.19	1.8
Decaf Caffè Latte – almond drink	Grande	332	83	3.7	0.3	8.6	7.5	0.8	1.7	0.22	3.6
Decaf Caffè Latte – almond drink	Venti	442	110	5	0.4	11.3	10.2	1	2.3	0.30	3.6
Decaf Caffè Latte – soya drink	Short	266	64	2.8	0.4	4.3	3.6	1	4.8	0.13	1.8
Decaf Caffè Latte – soya drink	Tall	463	111	4.9	0.8	7.2	6.4	1.7	8.6	0.23	1.8
Decaf Caffè Latte – soya drink	Grande	545	131	5.7	0.9	8.8	7.4	2	9.9	0.26	3.6
Decaf Caffè Latte – soya drink	Venti	733	176	7.7	1.2	11.6	10.1	2.6	13.5	0.36	3.6
Decaf Caffè Latte – oat drink	Short	368	87	4.5	0.4	10.1	4.7	1.5	1.3	0.18	1.8
Decaf Caffè Latte – oat drink	Tall	646	153	7.9	0.8	17.6	8.4	2.7	2.2	0.33	1.8
Decaf Caffè Latte – oat drink	Grande	755	179	9.2	0.9	20.7	9.7	3.1	2.6	0.38	3.6
Decaf Caffè Latte – oat drink	Venti	1021	242	12.5	1.2	27.9	13.3	4.2	3.5	0.51	3.6
Decaf Caffè Latte – coconut drink	Short	214	51	2.2	1	5.3	4.8	0.5	2.3	0.13	1.8
Decaf Caffè Latte – coconut drink	Tall	371	88	3.9	1.8	9	8.5	0.9	4	0.23	1.8
Decaf Caffè Latte – coconut drink	Grande	440	104	4.6	2.1	10.9	9.8	1.1	4.7	0.26	3.6
Decaf Caffè Latte – coconut drink	Venti	589	139	6.2	2.9	14.5	13.4	1.4	6.3	0.36	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Caffè Latte – lactose-free milk	Short	254	61	2.3	1.3	5	4.4	0.1	5	0.12	1.8
Decaf Caffè Latte – lactose-free milk	Tall	442	106	4	2.4	8.4	7.9	0.1	8.8	0.21	1.8
Decaf Caffè Latte – lactose-free milk	Grande	521	125	4.6	2.7	10.2	9.1	0.2	10.2	0.24	3.6
Decaf Caffè Latte – lactose-free milk	Venti	700	168	6.3	3.7	13.5	12.4	0.2	13.8	0.33	3.6
Blonde Latte Macchiato – semi skimmed milk	Short	311	75	3.3	2	6.5	6.2	0.1	4.4	0.13	42.7
Blonde Latte Macchiato – semi skimmed milk	Tall	537	129	5.8	3.6	11.2	10.9	0.1	7.7	0.22	42.7
Blonde Latte Macchiato – semi skimmed milk	Grande	714	172	7.7	4.7	15	14.3	0.3	10.2	0.29	85.5
Blonde Latte Macchiato – semi skimmed milk	Venti	930	224	10.1	6.2	19.5	18.8	0.3	13.3	0.38	85.5
Blonde Latte Macchiato – skimmed milk	Short	190	45	0.2	0.1	6.5	6.2	0.1	4.2	1.26	42.7
Blonde Latte Macchiato – skimmed milk	Tall	324	76	0.3	0.2	11.2	10.9	0.1	7.2	2.21	42.7
Blonde Latte Macchiato – skimmed milk	Grande	435	102	0.4	0.3	15	14.3	0.3	9.6	2.91	85.5
Blonde Latte Macchiato – skimmed milk	Venti	563	132	0.5	0.4	19.5	18.8	0.3	12.5	3.82	85.5
Blonde Latte Macchiato – almond drink	Short	138	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Latte Macchiato – almond drink	Tall	234	58	2.7	0.2	5.8	5.5	0.6	1.2	0.16	42.7
Blonde Latte Macchiato – almond drink	Grande	316	79	3.6	0.3	7.9	7.2	0.8	1.7	0.21	85.5
Blonde Latte Macchiato – almond drink	Venti	407	102	4.6	0.4	10.1	9.5	1	2.2	0.28	85.5
Blonde Latte Macchiato – soya drink	Short	228	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Latte Macchiato – soya drink	Tall	391	94	4.2	0.7	6	5.4	1.4	7.3	0.19	42.7
Blonde Latte Macchiato – soya drink	Grande	522	125	5.5	0.9	8.1	7.2	2	9.7	0.26	85.5
Blonde Latte Macchiato – soya drink	Venti	678	163	7.2	1.2	10.5	9.4	2.5	12.6	0.34	85.5
Blonde Latte Macchiato – oat drink	Short	316	75	3.9	0.4	8.6	4.1	1.4	1.1	0.16	42.7
Blonde Latte Macchiato – oat drink	Tall	546	129	6.7	0.7	14.8	7.1	2.3	1.9	0.28	42.7
Blonde Latte Macchiato – oat drink	Grande	725	172	8.9	0.9	19.6	9.4	3.1	2.6	0.36	85.5
Blonde Latte Macchiato – oat drink	Venti	945	224	11.6	1.2	25.6	12.3	4	3.3	0.48	85.5
Blonde Latte Macchiato – coconut drink	Short	184	43	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Latte Macchiato – coconut drink	Tall	313	74	3.3	1.5	7.5	7.2	0.8	3.4	0.19	42.7
Blonde Latte Macchiato – coconut drink	Grande	420	99	4.4	2	10.2	9.5	1.1	4.6	0.26	85.5
Blonde Latte Macchiato – coconut drink	Venti	544	128	5.8	2.7	13.1	12.4	1.4	5.9	0.34	85.5
Blonde Latte Macchiato – lactose-free milk	Short	218	52	2	1.2	4.2	3.8	0.1	4.3	0.10	42.7
Blonde Latte Macchiato – lactose-free milk	Tall	373	89	3.4	2	7	6.7	0.1	7.5	0.18	42.7
Blonde Latte Macchiato – lactose-free milk	Grande	499	120	4.5	2.7	9.5	8.8	0.3	9.9	0.23	85.5
Blonde Latte Macchiato – lactose-free milk	Venti	647	155	5.9	3.5	12.2	11.5	0.3	12.9	0.31	85.5
Decaf Latte Macchiato – semi skimmed milk	Short	314	76	3.3	2	6.7	6.2	0.1	4.4	0.13	1.8
Decaf Latte Macchiato – semi skimmed milk	Tall	540	130	5.8	3.6	11.4	10.9	0.1	7.7	0.22	1.8
Decaf Latte Macchiato – semi skimmed milk	Grande	719	173	7.7	4.7	15.4	14.3	0.2	10.1	0.29	3.6
Decaf Latte Macchiato – semi skimmed milk	Venti	936	225	10.1	6.2	19.9	18.8	0.2	13.2	0.38	3.6
Decaf Latte Macchiato – skimmed milk	Short	193	45	0.2	0.1	6.7	6.2	0.1	4.2	1.26	1.8
Decaf Latte Macchiato – skimmed milk	Tall	327	77	0.3	0.2	11.4	10.9	0.1	7.2	2.21	1.8
Decaf Latte Macchiato – skimmed milk	Grande	441	104	0.4	0.3	15.4	14.3	0.2	9.6	2.91	3.6
Decaf Latte Macchiato – skimmed milk	Venti	569	134	0.5	0.4	19.9	18.8	0.2	12.5	3.82	3.6
Decaf Latte Macchiato – almond drink	Short	141	35	1.6	0.1	3.7	3.1	0.4	0.8	0.09	1.8
Decaf Latte Macchiato – almond drink	Tall	237	59	2.7	0.2	6	5.5	0.5	1.2	0.16	1.8
Decaf Latte Macchiato – almond drink	Grande	322	80	3.6	0.3	8.3	7.3	0.8	1.7	0.21	3.6
Decaf Latte Macchiato – almond drink	Venti	413	103	4.6	0.4	10.6	9.5	1	2.1	0.28	3.6
Decaf Latte Macchiato – soya drink	Short	231	55	2.4	0.4	3.8	3.1	0.9	4.2	0.11	1.8

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Latte Macchiato – soya drink	Tall	394	94	4.2	0.7	6.2	5.5	1.4	7.3	0.19	1.8
Decaf Latte Macchiato – soya drink	Grande	528	127	5.5	0.9	8.5	7.2	1.9	9.6	0.26	3.6
Decaf Latte Macchiato – soya drink	Venti	684	164	7.2	1.2	10.9	9.4	2.5	12.6	0.34	3.6
Decaf Latte Macchiato – oat drink	Short	319	76	3.9	0.4	8.8	4.1	1.3	1.1	0.16	1.8
Decaf Latte Macchiato – oat drink	Tall	548	130	6.7	0.7	15	7.1	2.3	1.9	0.28	1.8
Decaf Latte Macchiato – oat drink	Grande	731	173	8.9	0.9	20.1	9.4	3	2.5	0.36	3.6
Decaf Latte Macchiato – oat drink	Venti	951	225	11.6	1.2	26	12.3	3.9	3.2	0.48	3.6
Decaf Latte Macchiato – coconut drink	Short	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Latte Macchiato – coconut drink	Tall	316	75	3.3	1.5	7.7	7.2	0.8	3.4	0.19	1.8
Decaf Latte Macchiato – coconut drink	Grande	426	101	4.4	2	10.6	9.5	1.1	4.5	0.26	3.6
Decaf Latte Macchiato – coconut drink	Venti	550	130	5.8	2.7	13.5	12.5	1.3	5.9	0.34	3.6
Decaf Latte Macchiato – lactose-free milk	Short	221	53	2	1.2	4.4	3.8	0.1	4.3	0.10	1.8
Decaf Latte Macchiato – lactose-free milk	Tall	376	90	3.4	2	7.2	6.7	0.1	7.4	0.18	1.8
Decaf Latte Macchiato – lactose-free milk	Grande	505	121	4.5	2.7	9.9	8.8	0.2	9.9	0.23	3.6
Decaf Latte Macchiato – lactose-free milk	Venti	653	157	5.9	3.5	12.6	11.6	0.2	12.9	0.31	3.6
Blonde Espresso Doppio	Doppio	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Decaf Espresso Doppio	Doppio	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Blonde Espresso	Single	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Decaf Espresso	Single	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Decaf Espresso	Doppio	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Blonde Cappuccino – semi skimmed milk	Short	312	75	3.4	2	6.6	6.2	0.1	4.5	0.13	42.7
Blonde Cappuccino – semi skimmed milk	Tall	514	124	5.6	3.4	10.7	10.4	0.1	7.3	0.21	42.7
Blonde Cappuccino – semi skimmed milk	Grande	631	152	6.8	4.1	13.3	12.6	0.3	9	0.26	85.5
Blonde Cappuccino – semi skimmed milk	Venti	805	194	8.7	5.3	16.9	16.2	0.3	11.5	0.33	85.5
Blonde Cappuccino – skimmed milk	Short	191	45	0.2	0.1	6.6	6.2	0.1	4.2	1.26	42.7
Blonde Cappuccino – skimmed milk	Tall	311	73	0.3	0.2	10.7	10.4	0.1	6.9	2.12	42.7
Blonde Cappuccino – skimmed milk	Grande	386	91	0.4	0.3	13.3	12.6	0.3	8.5	2.56	85.5
Blonde Cappuccino – skimmed milk	Venti	489	115	0.5	0.4	16.9	16.2	0.3	10.8	3.29	85.5
Blonde Cappuccino – almond drink	Short	139	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Cappuccino – almond drink	Tall	224	56	2.6	0.2	5.6	5.2	0.6	1.2	0.15	42.7
Blonde Cappuccino – almond drink	Grande	281	70	3.2	0.3	7	6.4	0.8	1.6	0.19	85.5
Blonde Cappuccino – almond drink	Venti	354	89	4	0.4	8.9	8.2	0.9	1.9	0.24	85.5
Blonde Cappuccino – soya drink	Short	229	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Cappuccino – soya drink	Tall	374	90	4	0.6	5.8	5.2	1.4	7	0.19	42.7
Blonde Cappuccino – soya drink	Grande	462	111	4.9	0.8	7.3	6.3	1.8	8.5	0.22	85.5
Blonde Cappuccino – soya drink	Venti	588	141	6.2	1	9.1	8.1	2.2	10.9	0.29	85.5
Blonde Cappuccino – oat drink	Short	317	75	3.9	0.4	8.6	4.1	1.4	1.1	0.16	42.7
Blonde Cappuccino – oat drink	Tall	522	124	6.4	0.6	14.1	6.8	2.2	1.8	0.26	42.7
Blonde Cappuccino – oat drink	Grande	641	152	7.8	0.8	17.4	8.3	2.7	2.3	0.32	85.5
Blonde Cappuccino – oat drink	Venti	818	194	10	1	22.2	10.6	3.5	2.9	0.41	85.5
Blonde Cappuccino – coconut drink	Short	184	44	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Cappuccino – coconut drink	Tall	300	71	3.2	1.5	7.2	6.9	0.8	3.3	0.19	42.7
Blonde Cappuccino – coconut drink	Grande	373	88	3.9	1.8	9	8.4	1	4.1	0.22	85.5
Blonde Cappuccino – coconut drink	Venti	473	112	5	2.3	11.4	10.7	1.2	5.2	0.29	85.5
Blonde Cappuccino – lactose-free milk	Short	218	52	2	1.2	4.2	3.8	0.1	4.3	0.10	42.7

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Cappuccino – lactose-free milk	Tall	357	86	3.2	1.9	6.7	6.4	0.1	7.1	0.17	42.7
Blonde Cappuccino – lactose-free milk	Grande	442	106	4	2.3	8.4	7.8	0.3	8.8	0.21	85.5
Blonde Cappuccino – lactose-free milk	Venti	561	135	5.1	3	10.6	10	0.3	11.2	0.26	85.5
Decaf Cappuccino – semi skimmed milk	Short	315	76	3.4	2	6.8	6.2	0.1	4.4	0.13	1.8
Decaf Cappuccino – semi skimmed milk	Tall	517	124	5.6	3.4	10.9	10.4	0.1	7.3	0.21	1.8
Decaf Cappuccino – semi skimmed milk	Grande	637	153	6.8	4.1	13.7	12.6	0.2	9	0.26	3.6
Decaf Cappuccino – semi skimmed milk	Venti	811	195	8.7	5.3	17.3	16.2	0.2	11.5	0.33	3.6
Decaf Cappuccino – skimmed milk	Short	194	45	0.2	0.1	6.8	6.2	0.1	4.2	1.26	1.8
Decaf Cappuccino – skimmed milk	Tall	314	74	0.3	0.2	10.9	10.4	0.1	6.9	2.12	1.8
Decaf Cappuccino – skimmed milk	Grande	392	92	0.4	0.3	13.7	12.6	0.2	8.5	2.56	3.6
Decaf Cappuccino – skimmed milk	Venti	495	116	0.5	0.4	17.3	16.2	0.2	10.8	3.29	3.6
Decaf Cappuccino – almond drink	Short	142	35	1.6	0.1	3.7	3.2	0.4	0.8	0.09	1.8
Decaf Cappuccino – almond drink	Tall	227	57	2.6	0.2	5.8	5.3	0.5	1.2	0.15	1.8
Decaf Cappuccino – almond drink	Grande	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino – almond drink	Venti	360	90	4	0.4	9.3	8.2	0.9	1.9	0.24	3.6
Decaf Cappuccino – soya drink	Short	231	56	2.4	0.4	3.8	3.1	0.9	4.2	0.11	1.8
Decaf Cappuccino – soya drink	Tall	377	91	4	0.6	6	5.2	1.4	6.9	0.19	1.8
Decaf Cappuccino – soya drink	Grande	468	112	4.9	0.8	7.7	6.4	1.7	8.5	0.22	3.6
Decaf Cappuccino – soya drink	Venti	594	143	6.2	1	9.5	8.1	2.2	10.9	0.29	3.6
Decaf Cappuccino – oat drink	Short	320	76	3.9	0.4	8.8	4.1	1.3	1.1	0.16	1.8
Decaf Cappuccino – oat drink	Tall	525	124	6.4	0.6	14.3	6.8	2.2	1.8	0.26	1.8
Decaf Cappuccino – oat drink	Grande	647	153	7.8	0.8	17.8	8.3	2.7	2.3	0.32	3.6
Decaf Cappuccino – oat drink	Venti	824	195	10	1	22.6	10.6	3.4	2.8	0.41	3.6
Decaf Cappuccino – coconut drink	Short	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Cappuccino – coconut drink	Tall	303	72	3.2	1.5	7.4	6.9	0.7	3.2	0.19	1.8
Decaf Cappuccino – coconut drink	Grande	379	89	3.9	1.8	9.4	8.4	1	4	0.22	3.6
Decaf Cappuccino – coconut drink	Venti	478	113	5	2.3	11.8	10.8	1.2	5.1	0.29	3.6
Decaf Cappuccino – lactose-free milk	Short	221	53	2	1.2	4.4	3.8	0.1	4.3	0.10	1.8
Decaf Cappuccino – lactose-free milk	Tall	360	86	3.2	1.9	6.9	6.4	0.1	7.1	0.17	1.8
Decaf Cappuccino – lactose-free milk	Grande	448	107	4	2.3	8.8	7.8	0.2	8.7	0.21	3.6
Decaf Cappuccino – lactose-free milk	Venti	567	136	5.1	3	11	10	0.2	11.1	0.26	3.6
Blonde Caramel Macchiato – semi skimmed milk	Short	482	116	4.5	2.7	13.6	13	0.1	5.1	0.16	42.7
Blonde Caramel Macchiato – semi skimmed milk	Tall	767	184	6.9	4.2	22.1	21.4	0.1	8	0.26	42.7
Blonde Caramel Macchiato – semi skimmed milk	Grande	1000	239	8.7	5.3	29.4	28.2	0.3	10.5	0.32	85.5
Blonde Caramel Macchiato – semi skimmed milk	Venti	1262	302	10.9	6.7	37.1	35.9	0.3	13.4	0.41	85.5
Blonde Caramel Macchiato – skimmed milk	Short	345	81	0.9	0.6	13.6	13	0.1	4.8	1.45	42.7
Blonde Caramel Macchiato – skimmed milk	Tall	547	129	1.1	0.8	22.1	21.4	0.1	7.6	2.32	42.7
Blonde Caramel Macchiato – skimmed milk	Grande	715	168	1.3	0.9	29.4	28.2	0.3	9.9	3.00	85.5
Blonde Caramel Macchiato – skimmed milk	Venti	895	211	1.4	1	37.1	35.9	0.3	12.6	3.85	85.5
Blonde Caramel Macchiato – almond drink	Short	287	70	2.4	0.6	10.1	9.5	0.4	0.9	0.13	42.7
Blonde Caramel Macchiato – almond drink	Tall	453	110	3.6	0.8	16.5	15.8	0.6	1.4	0.19	42.7
Blonde Caramel Macchiato – almond drink	Grande	593	145	4.5	0.9	22.1	21	0.9	1.8	0.24	85.5
Blonde Caramel Macchiato – almond drink	Venti	739	180	5.5	0.9	27.8	26.6	1	2.3	0.30	85.5
Blonde Caramel Macchiato – soya drink	Short	388	93	3.4	0.9	10.2	9.4	1	4.8	0.15	42.7
Blonde Caramel Macchiato – soya drink	Tall	616	147	5.2	1.2	16.7	15.7	1.5	7.6	0.23	42.7

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Caramel Macchiato – soya drink	Grande	804	192	6.5	1.4	22.4	20.9	2	9.9	0.29	85.5
Blonde Caramel Macchiato – soya drink	Venti	1010	241	8	1.7	28.1	26.5	2.5	12.7	0.36	85.5
Blonde Caramel Macchiato – oat drink	Short	488	116	5	0.9	15.9	10.5	1.5	1.3	0.20	42.7
Blonde Caramel Macchiato – oat drink	Tall	777	184	7.8	1.2	25.8	17.5	2.4	2	0.31	42.7
Blonde Caramel Macchiato – oat drink	Grande	1011	239	9.9	1.4	34.1	23.2	3.1	2.7	0.40	85.5
Blonde Caramel Macchiato – oat drink	Venti	1277	302	12.5	1.7	43.2	29.4	4	3.4	0.50	85.5
Blonde Caramel Macchiato – coconut drink	Short	338	80	2.8	1.4	11.2	10.6	0.6	2.3	0.15	42.7
Blonde Caramel Macchiato – coconut drink	Tall	535	126	4.3	2.1	18.3	17.5	0.8	3.6	0.23	42.7
Blonde Caramel Macchiato – coconut drink	Grande	700	165	5.3	2.6	24.4	23.3	1.1	4.8	0.29	85.5
Blonde Caramel Macchiato – coconut drink	Venti	876	207	6.6	3.2	30.8	29.6	1.4	6	0.36	85.5
Blonde Caramel Macchiato – lactose-free milk	Short	377	90	2.9	1.7	10.9	10.2	0.1	4.9	0.14	42.7
Blonde Caramel Macchiato – lactose-free milk	Tall	597	142	4.4	2.6	17.7	17	0.1	7.8	0.21	42.7
Blonde Caramel Macchiato – lactose-free milk	Grande	780	186	5.4	3.2	23.7	22.6	0.3	10.2	0.27	85.5
Blonde Caramel Macchiato – lactose-free milk	Venti	979	233	6.7	4	29.9	28.7	0.3	13	0.33	85.5
Decaf Caramel Macchiato – semi skimmed milk	Short	485	116	4.5	2.7	13.8	13	0.1	5	0.16	1.8
Decaf Caramel Macchiato – semi skimmed milk	Tall	770	185	6.9	4.2	22.3	21.4	0.1	8	0.26	1.8
Decaf Caramel Macchiato – semi skimmed milk	Grande	1005	241	8.7	5.3	29.8	28.2	0.2	10.4	0.32	3.6
Decaf Caramel Macchiato – semi skimmed milk	Venti	1267	304	10.9	6.7	37.5	35.9	0.2	13.3	0.41	3.6
Decaf Caramel Macchiato – skimmed milk	Short	348	82	0.9	0.6	13.8	13	0.1	4.8	1.45	1.8
Decaf Caramel Macchiato – skimmed milk	Tall	550	129	1.1	0.8	22.3	21.4	0.1	7.6	2.32	1.8
Decaf Caramel Macchiato – skimmed milk	Grande	721	170	1.3	0.9	29.8	28.2	0.2	9.8	3.00	3.6
Decaf Caramel Macchiato – skimmed milk	Venti	901	212	1.4	1	37.5	35.9	0.2	12.6	3.85	3.6
Decaf Caramel Macchiato – almond drink	Short	290	71	2.4	0.6	10.3	9.5	0.4	0.9	0.13	1.8
Decaf Caramel Macchiato – almond drink	Tall	456	111	3.6	0.8	16.7	15.8	0.6	1.3	0.19	1.8
Decaf Caramel Macchiato – almond drink	Grande	599	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato – almond drink	Venti	744	181	5.5	0.9	28.2	26.6	1	2.2	0.30	3.6
Decaf Caramel Macchiato – soya drink	Short	391	93	3.4	0.9	10.4	9.5	1	4.8	0.15	1.8
Decaf Caramel Macchiato – soya drink	Tall	619	148	5.2	1.2	16.9	15.7	1.5	7.6	0.23	1.8
Decaf Caramel Macchiato – soya drink	Grande	810	193	6.5	1.4	22.8	20.9	2	9.9	0.29	3.6
Decaf Caramel Macchiato – soya drink	Venti	1015	242	8	1.7	28.5	26.5	2.5	12.6	0.36	3.6
Decaf Caramel Macchiato – oat drink	Short	491	116	5	0.9	16.1	10.5	1.5	1.3	0.20	1.8
Decaf Caramel Macchiato – oat drink	Tall	780	185	7.8	1.2	26	17.5	2.3	2	0.31	1.8
Decaf Caramel Macchiato – oat drink	Grande	1017	241	9.9	1.4	34.5	23.2	3.1	2.7	0.40	3.6
Decaf Caramel Macchiato – oat drink	Venti	1283	304	12.5	1.7	43.6	29.4	3.9	3.3	0.50	3.6
Decaf Caramel Macchiato – coconut drink	Short	341	81	2.8	1.4	11.4	10.6	0.5	2.3	0.15	1.8
Decaf Caramel Macchiato – coconut drink	Tall	538	127	4.3	2.1	18.5	17.6	0.8	3.6	0.23	1.8
Decaf Caramel Macchiato – coconut drink	Grande	706	167	5.3	2.6	24.8	23.3	1.1	4.7	0.29	3.6
Decaf Caramel Macchiato – coconut drink	Venti	882	208	6.6	3.2	31.2	29.6	1.3	6	0.36	3.6
Decaf Caramel Macchiato – lactose-free milk	Short	379	91	2.9	1.7	11.1	10.3	0.1	4.9	0.14	1.8
Decaf Caramel Macchiato – lactose-free milk	Tall	600	143	4.4	2.6	18	17	0.1	7.8	0.21	1.8
Decaf Caramel Macchiato – lactose-free milk	Grande	786	187	5.4	3.2	24.1	22.6	0.2	10.1	0.27	3.6
Decaf Caramel Macchiato – lactose-free milk	Venti	985	235	6.7	4	30.3	28.7	0.2	12.9	0.33	3.6
Blonde Mocha – semi skimmed milk	Short	553	133	7.3	4.4	11.6	10.9	1	4.7	0.12	48.8
Blonde Mocha – semi skimmed milk	Tall	933	224	11.1	6.8	21.3	20.3	1.9	8.5	0.22	54.9
Blonde Mocha – semi skimmed milk	Grande	1162	279	12.8	7.8	28.6	26.9	3	10.6	0.26	103.7

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Mocha – semi skimmed milk	Venti	1509	362	16	9.7	38	35.9	3.9	14.3	0.35	109.8
Blonde Mocha – skimmed milk	Short	449	107	4.6	2.8	11.6	10.9	1	4.4	1.09	48.8
Blonde Mocha – skimmed milk	Tall	741	176	6.1	3.8	21.3	20.3	1.9	8.1	2.02	54.9
Blonde Mocha – skimmed milk	Grande	932	222	6.8	4.2	28.6	26.9	3	10.1	2.41	103.7
Blonde Mocha – skimmed milk	Venti	1192	283	7.7	4.8	38	35.9	3.9	13.7	3.32	109.8
Blonde Mocha – almond drink	Short	405	99	5.7	2.8	9	8.3	1.2	1.5	0.09	48.8
Blonde Mocha – almond drink	Tall	659	160	8.3	3.7	16.4	15.4	2.3	2.7	0.16	54.9
Blonde Mocha – almond drink	Grande	834	202	9.4	4.2	22.7	21	3.4	3.6	0.19	103.7
Blonde Mocha – almond drink	Venti	1057	257	11.3	4.7	29.9	27.9	4.5	4.7	0.26	109.8
Blonde Mocha – soya drink	Short	482	116	6.4	3	9.1	8.3	1.7	4.5	0.11	48.8
Blonde Mocha – soya drink	Tall	801	192	9.6	4.1	16.6	15.4	3.1	8.1	0.19	54.9
Blonde Mocha – soya drink	Grande	1004	241	11	4.6	22.9	21	4.4	10.2	0.23	103.7
Blonde Mocha – soya drink	Venti	1291	309	13.5	5.4	30.2	27.8	5.8	13.7	0.31	109.8
Blonde Mocha – oat drink	Short	557	133	7.7	3	13.3	9.1	2.1	1.8	0.15	48.8
Blonde Mocha – oat drink	Tall	941	224	12	4.1	24.5	16.9	3.9	3.2	0.27	54.9
Blonde Mocha – oat drink	Grande	1172	279	13.8	4.6	32.4	22.8	5.3	4.3	0.32	103.7
Blonde Mocha – oat drink	Venti	1522	362	17.3	5.4	43.2	30.3	7.1	5.7	0.43	109.8
Blonde Mocha – coconut drink	Short	444	106	6	3.4	9.8	9.1	1.3	2.6	0.11	48.8
Blonde Mocha – coconut drink	Tall	731	174	8.9	4.9	18	17	2.5	4.6	0.19	54.9
Blonde Mocha – coconut drink	Grande	920	219	10.1	5.6	24.6	22.9	3.7	6	0.23	103.7
Blonde Mocha – coconut drink	Venti	1176	280	12.2	6.7	32.5	30.4	4.8	7.9	0.31	109.8
Blonde Mocha – lactose-free milk	Short	473	114	6.1	3.6	9.6	8.9	1	4.5	0.10	48.8
Blonde Mocha – lactose-free milk	Tall	785	188	8.9	5.4	17.5	16.5	1.9	8.3	0.18	54.9
Blonde Mocha – lactose-free milk	Grande	985	236	10.2	6.1	24	22.3	3	10.4	0.21	103.7
Blonde Mocha – lactose-free milk	Venti	1265	303	12.3	7.4	31.7	29.7	3.9	14	0.29	109.8
Decaf Mocha – semi skimmed milk	Short	632	152	7.3	4.4	15.8	14.6	1.9	4.6	0.10	14
Decaf Mocha – semi skimmed milk	Tall	970	233	10.7	6.5	24.6	23.1	2.8	7.8	0.18	20
Decaf Mocha – semi skimmed milk	Grande	1242	298	12.8	7.8	32.9	30.5	3.8	10.5	0.24	27.9
Decaf Mocha – semi skimmed milk	Venti	1578	378	15.9	9.7	42	39.3	4.7	14	0.33	34
Decaf Mocha – skimmed milk	Short	547	130	5.1	3.1	15.8	14.6	1.9	4.4	0.90	14
Decaf Mocha – skimmed milk	Tall	813	193	6.6	4	24.6	23.1	2.8	7.5	1.65	20
Decaf Mocha – skimmed milk	Grande	1031	245	7.3	4.5	32.9	30.5	3.8	10.1	2.22	27.9
Decaf Mocha – skimmed milk	Venti	1286	305	8.3	5.1	42	39.3	4.7	13.4	3.06	34
Decaf Mocha – almond drink	Short	511	123	6	3.1	13.7	12.4	2.1	2	0.08	14
Decaf Mocha – almond drink	Tall	746	180	8.4	4	20.7	19.1	3.1	3.1	0.14	20
Decaf Mocha – almond drink	Grande	941	228	9.7	4.5	27.5	25.1	4.2	4.1	0.18	27.9
Decaf Mocha – almond drink	Venti	1162	281	11.6	5.1	34.6	31.9	5.3	5.2	0.24	34
Decaf Mocha – soya drink	Short	574	138	6.6	3.2	13.7	12.4	2.4	4.5	0.09	14
Decaf Mocha – soya drink	Tall	862	207	9.5	4.4	20.8	19.1	3.8	7.5	0.16	20
Decaf Mocha – soya drink	Grande	1097	263	11.2	4.9	27.7	25.1	5.1	10.1	0.21	27.9
Decaf Mocha – soya drink	Venti	1377	330	13.6	5.7	34.9	31.8	6.5	13.5	0.29	34
Decaf Mocha – oat drink	Short	636	152	7.7	3.2	17.2	13.1	2.8	2.3	0.13	14
Decaf Mocha – oat drink	Tall	977	233	11.4	4.4	27.3	20.3	4.4	3.6	0.22	20
Decaf Mocha – oat drink	Grande	1251	298	13.7	4.9	36.4	26.8	5.9	4.8	0.30	27.9
Decaf Mocha – oat drink	Venti	1590	378	17.2	5.7	46.9	34.1	7.7	6.1	0.40	34

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Mocha – coconut drink	Short	543	130	6.3	3.6	14.3	13.1	2.2	2.9	0.09	14
Decaf Mocha – coconut drink	Tall	805	192	8.9	5	21.9	20.4	3.3	4.7	0.16	20
Decaf Mocha – coconut drink	Grande	1020	243	10.3	5.8	29.2	26.8	4.5	6.3	0.21	27.9
Decaf Mocha – coconut drink	Venti	1271	302	12.5	6.9	37	34.2	5.6	8.2	0.29	34
Decaf Mocha – lactose-free milk	Short	567	136	6.3	3.8	14.1	12.9	1.9	4.5	0.09	14
Decaf Mocha – lactose-free milk	Tall	849	203	8.9	5.3	21.5	20	2.8	7.7	0.15	20
Decaf Mocha – lactose-free milk	Grande	1080	258	10.4	6.2	28.7	26.3	3.8	10.3	0.20	27.9
Decaf Mocha – lactose-free milk	Venti	1353	324	12.6	7.5	36.3	33.5	4.7	13.7	0.27	34
Blonde White Mocha – semi skimmed milk	Short	620	149	7.6	4.8	15.1	14.7	0.1	4.7	0.19	42.7
Blonde White Mocha – semi skimmed milk	Tall	1032	247	11.5	7.3	27.5	27.2	0.2	8.1	0.35	42.7
Blonde White Mocha – semi skimmed milk	Grande	1316	315	13.4	8.7	38	37.3	0.3	10.2	0.46	85.5
Blonde White Mocha – semi skimmed milk	Venti	1710	409	16.8	10.9	50.4	49.7	0.3	13.6	0.62	85.5
Blonde White Mocha – skimmed milk	Short	515	123	4.9	3.2	15.1	14.7	0.1	4.5	1.18	42.7
Blonde White Mocha – skimmed milk	Tall	850	202	6.8	4.5	27.5	27.2	0.2	7.8	2.06	42.7
Blonde White Mocha – skimmed milk	Grande	1100	261	7.8	5.3	38	37.3	0.3	9.7	2.50	85.5
Blonde White Mocha – skimmed milk	Venti	1414	335	9.1	6.3	50.4	49.7	0.3	13	3.39	85.5
Blonde White Mocha – almond drink	Short	470	114	6.1	3.2	12.4	12.1	0.4	1.6	0.16	42.7
Blonde White Mocha – almond drink	Tall	773	187	8.8	4.5	22.9	22.5	0.5	2.6	0.30	42.7
Blonde White Mocha – almond drink	Grande	1007	243	10.2	5.3	32.5	31.8	0.7	3.6	0.40	85.5
Blonde White Mocha – almond drink	Venti	1288	311	12.4	6.3	42.9	42.2	0.9	4.7	0.54	85.5
Blonde White Mocha – soya drink	Short	548	131	6.8	3.4	12.5	12	0.8	4.5	0.18	42.7
Blonde White Mocha – soya drink	Tall	907	217	10.1	4.9	23.1	22.5	1.3	7.8	0.33	42.7
Blonde White Mocha – soya drink	Grande	1167	279	11.7	5.7	32.7	31.7	1.6	9.8	0.43	85.5
Blonde White Mocha – soya drink	Venti	1506	360	14.4	6.9	43.1	42.1	2.1	13.1	0.58	85.5
Blonde White Mocha – oat drink	Short	624	149	8.1	3.4	16.9	12.9	1.2	1.9	0.22	42.7
Blonde White Mocha – oat drink	Tall	1040	247	12.3	4.9	30.6	24	2	3.2	0.40	42.7
Blonde White Mocha – oat drink	Grande	1325	315	14.3	5.7	41.6	33.4	2.5	4.3	0.52	85.5
Blonde White Mocha – oat drink	Venti	1722	409	18	6.9	55.3	44.4	3.3	5.6	0.70	85.5
Blonde White Mocha – coconut drink	Short	509	121	6.4	3.8	13.3	12.9	0.5	2.6	0.18	42.7
Blonde White Mocha – coconut drink	Tall	841	200	9.3	5.6	24.4	24	0.7	4.5	0.33	42.7
Blonde White Mocha – coconut drink	Grande	1088	259	10.9	6.6	34.2	33.5	1	5.8	0.43	85.5
Blonde White Mocha – coconut drink	Venti	1399	332	13.3	8.1	45.3	44.5	1.2	7.7	0.58	85.5
Blonde White Mocha – lactose-free milk	Short	539	129	6.4	4	13	12.7	0.1	4.6	0.17	42.7
Blonde White Mocha – lactose-free milk	Tall	892	213	9.4	6	23.9	23.6	0.2	8	0.31	42.7
Blonde White Mocha – lactose-free milk	Grande	1149	275	10.9	7.1	33.7	33	0.3	9.9	0.42	85.5
Blonde White Mocha – lactose-free milk	Venti	1482	354	13.4	8.8	44.6	43.8	0.3	13.3	0.56	85.5
Decaf White Mocha – semi skimmed milk	Short	783	187	8.2	5.4	23.1	22.6	0.1	5	0.26	1.8
Decaf White Mocha – semi skimmed milk	Tall	1193	285	12.1	7.9	35.5	34.9	0.1	8.4	0.42	1.8
Decaf White Mocha – semi skimmed milk	Grande	1519	363	14.4	9.5	47	45.9	0.3	11	0.54	3.6
Decaf White Mocha – semi skimmed milk	Venti	1897	454	17.6	11.6	59.1	57.9	0.3	14.2	0.69	3.6
Decaf White Mocha – skimmed milk	Short	687	163	5.7	3.9	23.1	22.6	0.1	4.8	1.16	1.8
Decaf White Mocha – skimmed milk	Tall	1021	242	7.6	5.2	35.5	34.9	0.1	8	2.03	1.8
Decaf White Mocha – skimmed milk	Grande	1296	308	8.6	6	47	45.9	0.3	10.5	2.63	3.6
Decaf White Mocha – skimmed milk	Venti	1602	380	9.9	7	59.1	57.9	0.3	13.6	3.46	3.6
Decaf White Mocha – almond drink	Short	646	155	6.8	3.9	20.7	20.1	0.3	2.1	0.23	1.8

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf White Mocha – almond drink	Tall	948	228	9.5	5.2	31.1	30.6	0.5	3.2	0.37	1.8
Decaf White Mocha – almond drink	Grande	1202	289	11.1	6	41.3	40.2	0.7	4.2	0.48	3.6
Decaf White Mocha – almond drink	Venti	1476	355	13.2	7	51.6	50.4	0.9	5.3	0.61	3.6
Decaf White Mocha – soya drink	Short	717	171	7.5	4	20.7	20.1	0.7	4.8	0.25	1.8
Decaf White Mocha – soya drink	Tall	1075	257	10.7	5.5	31.3	30.5	1.2	8.1	0.39	1.8
Decaf White Mocha – soya drink	Grande	1366	326	12.7	6.5	41.5	40.2	1.6	10.5	0.51	3.6
Decaf White Mocha – soya drink	Venti	1694	404	15.3	7.6	51.8	50.4	2.1	13.6	0.66	3.6
Decaf White Mocha – oat drink	Short	787	187	8.6	4	24.7	20.8	1.1	2.4	0.28	1.8
Decaf White Mocha – oat drink	Tall	1200	285	12.8	5.5	38.4	31.9	1.9	3.7	0.46	1.8
Decaf White Mocha – oat drink	Grande	1528	363	15.4	6.5	50.7	41.9	2.5	4.9	0.60	3.6
Decaf White Mocha – oat drink	Venti	1910	454	18.9	7.6	64	52.7	3.2	6.1	0.77	3.6
Decaf White Mocha – coconut drink	Short	682	162	7.1	4.4	21.4	20.9	0.4	3.1	0.25	1.8
Decaf White Mocha – coconut drink	Tall	1012	241	10	6.3	32.5	32	0.7	4.9	0.39	1.8
Decaf White Mocha – coconut drink	Grande	1285	305	11.8	7.4	43.1	42	0.9	6.5	0.51	3.6
Decaf White Mocha – coconut drink	Venti	1587	377	14.1	8.8	53.9	52.8	1.2	8.3	0.66	3.6
Decaf White Mocha – lactose-free milk	Short	709	169	7.1	4.7	21.2	20.6	0.1	4.9	0.24	1.8
Decaf White Mocha – lactose-free milk	Tall	1061	253	10.1	6.6	32.1	31.5	0.1	8.2	0.38	1.8
Decaf White Mocha – lactose-free milk	Grande	1347	321	11.9	7.9	42.6	41.5	0.3	10.7	0.50	3.6
Decaf White Mocha – lactose-free milk	Venti	1670	398	14.2	9.5	53.2	52.1	0.3	13.9	0.63	3.6
Blonde Espresso Macchiato Doppio – semi skimmed milk	Double	64	16	0.6	0.3	1.6	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato Doppio – skimmed milk	Double	48	12	0.2	0.1	1.6	0.9	0.3	0.8	0.16	85.5
Blonde Espresso Macchiato Doppio – almond drink	Double	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato Doppio – soya drink	Double	53	13	0.4	0.1	1.2	0.5	0.4	0.8	0.02	85.5
Blonde Espresso Macchiato Doppio – oat drink	Double	64	16	0.6	0.1	1.8	0.6	0.4	0.4	0.02	85.5
Blonde Espresso Macchiato Doppio – coconut drink	Double	47	12	0.4	0.2	1.3	0.6	0.3	0.6	0.02	85.5
Blonde Espresso Macchiato Doppio – lactose-free milk	Double	52	13	0.4	0.2	1.3	0.6	0.3	0.9	0.01	85.5
Decaf Espresso Macchiato Doppio – semi skimmed milk	Double	70	17	0.6	0.3	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato Doppio – skimmed milk	Double	54	13	0.2	0.1	2	0.9	0.2	0.8	0.16	3.6
Decaf Espresso Macchiato Doppio – almond drink	Double	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato Doppio – soya drink	Double	59	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato Doppio – oat drink	Double	70	17	0.6	0.1	2.2	0.6	0.4	0.4	0.02	3.6
Decaf Espresso Macchiato Doppio – coconut drink	Double	53	13	0.4	0.2	1.7	0.6	0.3	0.5	0.02	3.6
Decaf Espresso Macchiato Doppio – lactose-free milk	Double	58	14	0.4	0.2	1.7	0.6	0.2	0.8	0.01	3.6
Blonde Flat White – semi skimmed milk	Short	280	68	2.9	1.8	6	5.4	0.3	4	0.11	85.5
Blonde Flat White – skimmed milk	Short	177	42	0.2	0.2	6	5.4	0.3	3.8	1.08	85.5
Blonde Flat White – almond drink	Short	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5
Blonde Flat White – soya drink	Short	209	50	2.1	0.4	3.5	2.7	0.9	3.8	0.10	85.5
Blonde Flat White – oat drink	Short	284	68	3.4	0.4	7.7	3.5	1.3	1.2	0.14	85.5
Blonde Flat White – coconut drink	Short	171	41	1.7	0.8	4.2	3.6	0.6	1.9	0.10	85.5
Blonde Flat White – lactose-free milk	Short	200	48	1.7	1	4	3.3	0.3	3.9	0.09	85.5
Decaf Flat White – semi skimmed milk	Short	286	69	2.9	1.8	6.4	5.4	0.2	3.9	0.11	3.6
Decaf Flat White – skimmed milk	Short	183	43	0.2	0.2	6.4	5.4	0.2	3.7	1.08	3.6
Decaf Flat White – almond drink	Short	139	35	1.4	0.2	3.8	2.8	0.4	0.8	0.08	3.6
Decaf Flat White – soya drink	Short	215	52	2.1	0.4	3.9	2.7	0.9	3.7	0.10	3.6
Decaf Flat White – oat drink	Short	290	69	3.4	0.4	8.2	3.6	1.3	1.1	0.14	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Flat White – coconut drink	Short	177	42	1.7	0.8	4.6	3.6	0.5	1.9	0.10	3.6
Decaf Flat White – lactose-free milk	Short	206	50	1.7	1	4.4	3.3	0.2	3.8	0.09	3.6
Blonde Café Crème	Short	53	13	0.1	0.1	2.4	0.1	0	0.7	0.01	186.8
Decaf Café Crème	Short	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Cold Coffee											
Decaf Iced Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Blonde Iced Latte – semi skimmed milk	Tall	440	106	4.8	2.9	9.2	8.9	0.1	6.3	0.18	42.7
Blonde Iced Latte – semi skimmed milk	Grande	620	149	6.7	4.1	13.1	12.4	0.3	8.8	0.25	85.5
Blonde Iced Latte – semi skimmed milk	Venti	677	163	7.3	4.4	14.2	13.6	0.3	9.7	0.28	85.5
Blonde Iced Latte – skimmed milk	Tall	267	63	0.2	0.2	9.2	8.9	0.1	5.9	1.80	42.7
Blonde Iced Latte – skimmed milk	Grande	379	89	0.4	0.3	13.1	12.4	0.3	8.3	2.51	85.5
Blonde Iced Latte – skimmed milk	Venti	413	97	0.4	0.3	14.2	13.6	0.3	9.1	2.75	85.5
Blonde Iced Latte – almond drink	Tall	193	48	2.2	0.2	4.8	4.5	0.5	1	0.13	42.7
Blonde Iced Latte – almond drink	Grande	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte – almond drink	Venti	300	75	3.4	0.3	7.5	6.9	0.8	1.7	0.20	85.5
Blonde Iced Latte – soya drink	Tall	321	77	3.4	0.5	5	4.4	1.2	6	0.16	42.7
Blonde Iced Latte – soya drink	Grande	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte – soya drink	Venti	496	119	5.2	0.8	7.8	6.8	1.9	9.2	0.24	85.5
Blonde Iced Latte – oat drink	Tall	447	106	5.5	0.5	12.1	5.8	1.9	1.6	0.23	42.7
Blonde Iced Latte – oat drink	Grande	630	149	7.7	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte – oat drink	Venti	688	163	8.4	0.8	18.7	8.9	2.9	2.5	0.35	85.5
Blonde Iced Latte – coconut drink	Tall	258	61	2.7	1.3	6.2	5.9	0.7	2.8	0.16	42.7
Blonde Iced Latte – coconut drink	Grande	366	87	3.8	1.8	8.9	8.2	1	4	0.22	85.5
Blonde Iced Latte – coconut drink	Venti	399	94	4.2	1.9	9.7	9	1.1	4.4	0.24	85.5
Blonde Iced Latte – lactose-free milk	Tall	306	73	2.8	1.6	5.8	5.5	0.1	6.1	0.14	42.7
Blonde Iced Latte – lactose-free milk	Grande	434	104	3.9	2.3	8.3	7.6	0.3	8.6	0.20	85.5
Blonde Iced Latte – lactose-free milk	Venti	474	114	4.3	2.5	9	8.3	0.3	9.4	0.22	85.5
Decaf Iced Latte – semi skimmed milk	Tall	443	107	4.8	2.9	9.4	8.9	0.1	6.3	0.18	1.8
Decaf Iced Latte – semi skimmed milk	Grande	625	151	6.7	4.1	13.5	12.4	0.2	8.8	0.25	3.6
Decaf Iced Latte – semi skimmed milk	Venti	683	165	7.3	4.4	14.7	13.6	0.2	9.6	0.28	3.6
Decaf Iced Latte – skimmed milk	Tall	270	63	0.2	0.2	9.4	8.9	0.1	5.9	1.80	1.8
Decaf Iced Latte – skimmed milk	Grande	385	90	0.4	0.3	13.5	12.4	0.2	8.3	2.51	3.6
Decaf Iced Latte – skimmed milk	Venti	419	98	0.4	0.3	14.7	13.6	0.2	9.1	2.75	3.6
Decaf Iced Latte – almond drink	Tall	196	49	2.2	0.2	5	4.5	0.5	1	0.13	1.8
Decaf Iced Latte – almond drink	Grande	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte – almond drink	Venti	306	76	3.4	0.3	7.9	6.9	0.8	1.6	0.20	3.6
Decaf Iced Latte – soya drink	Tall	324	78	3.4	0.5	5.2	4.5	1.2	5.9	0.16	1.8
Decaf Iced Latte – soya drink	Grande	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte – soya drink	Venti	502	120	5.2	0.8	8.2	6.8	1.8	9.1	0.24	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Iced Latte – oat drink	Tall	450	107	5.5	0.5	12.3	5.8	1.9	1.5	0.23	1.8
Decaf Iced Latte – oat drink	Grande	635	151	7.7	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte – oat drink	Venti	694	165	8.4	0.8	19.1	8.9	2.9	2.4	0.35	3.6
Decaf Iced Latte – coconut drink	Tall	261	62	2.7	1.3	6.4	5.9	0.6	2.8	0.16	1.8
Decaf Iced Latte – coconut drink	Grande	372	88	3.8	1.8	9.3	8.2	1	4	0.22	3.6
Decaf Iced Latte – coconut drink	Venti	405	96	4.2	1.9	10.1	9	1	4.3	0.24	3.6
Decaf Iced Latte – lactose-free milk	Tall	309	74	2.8	1.6	6	5.5	0.1	6.1	0.14	1.8
Decaf Iced Latte – lactose-free milk	Grande	440	105	3.9	2.3	8.7	7.6	0.2	8.5	0.20	3.6
Decaf Iced Latte – lactose-free milk	Venti	480	115	4.3	2.5	9.4	8.4	0.2	9.4	0.22	3.6
Blonde Classic Iced Cappuccino – semi skimmed milk	Tall	380	92	4.1	2.5	8	7.6	0.1	5.4	0.16	42.7
Blonde Classic Iced Cappuccino – semi skimmed milk	Grande	514	124	5.5	3.3	10.9	10.2	0.3	7.3	0.21	85.5
Blonde Classic Iced Cappuccino – semi skimmed milk	Venti	603	145	6.5	3.9	12.7	12	0.3	8.6	0.25	85.5
Blonde Classic Iced Cappuccino – skimmed milk	Tall	231	54	0.2	0.2	8	7.6	0.1	5.1	1.55	42.7
Blonde Classic Iced Cappuccino – skimmed milk	Grande	316	74	0.3	0.3	10.9	10.2	0.3	6.9	2.06	85.5
Blonde Classic Iced Cappuccino – skimmed milk	Venti	369	87	0.4	0.3	12.7	12	0.3	8.1	2.44	85.5
Blonde Classic Iced Cappuccino – almond drink	Tall	168	42	1.9	0.2	4.2	3.9	0.4	0.9	0.11	42.7
Blonde Classic Iced Cappuccino – almond drink	Grande	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5
Blonde Classic Iced Cappuccino – almond drink	Venti	269	67	3	0.3	6.8	6.1	0.8	1.5	0.18	85.5
Blonde Classic Iced Cappuccino – soya drink	Tall	278	67	2.9	0.5	4.3	3.8	1.1	5.2	0.14	42.7
Blonde Classic Iced Cappuccino – soya drink	Grande	378	91	3.9	0.6	6	5.1	1.5	7	0.18	85.5
Blonde Classic Iced Cappuccino – soya drink	Venti	442	106	4.6	0.8	7	6	1.7	8.2	0.21	85.5
Blonde Classic Iced Cappuccino – oat drink	Tall	386	92	4.7	0.5	10.5	5	1.6	1.4	0.19	42.7
Blonde Classic Iced Cappuccino – oat drink	Grande	522	124	6.3	0.6	14.2	6.7	2.3	1.9	0.26	85.5
Blonde Classic Iced Cappuccino – oat drink	Venti	613	145	7.5	0.8	16.6	7.9	2.6	2.2	0.31	85.5
Blonde Classic Iced Cappuccino – coconut drink	Tall	224	53	2.3	1.1	5.4	5.1	0.6	2.4	0.14	42.7
Blonde Classic Iced Cappuccino – coconut drink	Grande	305	72	3.2	1.5	7.4	6.8	0.9	3.3	0.18	85.5
Blonde Classic Iced Cappuccino – coconut drink	Venti	357	84	3.7	1.7	8.7	8	1	3.9	0.21	85.5
Blonde Classic Iced Cappuccino – lactose-free milk	Tall	265	64	2.4	1.4	5	4.7	0.1	5.3	0.12	42.7
Blonde Classic Iced Cappuccino – lactose-free milk	Grande	361	87	3.2	1.9	6.9	6.3	0.3	7.1	0.17	85.5
Blonde Classic Iced Cappuccino – lactose-free milk	Venti	423	101	3.8	2.2	8.1	7.4	0.3	8.4	0.20	85.5
Decaf Classic Iced Cappuccino – semi skimmed milk	Tall	383	92	4.1	2.5	8.2	7.7	0.1	5.4	0.16	1.8
Decaf Classic Iced Cappuccino – semi skimmed milk	Grande	520	125	5.5	3.3	11.3	10.2	0.2	7.3	0.21	3.6
Decaf Classic Iced Cappuccino – semi skimmed milk	Venti	609	147	6.5	3.9	13.1	12.1	0.2	8.6	0.25	3.6
Decaf Classic Iced Cappuccino – skimmed milk	Tall	234	55	0.2	0.2	8.2	7.7	0.1	5.1	1.55	1.8
Decaf Classic Iced Cappuccino – skimmed milk	Grande	322	76	0.3	0.3	11.3	10.2	0.2	6.9	2.06	3.6
Decaf Classic Iced Cappuccino – skimmed milk	Venti	375	88	0.4	0.3	13.1	12.1	0.2	8.1	2.44	3.6
Decaf Classic Iced Cappuccino – almond drink	Tall	171	43	1.9	0.2	4.4	3.9	0.4	0.9	0.11	1.8
Decaf Classic Iced Cappuccino – almond drink	Grande	237	59	2.6	0.2	6.2	5.2	0.6	1.3	0.15	3.6
Decaf Classic Iced Cappuccino – almond drink	Venti	275	69	3	0.3	7.2	6.1	0.7	1.5	0.18	3.6
Decaf Classic Iced Cappuccino – soya drink	Tall	281	67	2.9	0.5	4.5	3.8	1	5.1	0.14	1.8
Decaf Classic Iced Cappuccino – soya drink	Grande	383	92	3.9	0.6	6.4	5.1	1.4	6.9	0.18	3.6
Decaf Classic Iced Cappuccino – soya drink	Venti	448	108	4.6	0.8	7.4	6.1	1.7	8.1	0.21	3.6
Decaf Classic Iced Cappuccino – oat drink	Tall	389	92	4.7	0.5	10.7	5	1.6	1.3	0.19	1.8
Decaf Classic Iced Cappuccino – oat drink	Grande	528	125	6.3	0.6	14.6	6.7	2.2	1.9	0.26	3.6
Decaf Classic Iced Cappuccino – oat drink	Venti	619	147	7.5	0.8	17	7.9	2.6	2.2	0.31	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Classic Iced Cappuccino – coconut drink	Tall	226	53	2.3	1.1	5.6	5.1	0.6	2.4	0.14	1.8
Decaf Classic Iced Cappuccino – coconut drink	Grande	311	74	3.2	1.5	7.8	6.8	0.8	3.3	0.18	3.6
Decaf Classic Iced Cappuccino – coconut drink	Venti	363	86	3.7	1.7	9.1	8	0.9	3.9	0.21	3.6
Decaf Classic Iced Cappuccino – lactose-free milk	Tall	268	64	2.4	1.4	5.2	4.7	0.1	5.3	0.12	1.8
Decaf Classic Iced Cappuccino – lactose-free milk	Grande	367	88	3.2	1.9	7.4	6.3	0.2	7.1	0.17	3.6
Decaf Classic Iced Cappuccino – lactose-free milk	Venti	429	103	3.8	2.2	8.5	7.4	0.2	8.3	0.20	3.6
Blonde Iced Latte Macchiato – semi skimmed milk	Tall	427	103	4.6	2.8	9	8.6	0.1	6.1	0.18	42.7
Blonde Iced Latte Macchiato – semi skimmed milk	Grande	639	154	6.9	4.2	13.5	12.8	0.3	9.1	0.26	85.5
Blonde Iced Latte Macchiato – semi skimmed milk	Venti	652	157	7	4.3	13.7	13.1	0.3	9.3	0.27	85.5
Blonde Iced Latte Macchiato – skimmed milk	Tall	259	61	0.2	0.2	9	8.6	0.1	5.8	1.75	42.7
Blonde Iced Latte Macchiato – skimmed milk	Grande	390	92	0.4	0.3	13.5	12.8	0.3	8.6	2.59	85.5
Blonde Iced Latte Macchiato – skimmed milk	Venti	398	94	0.4	0.3	13.7	13.1	0.3	8.8	2.65	85.5
Blonde Iced Latte Macchiato – almond drink	Tall	188	47	2.1	0.2	4.7	4.3	0.5	1	0.13	42.7
Blonde Iced Latte Macchiato – almond drink	Grande	284	71	3.2	0.3	7.1	6.5	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato – almond drink	Venti	290	72	3.3	0.3	7.3	6.6	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato – soya drink	Tall	312	75	3.3	0.5	4.8	4.3	1.2	5.8	0.15	42.7
Blonde Iced Latte Macchiato – soya drink	Grande	468	112	4.9	0.8	7.3	6.4	1.8	8.7	0.23	85.5
Blonde Iced Latte Macchiato – soya drink	Venti	477	115	5	0.8	7.5	6.5	1.8	8.8	0.23	85.5
Blonde Iced Latte Macchiato – oat drink	Tall	434	103	5.3	0.5	11.8	5.6	1.8	1.5	0.22	42.7
Blonde Iced Latte Macchiato – oat drink	Grande	649	154	7.9	0.8	17.6	8.4	2.8	2.3	0.32	85.5
Blonde Iced Latte Macchiato – oat drink	Venti	663	157	8.1	0.8	18	8.6	2.8	2.4	0.33	85.5
Blonde Iced Latte Macchiato – coconut drink	Tall	251	59	2.6	1.2	6	5.7	0.6	2.7	0.15	42.7
Blonde Iced Latte Macchiato – coconut drink	Grande	377	89	3.9	1.8	9.1	8.5	1	4.1	0.23	85.5
Blonde Iced Latte Macchiato – coconut drink	Venti	385	91	4	1.9	9.3	8.6	1	4.2	0.23	85.5
Blonde Iced Latte Macchiato – lactose-free milk	Tall	298	71	2.7	1.6	5.6	5.3	0.1	5.9	0.14	42.7
Blonde Iced Latte Macchiato – lactose-free milk	Grande	447	107	4	2.4	8.5	7.9	0.3	8.9	0.21	85.5
Blonde Iced Latte Macchiato – lactose-free milk	Venti	456	109	4.1	2.4	8.7	8	0.3	9	0.21	85.5
Decaf Iced Latte Macchiato – semi skimmed milk	Tall	430	104	4.6	2.8	9.2	8.6	0.1	6.1	0.18	1.8
Decaf Iced Latte Macchiato – semi skimmed milk	Grande	645	155	6.9	4.2	13.9	12.8	0.2	9.1	0.26	3.6
Decaf Iced Latte Macchiato – semi skimmed milk	Venti	658	158	7	4.3	14.1	13.1	0.2	9.3	0.27	3.6
Decaf Iced Latte Macchiato – skimmed milk	Tall	262	62	0.2	0.2	9.2	8.6	0.1	5.7	1.75	1.8
Decaf Iced Latte Macchiato – skimmed milk	Grande	396	93	0.4	0.3	13.9	12.8	0.2	8.6	2.59	3.6
Decaf Iced Latte Macchiato – skimmed milk	Venti	404	95	0.4	0.3	14.1	13.1	0.2	8.7	2.65	3.6
Decaf Iced Latte Macchiato – almond drink	Tall	191	48	2.1	0.2	4.9	4.4	0.5	1	0.13	1.8
Decaf Iced Latte Macchiato – almond drink	Grande	290	72	3.2	0.3	7.5	6.5	0.7	1.5	0.19	3.6
Decaf Iced Latte Macchiato – almond drink	Venti	296	74	3.3	0.3	7.7	6.6	0.7	1.6	0.19	3.6
Decaf Iced Latte Macchiato – soya drink	Tall	315	76	3.3	0.5	5	4.3	1.1	5.8	0.15	1.8
Decaf Iced Latte Macchiato – soya drink	Grande	474	114	4.9	0.8	7.7	6.4	1.8	8.6	0.23	3.6
Decaf Iced Latte Macchiato – soya drink	Venti	483	116	5	0.8	7.9	6.6	1.8	8.8	0.23	3.6
Decaf Iced Latte Macchiato – oat drink	Tall	437	104	5.3	0.5	12	5.7	1.8	1.5	0.22	1.8
Decaf Iced Latte Macchiato – oat drink	Grande	655	155	7.9	0.8	18	8.4	2.7	2.3	0.32	3.6
Decaf Iced Latte Macchiato – oat drink	Venti	668	158	8.1	0.8	18.4	8.6	2.8	2.3	0.33	3.6
Decaf Iced Latte Macchiato – coconut drink	Tall	254	60	2.6	1.2	6.2	5.7	0.6	2.7	0.15	1.8
Decaf Iced Latte Macchiato – coconut drink	Grande	383	91	3.9	1.8	9.5	8.5	1	4.1	0.23	3.6
Decaf Iced Latte Macchiato – coconut drink	Venti	391	92	4	1.9	9.7	8.7	1	4.2	0.23	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Iced Latte Macchiato – lactose-free milk	Tall	301	72	2.7	1.6	5.8	5.3	0.1	5.9	0.14	1.8
Decaf Iced Latte Macchiato – lactose-free milk	Grande	453	109	4	2.4	8.9	7.9	0.2	8.8	0.21	3.6
Decaf Iced Latte Macchiato – lactose-free milk	Venti	462	111	4.1	2.4	9.1	8	0.2	9	0.21	3.6
Blonde Iced Caramel Macchiato – semi skimmed milk	Tall	660	158	5.7	3.5	20.2	19.4	0.1	6.2	0.21	42.7
Blonde Iced Caramel Macchiato – semi skimmed milk	Grande	932	223	7.9	4.8	28.3	27.1	0.3	9.2	0.29	85.5
Blonde Iced Caramel Macchiato – semi skimmed milk	Venti	1006	241	8.1	4.9	32.2	30.9	0.3	9.4	0.30	85.5
Blonde Iced Caramel Macchiato – skimmed milk	Tall	492	116	1.3	0.9	20.2	19.4	0.1	5.8	1.78	42.7
Blonde Iced Caramel Macchiato – skimmed milk	Grande	683	161	1.4	1	28.3	27.1	0.3	8.7	2.62	85.5
Blonde Iced Caramel Macchiato – skimmed milk	Venti	752	177	1.5	1	32.2	30.9	0.3	8.9	2.68	85.5
Blonde Iced Caramel Macchiato – almond drink	Tall	420	102	3.2	0.9	16	15.2	0.5	1.1	0.16	42.7
Blonde Iced Caramel Macchiato – almond drink	Grande	577	140	4.2	1	22	20.8	0.8	1.7	0.22	85.5
Blonde Iced Caramel Macchiato – almond drink	Venti	643	156	4.3	1	25.7	24.4	0.8	1.7	0.23	85.5
Blonde Iced Caramel Macchiato – soya drink	Tall	544	130	4.4	1.2	16.1	15.1	1.2	5.9	0.19	42.7
Blonde Iced Caramel Macchiato – soya drink	Grande	761	182	6	1.5	22.2	20.7	1.8	8.7	0.26	85.5
Blonde Iced Caramel Macchiato – soya drink	Venti	831	198	6.1	1.5	25.9	24.4	1.8	8.9	0.27	85.5
Blonde Iced Caramel Macchiato – oat drink	Tall	667	158	6.4	1.2	23	16.5	1.8	1.6	0.25	42.7
Blonde Iced Caramel Macchiato – oat drink	Grande	942	223	9	1.5	32.5	22.7	2.8	2.4	0.36	85.5
Blonde Iced Caramel Macchiato – oat drink	Venti	1016	241	9.2	1.5	36.4	26.4	2.8	2.5	0.36	85.5
Blonde Iced Caramel Macchiato – coconut drink	Tall	483	114	3.7	1.9	17.3	16.5	0.6	2.8	0.19	42.7
Blonde Iced Caramel Macchiato – coconut drink	Grande	670	158	5	2.5	24	22.8	1	4.2	0.26	85.5
Blonde Iced Caramel Macchiato – coconut drink	Venti	738	174	5.1	2.5	27.8	26.5	1	4.3	0.27	85.5
Blonde Iced Caramel Macchiato – lactose-free milk	Tall	530	126	3.7	2.3	16.9	16.1	0.1	6	0.17	42.7
Blonde Iced Caramel Macchiato – lactose-free milk	Grande	740	177	5.1	3	23.4	22.2	0.3	8.9	0.24	85.5
Blonde Iced Caramel Macchiato – lactose-free milk	Venti	810	193	5.2	3.1	27.2	25.9	0.3	9.1	0.25	85.5
Decaf Iced Caramel Macchiato – semi skimmed milk	Tall	662	159	5.7	3.5	20.4	19.4	0.1	6.2	0.21	1.8
Decaf Iced Caramel Macchiato – semi skimmed milk	Grande	938	224	7.9	4.8	28.7	27.1	0.2	9.2	0.29	3.6
Decaf Iced Caramel Macchiato – semi skimmed milk	Venti	1011	242	8.1	4.9	32.6	30.9	0.2	9.3	0.30	3.6
Decaf Iced Caramel Macchiato – skimmed milk	Tall	494	117	1.3	0.9	20.4	19.4	0.1	5.8	1.78	1.8
Decaf Iced Caramel Macchiato – skimmed milk	Grande	689	162	1.4	1	28.7	27.1	0.2	8.6	2.62	3.6
Decaf Iced Caramel Macchiato – skimmed milk	Venti	757	178	1.5	1	32.6	30.9	0.2	8.8	2.68	3.6
Decaf Iced Caramel Macchiato – almond drink	Tall	423	103	3.2	0.9	16.2	15.2	0.5	1.1	0.16	1.8
Decaf Iced Caramel Macchiato – almond drink	Grande	583	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato – almond drink	Venti	649	157	4.3	1	26.1	24.5	0.7	1.7	0.23	3.6
Decaf Iced Caramel Macchiato – soya drink	Tall	547	131	4.4	1.2	16.3	15.1	1.1	5.9	0.19	1.8
Decaf Iced Caramel Macchiato – soya drink	Grande	767	183	6	1.5	22.6	20.8	1.8	8.7	0.26	3.6
Decaf Iced Caramel Macchiato – soya drink	Venti	837	200	6.1	1.5	26.4	24.4	1.8	8.9	0.27	3.6
Decaf Iced Caramel Macchiato – oat drink	Tall	669	159	6.4	1.2	23.2	16.5	1.8	1.6	0.25	1.8
Decaf Iced Caramel Macchiato – oat drink	Grande	948	224	9	1.5	32.9	22.7	2.7	2.4	0.36	3.6
Decaf Iced Caramel Macchiato – oat drink	Venti	1022	242	9.2	1.5	36.8	26.4	2.8	2.4	0.36	3.6
Decaf Iced Caramel Macchiato – coconut drink	Tall	486	115	3.7	1.9	17.5	16.5	0.6	2.8	0.19	1.8
Decaf Iced Caramel Macchiato – coconut drink	Grande	676	160	5	2.5	24.4	22.8	1	4.2	0.26	3.6
Decaf Iced Caramel Macchiato – coconut drink	Venti	744	176	5.1	2.5	28.2	26.5	1	4.2	0.27	3.6
Decaf Iced Caramel Macchiato – lactose-free milk	Tall	533	127	3.7	2.3	17.1	16.1	0.1	6	0.17	1.8
Decaf Iced Caramel Macchiato – lactose-free milk	Grande	746	178	5.1	3	23.8	22.2	0.2	8.9	0.24	3.6
Decaf Iced Caramel Macchiato – lactose-free milk	Venti	816	194	5.2	3.1	27.6	25.9	0.2	9.1	0.25	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Iced Mocha – semi skimmed milk	Tall	988	238	13.8	8.3	20.1	19.1	1.9	7.1	0.18	54.9
Blonde Iced Mocha – semi skimmed milk	Grande	1341	323	18.3	11	28.3	26.6	3	9.5	0.23	103.7
Blonde Iced Mocha – semi skimmed milk	Venti	1509	363	19.3	11.7	34.2	32.1	3.9	10.8	0.25	109.8
Blonde Iced Mocha – skimmed milk	Tall	840	201	9.9	6	20.1	19.1	1.9	6.8	1.56	54.9
Blonde Iced Mocha – skimmed milk	Grande	1152	275	13.3	8.1	28.3	26.6	3	9.1	2.00	103.7
Blonde Iced Mocha – skimmed milk	Venti	1301	311	13.9	8.4	34.2	32.1	3.9	10.4	2.20	109.8
Blonde Iced Mocha – almond drink	Tall	777	188	11.6	6	16.4	15.3	2.2	2.7	0.14	54.9
Blonde Iced Mocha – almond drink	Grande	1072	260	15.5	8.1	23.5	21.8	3.3	3.8	0.18	103.7
Blonde Iced Mocha – almond drink	Venti	1212	293	16.2	8.4	28.9	26.8	4.3	4.5	0.20	109.8
Blonde Iced Mocha – soya drink	Tall	886	213	12.6	6.3	16.5	15.3	2.8	6.8	0.16	54.9
Blonde Iced Mocha – soya drink	Grande	1211	291	16.8	8.4	23.6	21.7	4.1	9.2	0.21	103.7
Blonde Iced Mocha – soya drink	Venti	1366	328	17.7	8.8	29	26.8	5.1	10.4	0.23	109.8
Blonde Iced Mocha – oat drink	Tall	994	238	14.4	6.3	22.6	16.5	3.4	3.1	0.22	54.9
Blonde Iced Mocha – oat drink	Grande	1349	323	19.1	8.4	31.4	23.2	4.9	4.4	0.28	103.7
Blonde Iced Mocha – oat drink	Venti	1517	363	20.2	8.8	37.6	28.4	6	5.1	0.31	109.8
Blonde Iced Mocha – coconut drink	Tall	832	199	12	6.9	17.6	16.5	2.4	4.2	0.16	54.9
Blonde Iced Mocha – coconut drink	Grande	1142	273	16	9.2	25	23.3	3.5	5.7	0.21	103.7
Blonde Iced Mocha – coconut drink	Venti	1290	308	16.9	9.7	30.6	28.5	4.5	6.6	0.23	109.8
Blonde Iced Mocha – lactose-free milk	Tall	874	210	12.1	7.2	17.2	16.2	1.9	7	0.15	54.9
Blonde Iced Mocha – lactose-free milk	Grande	1196	287	16.1	9.6	24.5	22.8	3	9.3	0.19	103.7
Blonde Iced Mocha – lactose-free milk	Venti	1349	324	16.9	10.2	30	28	3.9	10.6	0.21	109.8
Decaf Iced Mocha – semi skimmed milk	Tall	1080	259	14	8.4	24.6	23	2.8	7.3	0.17	20
Decaf Iced Mocha – semi skimmed milk	Grande	1458	350	18.7	11.3	33.4	31	3.8	10	0.23	27.9
Decaf Iced Mocha – semi skimmed milk	Venti	1598	384	19.4	11.7	38.7	35.9	4.7	10.9	0.24	34
Decaf Iced Mocha – skimmed milk	Tall	945	226	10.5	6.3	24.6	23	2.8	7	1.43	20
Decaf Iced Mocha – skimmed milk	Grande	1273	304	13.9	8.4	33.4	31	3.8	9.6	1.97	27.9
Decaf Iced Mocha – skimmed milk	Venti	1405	335	14.4	8.7	38.7	35.9	4.7	10.5	2.05	34
Decaf Iced Mocha – almond drink	Tall	888	214	12	6.3	21.2	19.6	3.1	3.2	0.13	20
Decaf Iced Mocha – almond drink	Grande	1194	289	16	8.4	28.7	26.3	4.2	4.4	0.18	27.9
Decaf Iced Mocha – almond drink	Venti	1323	319	16.6	8.7	33.8	31	5.1	5	0.19	34
Decaf Iced Mocha – soya drink	Tall	987	237	12.9	6.6	21.3	19.6	3.6	7	0.15	20
Decaf Iced Mocha – soya drink	Grande	1331	320	17.3	8.8	28.9	26.2	4.9	9.6	0.21	27.9
Decaf Iced Mocha – soya drink	Venti	1466	351	17.9	9.1	34	31	5.9	10.5	0.22	34
Decaf Iced Mocha – oat drink	Tall	1086	259	14.5	6.6	26.8	20.6	4.2	3.6	0.20	20
Decaf Iced Mocha – oat drink	Grande	1466	350	19.5	8.8	36.5	27.7	5.7	4.9	0.28	27.9
Decaf Iced Mocha – oat drink	Venti	1606	384	20.3	9.1	41.9	32.5	6.7	5.6	0.29	34
Decaf Iced Mocha – coconut drink	Tall	938	224	12.4	7.2	22.2	20.7	3.2	4.6	0.15	20
Decaf Iced Mocha – coconut drink	Grande	1264	302	16.5	9.5	30.2	27.8	4.4	6.3	0.21	27.9
Decaf Iced Mocha – coconut drink	Venti	1395	333	17.2	9.9	35.4	32.6	5.3	7	0.22	34
Decaf Iced Mocha – lactose-free milk	Tall	976	234	12.4	7.5	21.9	20.4	2.8	7.1	0.14	20
Decaf Iced Mocha – lactose-free milk	Grande	1316	316	16.6	9.9	29.7	27.3	3.8	9.8	0.19	27.9
Decaf Iced Mocha – lactose-free milk	Venti	1450	347	17.2	10.3	34.9	32.1	4.7	10.7	0.20	34
Blonde Iced White Mocha – semi skimmed milk	Tall	1119	268	14.5	9.1	27	26.6	0.2	7.2	0.33	42.7
Blonde Iced White Mocha – semi skimmed milk	Grande	1563	375	19.6	12.4	39.1	38.4	0.3	10.1	0.47	85.5
Blonde Iced White Mocha – semi skimmed milk	Venti	1773	425	20.8	13.3	48	47.2	0.3	11.1	0.55	85.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Iced White Mocha – skimmed milk	Tall	968	231	10.6	6.8	27	26.6	0.2	6.9	1.74	42.7
Blonde Iced White Mocha – skimmed milk	Grande	1360	324	14.3	9.2	39.1	38.4	0.3	9.6	2.37	85.5
Blonde Iced White Mocha – skimmed milk	Venti	1559	371	15.2	10	48	47.2	0.3	10.6	2.56	85.5
Blonde Iced White Mocha – almond drink	Tall	904	218	12.3	6.8	23.2	22.8	0.5	2.7	0.29	42.7
Blonde Iced White Mocha – almond drink	Grande	1273	307	16.6	9.2	34	33.2	0.7	3.9	0.41	85.5
Blonde Iced White Mocha – almond drink	Venti	1467	353	17.6	10	42.5	41.8	0.7	4.6	0.49	85.5
Blonde Iced White Mocha – soya drink	Tall	1015	243	13.3	7.1	23.3	22.8	1.1	7	0.31	42.7
Blonde Iced White Mocha – soya drink	Grande	1423	341	18	9.6	34.1	33.2	1.5	9.7	0.44	85.5
Blonde Iced White Mocha – soya drink	Venti	1626	389	19.1	10.4	42.7	41.7	1.6	10.7	0.52	85.5
Blonde Iced White Mocha – oat drink	Tall	1125	268	15.1	7.1	29.5	24	1.7	3.1	0.37	42.7
Blonde Iced White Mocha – oat drink	Grande	1571	375	20.5	9.6	42.5	34.8	2.3	4.5	0.52	85.5
Blonde Iced White Mocha – oat drink	Venti	1782	425	21.7	10.4	51.5	43.4	2.5	5.2	0.61	85.5
Blonde Iced White Mocha – coconut drink	Tall	960	229	12.7	7.7	24.4	24	0.6	4.2	0.31	42.7
Blonde Iced White Mocha – coconut drink	Grande	1349	322	17.2	10.5	35.6	34.9	0.9	6	0.44	85.5
Blonde Iced White Mocha – coconut drink	Venti	1548	369	18.2	11.3	44.2	43.5	1	6.8	0.52	85.5
Blonde Iced White Mocha – lactose-free milk	Tall	1003	240	12.8	8	24	23.6	0.2	7.1	0.30	42.7
Blonde Iced White Mocha – lactose-free milk	Grande	1406	337	17.3	10.9	35.1	34.4	0.3	9.9	0.42	85.5
Blonde Iced White Mocha – lactose-free milk	Venti	1608	385	18.3	11.7	43.7	43	0.3	10.9	0.51	85.5
Decaf Iced White Mocha – semi skimmed milk	Tall	1277	306	15	9.7	34.9	34.3	0.1	7.5	0.39	1.8
Decaf Iced White Mocha – semi skimmed milk	Grande	1720	412	20.1	12.9	47.2	46	0.3	10.2	0.53	3.6
Decaf Iced White Mocha – semi skimmed milk	Venti	1924	460	21.2	13.8	55.9	54.7	0.3	11.1	0.61	3.6
Decaf Iced White Mocha – skimmed milk	Tall	1138	271	11.4	7.5	34.9	34.3	0.1	7.2	1.70	1.8
Decaf Iced White Mocha – skimmed milk	Grande	1530	365	15.2	9.9	47.2	46	0.3	9.8	2.31	3.6
Decaf Iced White Mocha – skimmed milk	Venti	1725	411	16	10.7	55.9	54.7	0.3	10.7	2.48	3.6
Decaf Iced White Mocha – almond drink	Tall	1078	259	13	7.5	31.4	30.8	0.4	3.2	0.35	1.8
Decaf Iced White Mocha – almond drink	Grande	1449	349	17.3	9.9	42.3	41.2	0.6	4.4	0.47	3.6
Decaf Iced White Mocha – almond drink	Venti	1641	394	18.3	10.6	50.8	49.7	0.7	5.1	0.55	3.6
Decaf Iced White Mocha – soya drink	Tall	1181	283	13.9	7.8	31.5	30.8	1	7.2	0.37	1.8
Decaf Iced White Mocha – soya drink	Grande	1590	380	18.6	10.3	42.5	41.1	1.4	9.8	0.50	3.6
Decaf Iced White Mocha – soya drink	Venti	1788	427	19.6	11	51	49.6	1.5	10.8	0.58	3.6
Decaf Iced White Mocha – oat drink	Tall	1283	306	15.6	7.8	37.2	31.9	1.5	3.7	0.43	1.8
Decaf Iced White Mocha – oat drink	Grande	1728	412	20.9	10.3	50.3	42.6	2.2	5	0.58	3.6
Decaf Iced White Mocha – oat drink	Venti	1933	460	22	11	59.2	51.2	2.3	5.7	0.66	3.6
Decaf Iced White Mocha – coconut drink	Tall	1131	270	13.4	8.3	32.5	31.9	0.6	4.7	0.37	1.8
Decaf Iced White Mocha – coconut drink	Grande	1520	363	17.9	11.1	43.8	42.7	0.8	6.4	0.50	3.6
Decaf Iced White Mocha – coconut drink	Venti	1715	409	18.9	11.9	52.4	51.3	0.9	7.1	0.58	3.6
Decaf Iced White Mocha – lactose-free milk	Tall	1170	280	13.4	8.6	32.2	31.6	0.1	7.3	0.36	1.8
Decaf Iced White Mocha – lactose-free milk	Grande	1574	376	17.9	11.5	43.4	42.3	0.3	10	0.49	3.6
Decaf Iced White Mocha – lactose-free milk	Venti	1771	423	18.9	12.3	51.9	50.8	0.3	10.9	0.57	3.6
Signature Iced Brown Sugar Oat Shaken Espresso – semi skimmed milk	Tall	466	111	3.1	1.9	16.2	15.2	0.3	4.3	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso – semi skimmed milk	Grande	595	142	3.8	2.3	21.1	19.7	0.4	5.4	0.14	133.6
Signature Iced Brown Sugar Oat Shaken Espresso – semi skimmed milk	Venti	712	170	4.4	2.6	25.8	23.9	0.5	6.2	0.16	178.2
Signature Iced Brown Sugar Oat Shaken Espresso – skimmed milk	Tall	356	84	0.2	0.2	16.2	15.2	0.3	4.1	1.15	89.1
Signature Iced Brown Sugar Oat Shaken Espresso – skimmed milk	Grande	461	109	0.3	0.2	21.1	19.7	0.4	5.1	1.40	133.6
Signature Iced Brown Sugar Oat Shaken Espresso – skimmed milk	Venti	558	132	0.4	0.2	25.8	23.9	0.5	5.9	1.60	178.2

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Signature Iced Brown Sugar Oat Shaken Espresso – almond drink	Tall	309	75	1.5	0.2	13.4	12.4	0.5	1	0.08	89.1
Signature Iced Brown Sugar Oat Shaken Espresso – almond drink	Grande	403	97	1.9	0.2	17.7	16.3	0.7	1.3	0.10	133.6
Signature Iced Brown Sugar Oat Shaken Espresso – almond drink	Venti	493	119	2.2	0.2	21.9	20	0.9	1.6	0.12	178.2
Signature Iced Brown Sugar Oat Shaken Espresso – soya drink	Tall	390	93	2.3	0.4	13.5	12.4	0.9	4.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso – soya drink	Grande	503	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso – soya drink	Venti	606	144	3.2	0.6	22	19.9	1.5	6	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso – oat drink	Tall	471	111	3.6	0.4	18	13.3	1.4	1.3	0.14	89.1
Signature Iced Brown Sugar Oat Shaken Espresso – oat drink	Grande	601	142	4.4	0.5	23.3	17.3	1.8	1.7	0.18	133.6
Signature Iced Brown Sugar Oat Shaken Espresso – oat drink	Venti	718	170	5.1	0.6	28.3	21.2	2.1	2.1	0.20	178.2
Signature Iced Brown Sugar Oat Shaken Espresso – coconut drink	Tall	350	83	1.8	0.8	14.3	13.3	0.6	2.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso – coconut drink	Grande	454	107	2.3	1	18.8	17.4	0.8	2.7	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso – coconut drink	Venti	550	130	2.6	1.2	23.1	21.2	1	3.2	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso – lactose-free milk	Tall	381	91	1.9	1.1	14	13.1	0.3	4.2	0.09	89.1
Signature Iced Brown Sugar Oat Shaken Espresso – lactose-free milk	Grande	491	117	2.3	1.3	18.4	17	0.4	5.2	0.11	133.6
Signature Iced Brown Sugar Oat Shaken Espresso – lactose-free milk	Venti	593	141	2.7	1.5	22.7	20.8	0.5	6.1	0.13	178.2
Decaf Iced Brown Sugar Oat Shaken Espresso	Tall	473	112	3.6	0.4	18.3	13.3	1.3	1.2	0.14	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso	Grande	603	143	4.4	0.5	23.8	17.3	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso	Venti	722	171	5.1	0.6	28.9	21.2	2	1.8	0.20	7.2
Frappuccino											
Decaf Coffee Frappuccino® – semi skimmed milk	Mini	644	154	8.2	4.9	17.6	17.2	0.1	2.2	0.26	1.2
Decaf Coffee Frappuccino® – semi skimmed milk	Tall	974	233	12.9	7.8	25.6	25.1	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino® – semi skimmed milk	Grande	1166	279	15	9	31.8	30.9	0.2	3.7	0.46	2.8
Decaf Coffee Frappuccino® – semi skimmed milk	Venti	1282	307	15	9	38.7	37.4	0.3	3.7	0.56	4.1
Decaf Coffee Frappuccino® – skimmed milk	Mini	595	142	6.9	4.2	17.6	17.2	0.1	2.1	0.72	1.2
Decaf Coffee Frappuccino® – skimmed milk	Tall	903	216	11.1	6.7	25.6	25.1	0.1	3.1	1.04	1.7
Decaf Coffee Frappuccino® – skimmed milk	Grande	1088	260	13	7.8	31.8	30.9	0.2	3.5	1.19	2.8
Decaf Coffee Frappuccino® – skimmed milk	Venti	1208	288	13.1	7.8	38.7	37.4	0.3	3.5	1.26	4.1
Decaf Coffee Frappuccino® – almond drink	Mini	574	138	7.5	4.2	16.4	16	0.2	0.7	0.25	1.2
Decaf Coffee Frappuccino® – almond drink	Tall	873	210	11.9	6.7	23.8	23.3	0.2	1.1	0.36	1.7
Decaf Coffee Frappuccino® – almond drink	Grande	1055	253	13.9	7.8	29.8	28.9	0.3	1.3	0.44	2.8
Decaf Coffee Frappuccino® – almond drink	Venti	1176	282	13.9	7.8	36.8	35.5	0.4	1.4	0.54	4.1
Decaf Coffee Frappuccino® – soya drink	Mini	610	146	7.8	4.3	16.4	16	0.4	2.1	0.25	1.2
Decaf Coffee Frappuccino® – soya drink	Tall	925	222	12.4	6.8	23.9	23.3	0.5	3.1	0.37	1.7
Decaf Coffee Frappuccino® – soya drink	Grande	1112	266	14.4	8	29.9	28.9	0.7	3.6	0.45	2.8
Decaf Coffee Frappuccino® – soya drink	Venti	1231	294	14.4	8	36.8	35.4	0.7	3.5	0.55	4.1
Decaf Coffee Frappuccino® – oat drink	Mini	646	154	8.4	4.3	18.5	16.4	0.6	0.9	0.27	1.2
Decaf Coffee Frappuccino® – oat drink	Tall	977	233	13.2	6.8	26.8	23.8	0.8	1.3	0.39	1.7
Decaf Coffee Frappuccino® – oat drink	Grande	1169	279	15.4	8	33.1	29.5	1	1.6	0.48	2.8
Decaf Coffee Frappuccino® – oat drink	Venti	1285	307	15.3	8	39.9	36	1	1.6	0.58	4.1
Decaf Coffee Frappuccino® – coconut drink	Mini	593	141	7.6	4.5	16.8	16.4	0.2	1.2	0.25	1.2
Decaf Coffee Frappuccino® – coconut drink	Tall	900	215	12.1	7.1	24.4	23.8	0.3	1.8	0.37	1.7
Decaf Coffee Frappuccino® – coconut drink	Grande	1084	259	14.1	8.3	30.5	29.5	0.4	2.1	0.45	2.8
Decaf Coffee Frappuccino® – coconut drink	Venti	1204	287	14.1	8.3	37.4	36.1	0.5	2.2	0.55	4.1
Decaf Coffee Frappuccino® – lactose-free milk	Mini	606	145	7.7	4.6	16.7	16.3	0.1	2.2	0.25	1.2
Decaf Coffee Frappuccino® – lactose-free milk	Tall	919	220	12.1	7.3	24.2	23.7	0.1	3.2	0.36	1.7

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Coffee Frappuccino® – lactose-free milk	Grande	1106	265	14.2	8.5	30.3	29.3	0.2	3.6	0.45	2.8
Decaf Coffee Frappuccino® – lactose-free milk	Venti	1225	293	14.2	8.5	37.2	35.9	0.3	3.6	0.54	4.1
Decaf Caramel Frappuccino® – semi skimmed milk	Mini	794	190	8.7	6	25.1	24.2	0.1	2.4	0.30	0.8
Decaf Caramel Frappuccino® – semi skimmed milk	Tall	1100	263	12.7	8.7	33.5	32.5	0.1	3.3	0.41	1.1
Decaf Caramel Frappuccino® – semi skimmed milk	Grande	1393	333	16.1	11.1	42.5	41	0.2	4	0.53	2
Decaf Caramel Frappuccino® – semi skimmed milk	Venti	1569	375	16.3	11.2	52.1	50.1	0.2	4.2	0.65	2.9
Decaf Caramel Frappuccino® – skimmed milk	Mini	748	178	7.5	5.3	25.1	24.2	0.1	2.3	0.74	0.8
Decaf Caramel Frappuccino® – skimmed milk	Tall	1036	247	11	7.7	33.5	32.5	0.1	3.1	1.00	1.1
Decaf Caramel Frappuccino® – skimmed milk	Grande	1320	315	14.2	10	42.5	41	0.2	3.9	1.21	2
Decaf Caramel Frappuccino® – skimmed milk	Venti	1498	357	14.4	10.1	52.1	50.1	0.2	4.1	1.32	2.9
Decaf Caramel Frappuccino® – almond drink	Mini	728	174	8.1	5.3	23.9	23.1	0.2	1	0.29	0.8
Decaf Caramel Frappuccino® – almond drink	Tall	1009	242	11.7	7.7	31.9	30.8	0.2	1.4	0.39	1.1
Decaf Caramel Frappuccino® – almond drink	Grande	1289	309	15	10	40.7	39.1	0.3	1.8	0.51	2
Decaf Caramel Frappuccino® – almond drink	Venti	1467	351	15.2	10.1	50.3	48.3	0.4	2	0.63	2.9
Decaf Caramel Frappuccino® – soya drink	Mini	762	182	8.4	5.4	24	23.1	0.4	2.3	0.30	0.8
Decaf Caramel Frappuccino® – soya drink	Tall	1056	252	12.2	7.9	32	30.8	0.5	3.2	0.40	1.1
Decaf Caramel Frappuccino® – soya drink	Grande	1343	321	15.5	10.1	40.7	39.1	0.6	3.9	0.52	2
Decaf Caramel Frappuccino® – soya drink	Venti	1520	363	15.7	10.2	50.4	48.3	0.7	4.1	0.64	2.9
Decaf Caramel Frappuccino® – oat drink	Mini	796	190	8.9	5.4	25.9	23.4	0.5	1.1	0.32	0.8
Decaf Caramel Frappuccino® – oat drink	Tall	1102	263	12.9	7.9	34.6	31.3	0.7	1.5	0.43	1.1
Decaf Caramel Frappuccino® – oat drink	Grande	1396	333	16.4	10.1	43.7	39.7	0.9	2	0.55	2
Decaf Caramel Frappuccino® – oat drink	Venti	1572	375	16.6	10.2	53.3	48.8	1	2.3	0.67	2.9
Decaf Caramel Frappuccino® – coconut drink	Mini	745	178	8.2	5.5	24.3	23.4	0.2	1.4	0.30	0.8
Decaf Caramel Frappuccino® – coconut drink	Tall	1033	246	11.9	8.1	32.4	31.4	0.3	2	0.40	1.1
Decaf Caramel Frappuccino® – coconut drink	Grande	1316	314	15.2	10.4	41.2	39.7	0.4	2.6	0.52	2
Decaf Caramel Frappuccino® – coconut drink	Venti	1494	356	15.5	10.5	50.9	48.8	0.5	2.8	0.64	2.9
Decaf Caramel Frappuccino® – lactose-free milk	Mini	758	181	8.2	5.6	24.2	23.3	0.1	2.3	0.29	0.8
Decaf Caramel Frappuccino® – lactose-free milk	Tall	1051	251	11.9	8.3	32.3	31.2	0.1	3.2	0.40	1.1
Decaf Caramel Frappuccino® – lactose-free milk	Grande	1337	319	15.3	10.6	41.1	39.5	0.2	3.9	0.51	2
Decaf Caramel Frappuccino® – lactose-free milk	Venti	1514	361	15.5	10.7	50.7	48.7	0.2	4.1	0.64	2.9
Decaf Mocha Frappuccino® – semi skimmed milk	Mini	702	168	8.5	5.1	19.9	19.3	0.7	2.5	0.25	5.1
Decaf Mocha Frappuccino® – semi skimmed milk	Tall	1044	250	13.3	8	28.3	27.5	0.9	3.6	0.35	7.1
Decaf Mocha Frappuccino® – semi skimmed milk	Grande	1309	313	15.7	9.4	37.6	36.2	1.3	4.4	0.46	10.4
Decaf Mocha Frappuccino® – semi skimmed milk	Venti	1462	350	15.8	9.5	45.9	44.1	1.7	4.6	0.55	13.7
Decaf Mocha Frappuccino® – skimmed milk	Mini	656	156	7.3	4.4	19.9	19.3	0.7	2.4	0.68	5.1
Decaf Mocha Frappuccino® – skimmed milk	Tall	979	234	11.6	7	28.3	27.5	0.9	3.5	0.96	7.1
Decaf Mocha Frappuccino® – skimmed milk	Grande	1232	294	13.7	8.2	37.6	36.2	1.3	4.3	1.18	10.4
Decaf Mocha Frappuccino® – skimmed milk	Venti	1389	331	13.9	8.4	45.9	44.1	1.7	4.5	1.24	13.7
Decaf Mocha Frappuccino® – almond drink	Mini	636	153	7.8	4.4	18.7	18.1	0.8	1.1	0.23	5.1
Decaf Mocha Frappuccino® – almond drink	Tall	951	228	12.3	7	26.7	25.8	1.1	1.6	0.33	7.1
Decaf Mocha Frappuccino® – almond drink	Grande	1199	288	14.6	8.2	35.6	34.3	1.5	2.1	0.44	10.4
Decaf Mocha Frappuccino® – almond drink	Venti	1358	325	14.7	8.4	44	42.2	1.8	2.4	0.53	13.7
Decaf Mocha Frappuccino® – soya drink	Mini	670	160	8.1	4.5	18.8	18.1	0.9	2.4	0.24	5.1
Decaf Mocha Frappuccino® – soya drink	Tall	999	239	12.8	7.1	26.7	25.8	1.3	3.5	0.34	7.1
Decaf Mocha Frappuccino® – soya drink	Grande	1256	300	15.1	8.4	35.7	34.3	1.8	4.3	0.45	10.4

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Mocha Frappuccino® – soya drink	Venti	1412	337	15.3	8.5	44.1	42.2	2.1	4.5	0.54	13.7
Decaf Mocha Frappuccino® – oat drink	Mini	704	168	8.7	4.5	20.7	18.5	1.1	1.3	0.26	5.1
Decaf Mocha Frappuccino® – oat drink	Tall	1047	250	13.6	7.1	29.4	26.3	1.6	1.8	0.37	7.1
Decaf Mocha Frappuccino® – oat drink	Grande	1312	313	16	8.4	38.9	34.9	2.1	2.3	0.48	10.4
Decaf Mocha Frappuccino® – oat drink	Venti	1466	350	16.1	8.5	47.1	42.8	2.4	2.6	0.57	13.7
Decaf Mocha Frappuccino® – coconut drink	Mini	653	156	7.9	4.7	19.1	18.5	0.8	1.6	0.24	5.1
Decaf Mocha Frappuccino® – coconut drink	Tall	976	233	12.5	7.4	27.2	26.4	1.1	2.3	0.34	7.1
Decaf Mocha Frappuccino® – coconut drink	Grande	1228	293	14.8	8.7	36.3	34.9	1.5	2.9	0.45	10.4
Decaf Mocha Frappuccino® – coconut drink	Venti	1385	330	15	8.8	44.6	42.8	1.9	3.2	0.54	13.7
Decaf Mocha Frappuccino® – lactose-free milk	Mini	666	159	8	4.8	19	18.4	0.7	2.5	0.24	5.1
Decaf Mocha Frappuccino® – lactose-free milk	Tall	994	238	12.5	7.5	27	26.2	0.9	3.5	0.34	7.1
Decaf Mocha Frappuccino® – lactose-free milk	Grande	1250	299	14.8	8.9	36.1	34.7	1.3	4.4	0.44	10.4
Decaf Mocha Frappuccino® – lactose-free milk	Venti	1406	336	15	9	44.4	42.6	1.7	4.6	0.53	13.7
Decaf Java Chip Frappuccino® – semi skimmed milk	Mini	867	208	10.3	6.6	24.8	23.2	1.2	3	0.29	6.6
Decaf Java Chip Frappuccino® – semi skimmed milk	Tall	1222	293	15.5	9.9	33	31	1.6	4.1	0.39	8.6
Decaf Java Chip Frappuccino® – semi skimmed milk	Grande	1549	371	18.8	12	43.9	40.9	2.2	5.1	0.51	12
Decaf Java Chip Frappuccino® – semi skimmed milk	Venti	1751	419	19.7	12.7	53.2	49.3	2.8	5.4	0.61	15.4
Decaf Java Chip Frappuccino® – skimmed milk	Mini	819	195	9.1	5.8	24.8	23.2	1.2	2.9	0.75	6.6
Decaf Java Chip Frappuccino® – skimmed milk	Tall	1158	277	13.9	8.9	33	31	1.6	4	0.98	8.6
Decaf Java Chip Frappuccino® – skimmed milk	Grande	1473	352	16.8	10.8	43.9	40.9	2.2	4.9	1.22	12
Decaf Java Chip Frappuccino® – skimmed milk	Venti	1680	401	17.8	11.6	53.2	49.3	2.8	5.2	1.28	15.4
Decaf Java Chip Frappuccino® – almond drink	Mini	798	191	9.6	5.8	23.6	22	1.3	1.6	0.28	6.6
Decaf Java Chip Frappuccino® – almond drink	Tall	1131	271	14.6	8.9	31.4	29.3	1.7	2.2	0.37	8.6
Decaf Java Chip Frappuccino® – almond drink	Grande	1441	345	17.7	10.8	42	39	2.3	2.8	0.49	12
Decaf Java Chip Frappuccino® – almond drink	Venti	1649	395	18.6	11.6	51.4	47.5	2.9	3.2	0.59	15.4
Decaf Java Chip Frappuccino® – soya drink	Mini	834	199	10	5.9	23.6	22	1.5	2.9	0.28	6.6
Decaf Java Chip Frappuccino® – soya drink	Tall	1178	282	15	9	31.5	29.3	2	4	0.38	8.6
Decaf Java Chip Frappuccino® – soya drink	Grande	1497	358	18.2	10.9	42.1	39	2.7	4.9	0.50	12
Decaf Java Chip Frappuccino® – soya drink	Venti	1702	407	19.1	11.7	51.5	47.5	3.2	5.2	0.60	15.4
Decaf Java Chip Frappuccino® – oat drink	Mini	869	208	10.5	5.9	25.6	22.4	1.7	1.7	0.30	6.6
Decaf Java Chip Frappuccino® – oat drink	Tall	1224	293	15.8	9	34.1	29.8	2.3	2.4	0.40	8.6
Decaf Java Chip Frappuccino® – oat drink	Grande	1552	371	19.1	10.9	45.2	39.6	3	3	0.53	12
Decaf Java Chip Frappuccino® – oat drink	Venti	1754	419	20	11.7	54.4	48.1	3.5	3.4	0.63	15.4
Decaf Java Chip Frappuccino® – coconut drink	Mini	816	195	9.8	6.1	24	22.4	1.4	2.1	0.28	6.6
Decaf Java Chip Frappuccino® – coconut drink	Tall	1155	276	14.8	9.2	31.9	29.9	1.8	2.8	0.38	8.6
Decaf Java Chip Frappuccino® – coconut drink	Grande	1469	351	17.9	11.3	42.6	39.6	2.4	3.6	0.50	12
Decaf Java Chip Frappuccino® – coconut drink	Venti	1676	400	18.8	12	52	48.1	3	3.9	0.60	15.4
Decaf Java Chip Frappuccino® – lactose-free milk	Mini	830	198	9.8	6.2	23.8	22.3	1.2	3	0.28	6.6
Decaf Java Chip Frappuccino® – lactose-free milk	Tall	1173	281	14.8	9.4	31.8	29.7	1.6	4	0.37	8.6
Decaf Java Chip Frappuccino® – lactose-free milk	Grande	1491	357	17.9	11.4	42.4	39.4	2.2	5	0.50	12
Decaf Java Chip Frappuccino® – lactose-free milk	Venti	1696	405	18.9	12.2	51.8	47.9	2.8	5.3	0.60	15.4
Protein Beverages Alternative Coffees											
Blonde Caramel Protein Americano	Tall	401	95	0.6	0.2	6.2	3	0.7	16.1	0.77	85.5
Blonde Caramel Protein Americano	Grande	416	99	0.7	0.2	6.7	3	0.8	16.3	0.78	128.2
Blonde Caramel Protein Americano	Venti	431	102	0.8	0.3	7.2	3	0.9	16.4	0.78	171

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Caramel Protein Latte – semi skimmed milk	Tall	768	183	4.7	2.8	13.6	10.7	0.5	21.4	0.93	42.7
Blonde Caramel Protein Latte – semi skimmed milk	Grande	940	225	6.5	3.8	17.4	14	0.7	23.8	1.00	85.5
Blonde Caramel Protein Latte – semi skimmed milk	Venti	1211	290	9.5	5.7	23	19.6	0.7	27.7	1.12	85.5
Blonde Caramel Protein Latte – skimmed milk	Tall	614	145	0.7	0.4	13.6	10.7	0.5	21.1	2.37	42.7
Blonde Caramel Protein Latte – skimmed milk	Grande	723	170	0.9	0.4	17.4	14	0.7	23.4	3.04	85.5
Blonde Caramel Protein Latte – skimmed milk	Venti	885	208	1	0.6	23	19.6	0.7	27	4.18	85.5
Blonde Caramel Protein Latte – almond drink	Tall	549	132	2.5	0.4	9.7	6.8	0.9	16.7	0.88	42.7
Blonde Caramel Protein Latte – almond drink	Grande	630	152	3.3	0.4	11.8	8.5	1.1	17.2	0.94	85.5
Blonde Caramel Protein Latte – almond drink	Venti	745	181	4.7	0.6	14.8	11.3	1.3	17.8	1.03	85.5
Blonde Caramel Protein Latte – soya drink	Tall	662	157	3.5	0.7	9.8	6.8	1.5	21.1	0.91	42.7
Blonde Caramel Protein Latte – soya drink	Grande	791	188	4.8	0.9	12	8.5	2	23.4	0.97	85.5
Blonde Caramel Protein Latte – soya drink	Venti	986	235	6.9	1.2	15	11.2	2.7	27	1.08	85.5
Blonde Caramel Protein Latte – oat drink	Tall	774	183	5.4	0.7	16.2	8	2.1	17.2	0.97	42.7
Blonde Caramel Protein Latte – oat drink	Grande	949	225	7.5	0.9	21	10.2	2.9	17.9	1.06	85.5
Blonde Caramel Protein Latte – oat drink	Venti	1224	290	10.9	1.2	28.5	13.8	4	18.8	1.21	85.5
Blonde Caramel Protein Latte – coconut drink	Tall	606	143	2.9	1.3	11	8.1	1	18.3	0.91	42.7
Blonde Caramel Protein Latte – coconut drink	Grande	711	168	4	1.8	13.6	10.3	1.3	19.4	0.97	85.5
Blonde Caramel Protein Latte – coconut drink	Venti	868	205	5.6	2.6	17.4	13.9	1.7	21.1	1.08	85.5
Blonde Caramel Protein Latte – lactose-free milk	Tall	649	154	3	1.6	10.6	7.7	0.5	21.2	0.89	42.7
Blonde Caramel Protein Latte – lactose-free milk	Grande	772	184	4	2.3	13.1	9.7	0.7	23.6	0.96	85.5
Blonde Caramel Protein Latte – lactose-free milk	Venti	959	229	5.7	3.3	16.6	13.1	0.7	27.3	1.05	85.5
Blonde Iced Caramel Protein Latte – semi skimmed milk	Tall	804	192	5.1	3	14.4	11.5	0.5	21.9	0.94	42.7
Blonde Iced Caramel Protein Latte – semi skimmed milk	Grande	963	230	6.8	4	17.8	14.5	0.7	24.1	1.01	85.5
Blonde Iced Caramel Protein Latte – semi skimmed milk	Venti	997	238	7.1	4.2	18.6	15.2	0.7	24.6	1.03	85.5
Blonde Iced Caramel Protein Latte – skimmed milk	Tall	636	150	0.8	0.4	14.4	11.5	0.5	21.6	2.52	42.7
Blonde Iced Caramel Protein Latte – skimmed milk	Grande	736	173	0.9	0.5	17.8	14.5	0.7	23.7	3.13	85.5
Blonde Iced Caramel Protein Latte – skimmed milk	Venti	757	178	0.9	0.5	18.6	15.2	0.7	24.1	3.28	85.5
Blonde Iced Caramel Protein Latte – almond drink	Tall	564	136	2.7	0.4	10.1	7.2	0.9	16.8	0.89	42.7
Blonde Iced Caramel Protein Latte – almond drink	Grande	640	155	3.4	0.5	12.1	8.8	1.1	17.3	0.95	85.5
Blonde Iced Caramel Protein Latte – almond drink	Venti	655	158	3.6	0.5	12.5	9.1	1.2	17.3	0.96	85.5
Blonde Iced Caramel Protein Latte – soya drink	Tall	689	164	3.8	0.7	10.2	7.2	1.6	21.6	0.92	42.7
Blonde Iced Caramel Protein Latte – soya drink	Grande	807	192	5	0.9	12.3	8.7	2.1	23.7	0.98	85.5
Blonde Iced Caramel Protein Latte – soya drink	Venti	832	198	5.3	0.9	12.7	9	2.2	24.1	1.00	85.5
Blonde Iced Caramel Protein Latte – oat drink	Tall	811	192	5.9	0.7	17.2	8.5	2.2	17.3	0.99	42.7
Blonde Iced Caramel Protein Latte – oat drink	Grande	972	230	7.8	0.9	21.6	10.5	3	18	1.07	85.5
Blonde Iced Caramel Protein Latte – oat drink	Venti	1007	238	8.2	0.9	22.6	10.9	3.1	18.1	1.09	85.5
Blonde Iced Caramel Protein Latte – coconut drink	Tall	627	148	3.2	1.4	11.5	8.6	1.1	18.5	0.92	42.7
Blonde Iced Caramel Protein Latte – coconut drink	Grande	725	171	4.1	1.8	13.9	10.6	1.4	19.6	0.98	85.5
Blonde Iced Caramel Protein Latte – coconut drink	Venti	745	176	4.3	1.9	14.5	11	1.4	19.8	1.00	85.5
Blonde Iced Caramel Protein Latte – lactose-free milk	Tall	675	160	3.2	1.8	11	8.2	0.5	21.7	0.91	42.7
Blonde Iced Caramel Protein Latte – lactose-free milk	Grande	788	188	4.2	2.3	13.4	10	0.7	23.9	0.96	85.5
Blonde Iced Caramel Protein Latte – lactose-free milk	Venti	812	193	4.4	2.5	13.9	10.4	0.7	24.3	0.98	85.5
Blonde Iced Caramel Protein Americano	Tall	401	95	0.6	0.2	6.2	3	0.7	16.1	0.77	85.5
Blonde Iced Caramel Protein Americano	Grande	416	99	0.7	0.2	6.7	3	0.8	16.3	0.78	128.2
Blonde Iced Caramel Protein Americano	Venti	431	102	0.8	0.3	7.2	3	0.9	16.4	0.78	171

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Caramel Protein Americano	Tall	409	97	0.6	0.2	6.7	3	0.6	16.1	0.77	3.6
Decaf Caramel Protein Americano	Grande	427	101	0.7	0.2	7.4	3	0.7	16.2	0.78	5.4
Decaf Caramel Protein Americano	Venti	445	106	0.8	0.3	8.1	3.1	0.9	16.3	0.79	7.2
Decaf Caramel Protein Latte – semi skimmed milk	Tall	783	187	4.8	2.8	14.1	11	0.5	21.5	0.94	1.8
Decaf Caramel Protein Latte – semi skimmed milk	Grande	945	226	6.5	3.8	17.8	14	0.6	23.7	1.01	3.6
Decaf Caramel Protein Latte – semi skimmed milk	Venti	1192	285	9.2	5.5	23	19.1	0.6	27.2	1.12	3.6
Decaf Caramel Protein Latte – skimmed milk	Tall	625	147	0.7	0.4	14.1	11	0.5	21.2	2.42	1.8
Decaf Caramel Protein Latte – skimmed milk	Grande	729	172	0.9	0.4	17.8	14	0.6	23.3	3.03	3.6
Decaf Caramel Protein Latte – skimmed milk	Venti	877	206	1	0.5	23	19.1	0.6	26.6	4.07	3.6
Decaf Caramel Protein Latte – almond drink	Tall	558	134	2.5	0.4	10.1	7	0.8	16.7	0.89	1.8
Decaf Caramel Protein Latte – almond drink	Grande	637	154	3.3	0.4	12.3	8.5	1.1	17.2	0.95	3.6
Decaf Caramel Protein Latte – almond drink	Venti	742	180	4.5	0.5	15	11.1	1.3	17.7	1.03	3.6
Decaf Caramel Protein Latte – soya drink	Tall	674	160	3.6	0.7	10.3	6.9	1.5	21.2	0.92	1.8
Decaf Caramel Protein Latte – soya drink	Grande	797	190	4.8	0.9	12.5	8.5	2	23.3	0.98	3.6
Decaf Caramel Protein Latte – soya drink	Venti	975	233	6.7	1.2	15.3	11	2.6	26.6	1.08	3.6
Decaf Caramel Protein Latte – oat drink	Tall	789	187	5.5	0.7	16.8	8.2	2.1	17.2	0.98	1.8
Decaf Caramel Protein Latte – oat drink	Grande	954	226	7.4	0.9	21.4	10.2	2.8	17.8	1.06	3.6
Decaf Caramel Protein Latte – oat drink	Venti	1205	285	10.5	1.2	28.3	13.5	3.8	18.6	1.20	3.6
Decaf Caramel Protein Latte – coconut drink	Tall	617	146	3	1.3	11.4	8.2	1	18.3	0.92	1.8
Decaf Caramel Protein Latte – coconut drink	Grande	718	169	4	1.8	14.1	10.3	1.3	19.4	0.98	3.6
Decaf Caramel Protein Latte – coconut drink	Venti	860	203	5.5	2.5	17.6	13.6	1.6	20.9	1.08	3.6
Decaf Caramel Protein Latte – lactose-free milk	Tall	661	157	3	1.7	11	7.8	0.5	21.3	0.91	1.8
Decaf Caramel Protein Latte – lactose-free milk	Grande	779	185	4	2.2	13.6	9.7	0.6	23.5	0.96	3.6
Decaf Caramel Protein Latte – lactose-free milk	Venti	949	226	5.6	3.2	16.8	12.8	0.6	26.9	1.05	3.6
Decaf Iced Caramel Protein Americano	Tall	409	97	0.6	0.2	6.7	3	0.6	16.1	0.77	3.6
Decaf Iced Caramel Protein Americano	Grande	427	101	0.7	0.2	7.4	3	0.7	16.2	0.78	5.4
Decaf Iced Caramel Protein Americano	Venti	445	106	0.8	0.3	8.1	3.1	0.9	16.3	0.79	7.2
Decaf Iced Caramel Protein Latte – semi skimmed milk	Tall	784	187	4.9	2.8	14.2	11	0.5	21.5	0.94	1.8
Decaf Iced Caramel Protein Latte – semi skimmed milk	Grande	946	226	6.5	3.8	17.9	14	0.6	23.7	1.01	3.6
Decaf Iced Caramel Protein Latte – semi skimmed milk	Venti	1008	241	7.2	4.2	19.2	15.3	0.6	24.6	1.04	3.6
Decaf Iced Caramel Protein Latte – skimmed milk	Tall	626	147	0.7	0.4	14.2	11	0.5	21.2	2.42	1.8
Decaf Iced Caramel Protein Latte – skimmed milk	Grande	730	172	0.9	0.4	17.9	14	0.6	23.3	3.04	3.6
Decaf Iced Caramel Protein Latte – skimmed milk	Venti	767	181	0.9	0.5	19.2	15.3	0.6	24.1	3.30	3.6
Decaf Iced Caramel Protein Latte – almond drink	Tall	558	134	2.5	0.4	10.2	7	0.8	16.7	0.89	1.8
Decaf Iced Caramel Protein Latte – almond drink	Grande	637	154	3.3	0.4	12.4	8.5	1.1	17.2	0.95	3.6
Decaf Iced Caramel Protein Latte – almond drink	Venti	664	161	3.6	0.5	13.1	9.1	1.1	17.3	0.97	3.6
Decaf Iced Caramel Protein Latte – soya drink	Tall	675	161	3.6	0.7	10.3	6.9	1.5	21.2	0.92	1.8
Decaf Iced Caramel Protein Latte – soya drink	Grande	797	190	4.8	0.9	12.5	8.5	2	23.3	0.98	3.6
Decaf Iced Caramel Protein Latte – soya drink	Venti	842	201	5.3	0.9	13.3	9.1	2.1	24.1	1.01	3.6
Decaf Iced Caramel Protein Latte – oat drink	Tall	791	187	5.5	0.7	16.8	8.2	2.1	17.2	0.98	1.8
Decaf Iced Caramel Protein Latte – oat drink	Grande	955	226	7.4	0.9	21.5	10.2	2.8	17.8	1.06	3.6
Decaf Iced Caramel Protein Latte – oat drink	Venti	1018	241	8.2	0.9	23.2	11	3.1	18	1.10	3.6
Decaf Iced Caramel Protein Latte – coconut drink	Tall	618	146	3	1.3	11.4	8.2	1	18.4	0.92	1.8
Decaf Iced Caramel Protein Latte – coconut drink	Grande	718	170	4	1.8	14.1	10.3	1.3	19.4	0.98	3.6
Decaf Iced Caramel Protein Latte – coconut drink	Venti	755	178	4.3	1.9	15	11.1	1.4	19.7	1.01	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Iced Caramel Protein Latte – lactose-free milk	Tall	662	157	3	1.7	11	7.9	0.5	21.4	0.91	1.8
Decaf Iced Caramel Protein Latte – lactose-free milk	Grande	779	185	4	2.2	13.6	9.7	0.6	23.5	0.96	3.6
Decaf Iced Caramel Protein Latte – lactose-free milk	Venti	822	196	4.4	2.5	14.5	10.5	0.6	24.3	0.99	3.6
Autumn FY27 – Seasonal Beverages Alternative Coffees											
Blonde Pumpkin Spice Latte – semi skimmed milk	Short	531	128	6.8	4.1	11.6	11.2	1.2	4.2	0.14	42.7
Blonde Pumpkin Spice Latte – semi skimmed milk	Tall	896	215	10.4	6.3	21.5	21.1	2.2	7.6	0.27	42.7
Blonde Pumpkin Spice Latte – semi skimmed milk	Grande	1073	258	11.3	6.8	28.1	27.3	3.4	8.8	0.32	85.5
Blonde Pumpkin Spice Latte – semi skimmed milk	Venti	1431	344	14.5	8.8	38.1	37.3	4.4	12.5	0.45	85.5
Blonde Pumpkin Spice Latte – skimmed milk	Short	425	101	4.1	2.5	11.6	11.2	1.2	3.9	1.14	42.7
Blonde Pumpkin Spice Latte – skimmed milk	Tall	694	165	5.1	3.1	21.5	21.1	2.2	7.2	2.16	42.7
Blonde Pumpkin Spice Latte – skimmed milk	Grande	842	200	5.3	3.2	28.1	27.3	3.4	8.3	2.48	85.5
Blonde Pumpkin Spice Latte – skimmed milk	Venti	1097	260	5.8	3.6	38.1	37.3	4.4	11.8	3.57	85.5
Blonde Pumpkin Spice Latte – almond drink	Short	379	92	5.3	2.5	8.9	8.5	1.4	0.9	0.11	42.7
Blonde Pumpkin Spice Latte – almond drink	Tall	608	148	7.4	3.1	16.3	15.9	2.6	1.5	0.21	42.7
Blonde Pumpkin Spice Latte – almond drink	Grande	743	181	7.9	3.2	22.2	21.4	3.9	1.8	0.25	85.5
Blonde Pumpkin Spice Latte – almond drink	Venti	955	232	9.6	3.6	29.6	28.8	5.1	2.4	0.35	85.5
Blonde Pumpkin Spice Latte – soya drink	Short	458	110	6	2.7	9	8.5	1.9	4	0.13	42.7
Blonde Pumpkin Spice Latte – soya drink	Tall	757	182	8.8	3.5	16.5	15.9	3.5	7.2	0.24	42.7
Blonde Pumpkin Spice Latte – soya drink	Grande	914	219	9.5	3.7	22.4	21.4	4.8	8.4	0.29	85.5
Blonde Pumpkin Spice Latte – soya drink	Venti	1201	288	11.9	4.2	29.9	28.8	6.5	11.8	0.40	85.5
Blonde Pumpkin Spice Latte – oat drink	Short	536	128	7.3	2.7	13.4	9.3	2.3	1.3	0.17	42.7
Blonde Pumpkin Spice Latte – oat drink	Tall	905	215	11.3	3.5	24.8	17.5	4.3	2.1	0.32	42.7
Blonde Pumpkin Spice Latte – oat drink	Grande	1082	258	12.3	3.7	31.9	23.2	5.7	2.5	0.38	85.5
Blonde Pumpkin Spice Latte – oat drink	Venti	1444	344	15.9	4.2	43.7	31.4	7.8	3.4	0.53	85.5
Blonde Pumpkin Spice Latte – coconut drink	Short	419	100	5.6	3.1	9.8	9.4	1.5	2	0.13	42.7
Blonde Pumpkin Spice Latte – coconut drink	Tall	684	163	8	4.4	18	17.5	2.8	3.6	0.24	42.7
Blonde Pumpkin Spice Latte – coconut drink	Grande	830	198	8.6	4.6	24.1	23.3	4.1	4.2	0.29	85.5
Blonde Pumpkin Spice Latte – coconut drink	Venti	1080	257	10.6	5.6	32.3	31.5	5.4	5.8	0.40	85.5
Blonde Pumpkin Spice Latte – lactose-free milk	Short	449	108	5.6	3.4	9.5	9.1	1.2	4.1	0.12	42.7
Blonde Pumpkin Spice Latte – lactose-free milk	Tall	741	178	8.1	4.8	17.5	17.1	2.2	7.4	0.22	42.7
Blonde Pumpkin Spice Latte – lactose-free milk	Grande	895	214	8.7	5.1	23.5	22.7	3.4	8.6	0.27	85.5
Blonde Pumpkin Spice Latte – lactose-free milk	Venti	1174	281	10.7	6.3	31.5	30.7	4.4	12.1	0.38	85.5
Blonde Pumpkin Spice Caramel Macchiato – semi skimmed milk	Short	404	97	3.3	2	12.5	11.9	1.2	3.5	0.14	42.7
Blonde Pumpkin Spice Caramel Macchiato – semi skimmed milk	Tall	756	181	6.2	3.8	22.9	22.2	2.2	7	0.27	42.7
Blonde Pumpkin Spice Caramel Macchiato – semi skimmed milk	Grande	1080	259	8.7	5.3	32.6	31.6	3.4	10.4	0.39	85.5
Blonde Pumpkin Spice Caramel Macchiato – semi skimmed milk	Venti	1402	336	11.3	6.9	42.1	41.1	4.4	13.7	0.50	85.5
Blonde Pumpkin Spice Caramel Macchiato – skimmed milk	Short	311	74	0.9	0.6	12.5	11.9	1.2	3.3	1.01	42.7
Blonde Pumpkin Spice Caramel Macchiato – skimmed milk	Tall	564	133	1.2	0.8	22.9	22.2	2.2	6.6	2.07	42.7
Blonde Pumpkin Spice Caramel Macchiato – skimmed milk	Grande	799	189	1.4	0.9	32.6	31.6	3.4	9.8	3.03	85.5
Blonde Pumpkin Spice Caramel Macchiato – skimmed milk	Venti	1026	242	1.5	1	42.1	41.1	4.4	13	4.02	85.5
Blonde Pumpkin Spice Caramel Macchiato – almond drink	Short	271	66	1.9	0.6	10.1	9.5	1.4	0.7	0.11	42.7
Blonde Pumpkin Spice Caramel Macchiato – almond drink	Tall	482	117	3.3	0.8	18	17.4	2.6	1.2	0.21	42.7
Blonde Pumpkin Spice Caramel Macchiato – almond drink	Grande	678	165	4.5	0.9	25.4	24.4	4	1.9	0.30	85.5
Blonde Pumpkin Spice Caramel Macchiato – almond drink	Venti	866	211	5.7	1	32.6	31.5	5.2	2.4	0.40	85.5
Blonde Pumpkin Spice Caramel Macchiato – soya drink	Short	340	81	2.6	0.7	10.2	9.5	1.8	3.3	0.13	42.7

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Pumpkin Spice Caramel Macchiato – soya drink	Tall	624	149	4.7	1.2	18.2	17.3	3.4	6.7	0.24	42.7
Blonde Pumpkin Spice Caramel Macchiato – soya drink	Grande	887	212	6.5	1.5	25.7	24.4	5.1	9.9	0.35	85.5
Blonde Pumpkin Spice Caramel Macchiato – soya drink	Venti	1144	273	8.3	1.7	32.9	31.4	6.7	13	0.46	85.5
Blonde Pumpkin Spice Caramel Macchiato – oat drink	Short	408	97	3.7	0.7	14	10.2	2.1	1	0.16	42.7
Blonde Pumpkin Spice Caramel Macchiato – oat drink	Tall	764	181	7	1.2	26.1	18.9	4.2	1.8	0.32	42.7
Blonde Pumpkin Spice Caramel Macchiato – oat drink	Grande	1092	259	9.9	1.5	37.3	26.6	6.2	2.7	0.46	85.5
Blonde Pumpkin Spice Caramel Macchiato – oat drink	Venti	1417	336	12.9	1.7	48.4	34.4	8.2	3.5	0.60	85.5
Blonde Pumpkin Spice Caramel Macchiato – coconut drink	Short	306	73	2.2	1.1	10.9	10.3	1.5	1.7	0.13	42.7
Blonde Pumpkin Spice Caramel Macchiato – coconut drink	Tall	554	131	3.9	1.9	19.6	18.9	2.8	3.2	0.24	42.7
Blonde Pumpkin Spice Caramel Macchiato – coconut drink	Grande	784	186	5.4	2.6	27.7	26.7	4.2	4.7	0.35	85.5
Blonde Pumpkin Spice Caramel Macchiato – coconut drink	Venti	1007	238	6.9	3.3	35.6	34.5	5.6	6.2	0.46	85.5
Blonde Pumpkin Spice Caramel Macchiato – lactose-free milk	Short	332	79	2.2	1.3	10.6	10	1.2	3.4	0.12	42.7
Blonde Pumpkin Spice Caramel Macchiato – lactose-free milk	Tall	608	145	4	2.4	19.1	18.5	2.2	6.8	0.23	42.7
Blonde Pumpkin Spice Caramel Macchiato – lactose-free milk	Grande	863	206	5.5	3.2	27	26	3.4	10.1	0.33	85.5
Blonde Pumpkin Spice Caramel Macchiato – lactose-free milk	Venti	1112	266	7	4.1	34.7	33.6	4.4	13.3	0.43	85.5
Signature Pecan Maple Macchiato – semi skimmed milk	Short	382	91	2.5	1.5	13.6	12.5	0.1	3.3	0.11	44.5
Signature Pecan Maple Macchiato – semi skimmed milk	Tall	711	170	5	3.1	24	22.8	0.1	6.6	0.21	44.5
Signature Pecan Maple Macchiato – semi skimmed milk	Grande	1007	241	7.2	4.4	33.4	31.7	0.3	9.7	0.30	89.1
Signature Pecan Maple Macchiato – semi skimmed milk	Venti	1362	326	10.2	6.3	43.8	42.2	0.3	13.6	0.41	89.1
Signature Pecan Maple Macchiato – skimmed milk	Short	294	69	0.2	0.1	13.6	12.5	0.1	3.1	0.94	44.5
Signature Pecan Maple Macchiato – skimmed milk	Tall	529	124	0.3	0.2	24	22.8	0.1	6.3	1.92	44.5
Signature Pecan Maple Macchiato – skimmed milk	Grande	744	175	0.4	0.3	33.4	31.7	0.3	9.2	2.76	89.1
Signature Pecan Maple Macchiato – skimmed milk	Venti	989	232	0.5	0.4	43.8	42.2	0.3	12.9	3.91	89.1
Signature Pecan Maple Macchiato – almond drink	Short	256	62	1.2	0.1	11.3	10.2	0.3	0.7	0.08	44.5
Signature Pecan Maple Macchiato – almond drink	Tall	451	109	2.3	0.2	19.4	18.1	0.5	1.1	0.16	44.5
Signature Pecan Maple Macchiato – almond drink	Grande	632	153	3.4	0.3	26.7	25	0.8	1.8	0.22	89.1
Signature Pecan Maple Macchiato – almond drink	Venti	830	201	4.7	0.4	34.3	32.7	1	2.3	0.30	89.1
Signature Pecan Maple Macchiato – soya drink	Short	321	77	1.8	0.3	11.4	10.2	0.7	3.2	0.10	44.5
Signature Pecan Maple Macchiato – soya drink	Tall	586	140	3.6	0.6	19.5	18.1	1.3	6.3	0.19	44.5
Signature Pecan Maple Macchiato – soya drink	Grande	826	197	5.2	0.8	26.9	25	1.9	9.2	0.26	89.1
Signature Pecan Maple Macchiato – soya drink	Venti	1106	264	7.3	1.2	34.6	32.6	2.6	12.9	0.36	89.1
Signature Pecan Maple Macchiato – oat drink	Short	386	91	2.8	0.3	15	10.9	1	0.9	0.13	44.5
Signature Pecan Maple Macchiato – oat drink	Tall	719	170	5.8	0.6	27	19.5	2	1.7	0.26	44.5
Signature Pecan Maple Macchiato – oat drink	Grande	1018	241	8.4	0.8	37.7	27.1	2.9	2.5	0.36	89.1
Signature Pecan Maple Macchiato – oat drink	Venti	1378	326	11.8	1.2	50	35.5	4	3.4	0.51	89.1
Signature Pecan Maple Macchiato – coconut drink	Short	289	68	1.4	0.7	12.1	11	0.4	1.6	0.10	44.5
Signature Pecan Maple Macchiato – coconut drink	Tall	520	122	2.9	1.3	20.9	19.6	0.7	3	0.19	44.5
Signature Pecan Maple Macchiato – coconut drink	Grande	731	172	4.2	1.9	28.8	27.2	1.1	4.4	0.26	89.1
Signature Pecan Maple Macchiato – coconut drink	Venti	970	229	5.9	2.7	37.3	35.7	1.4	6.1	0.36	89.1
Signature Pecan Maple Macchiato – lactose-free milk	Short	314	75	1.4	0.8	11.8	10.7	0.1	3.2	0.09	44.5
Signature Pecan Maple Macchiato – lactose-free milk	Tall	571	136	2.9	1.7	20.4	19.2	0.1	6.5	0.17	44.5
Signature Pecan Maple Macchiato – lactose-free milk	Grande	804	191	4.2	2.5	28.2	26.5	0.3	9.4	0.24	89.1
Signature Pecan Maple Macchiato – lactose-free milk	Venti	1075	256	6	3.5	36.4	34.8	0.3	13.2	0.33	89.1
Blonde Iced Pumpkin Spice Latte – semi skimmed milk	Tall	589	141	4.5	2.7	18	17.6	2.2	5.9	0.21	42.7
Blonde Iced Pumpkin Spice Latte – semi skimmed milk	Grande	813	195	5.9	3.6	25.6	24.9	3.4	7.8	0.28	85.5

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Iced Pumpkin Spice Latte – semi skimmed milk	Venti	963	231	6.6	4	31.6	30.8	4.4	8.7	0.33	85.5
Blonde Iced Pumpkin Spice Latte – skimmed milk	Tall	428	101	0.3	0.2	18	17.6	2.2	5.5	1.71	42.7
Blonde Iced Pumpkin Spice Latte – skimmed milk	Grande	604	143	0.4	0.3	25.6	24.9	3.4	7.3	2.25	85.5
Blonde Iced Pumpkin Spice Latte – skimmed milk	Venti	729	172	0.5	0.3	31.6	30.8	4.4	8.2	2.52	85.5
Blonde Iced Pumpkin Spice Latte – almond drink	Tall	360	88	2.1	0.2	13.9	13.5	2.6	1	0.16	42.7
Blonde Iced Pumpkin Spice Latte – almond drink	Grande	514	125	2.8	0.3	20.3	19.5	3.8	1.4	0.22	85.5
Blonde Iced Pumpkin Spice Latte – almond drink	Venti	629	153	3.1	0.3	25.7	24.9	4.9	1.6	0.26	85.5
Blonde Iced Pumpkin Spice Latte – soya drink	Tall	478	114	3.2	0.5	14.1	13.5	3.2	5.6	0.19	42.7
Blonde Iced Pumpkin Spice Latte – soya drink	Grande	669	160	4.3	0.7	20.5	19.5	4.7	7.4	0.26	85.5
Blonde Iced Pumpkin Spice Latte – soya drink	Venti	802	192	4.8	0.8	25.9	24.8	5.8	8.2	0.30	85.5
Blonde Iced Pumpkin Spice Latte – oat drink	Tall	595	141	5.2	0.5	20.7	14.8	3.8	1.5	0.25	42.7
Blonde Iced Pumpkin Spice Latte – oat drink	Grande	822	195	6.8	0.7	29.1	21.2	5.5	2.1	0.34	85.5
Blonde Iced Pumpkin Spice Latte – oat drink	Venti	973	231	7.6	0.8	35.5	26.7	6.8	2.3	0.39	85.5
Blonde Iced Pumpkin Spice Latte – coconut drink	Tall	420	99	2.6	1.2	15.2	14.8	2.7	2.6	0.19	42.7
Blonde Iced Pumpkin Spice Latte – coconut drink	Grande	593	140	3.4	1.6	22	21.2	4	3.6	0.26	85.5
Blonde Iced Pumpkin Spice Latte – coconut drink	Venti	717	170	3.8	1.8	27.5	26.8	5.1	3.9	0.30	85.5
Blonde Iced Pumpkin Spice Latte – lactose-free milk	Tall	465	111	2.6	1.5	14.8	14.4	2.2	5.7	0.18	42.7
Blonde Iced Pumpkin Spice Latte – lactose-free milk	Grande	652	156	3.5	2	21.5	20.7	3.4	7.6	0.24	85.5
Blonde Iced Pumpkin Spice Latte – lactose-free milk	Venti	783	187	3.9	2.3	27	26.2	4.4	8.4	0.28	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Tall	727	174	5.8	3.6	22.8	22.1	2.2	6.2	0.25	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Grande	954	228	7.3	4.4	30.5	29.4	3.4	8.2	0.33	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Venti	1132	271	8.3	5	37	35.9	4.4	9.4	0.39	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Tall	559	132	1.4	0.9	22.8	22.1	2.2	5.9	1.83	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Grande	735	174	1.6	1	30.5	29.4	3.4	7.7	2.37	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Venti	878	208	1.7	1.1	37	35.9	4.4	8.9	2.77	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – almond drink	Tall	488	118	3.3	0.9	18.5	17.8	2.6	1.1	0.21	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato – almond drink	Grande	642	156	4	1	24.9	23.8	3.8	1.6	0.27	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – almond drink	Venti	769	186	4.5	1.1	30.6	29.4	4.9	1.8	0.31	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – soya drink	Tall	612	146	4.5	1.3	18.7	17.8	3.3	5.9	0.23	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato – soya drink	Grande	804	192	5.6	1.4	25.1	23.8	4.7	7.8	0.30	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – soya drink	Venti	957	229	6.3	1.6	30.8	29.4	6	9	0.35	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – oat drink	Tall	734	174	6.5	1.3	25.6	19.1	3.9	1.6	0.30	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato – oat drink	Grande	963	228	8.2	1.4	34.1	25.5	5.6	2.2	0.38	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – oat drink	Venti	1142	271	9.4	1.6	41.3	31.4	7	2.5	0.45	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – coconut drink	Tall	551	130	3.8	2	19.9	19.1	2.7	2.9	0.23	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato – coconut drink	Grande	724	172	4.7	2.3	26.7	25.6	4.1	3.8	0.30	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – coconut drink	Venti	865	205	5.3	2.6	32.6	31.5	5.2	4.3	0.35	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Tall	598	143	3.9	2.3	19.5	18.7	2.2	6.1	0.22	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Grande	785	188	4.8	2.8	26.2	25	3.4	7.9	0.28	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Venti	936	223	5.4	3.2	32	30.9	4.4	9.2	0.33	85.5
Signature Iced Pecan Maple Macchiato – semi skimmed milk	Tall	750	179	5.4	3.3	24.8	23.6	0.1	7.2	0.23	44.5
Signature Iced Pecan Maple Macchiato – semi skimmed milk	Grande	1003	240	7.2	4.4	33.3	31.6	0.3	9.6	0.29	89.1
Signature Iced Pecan Maple Macchiato – semi skimmed milk	Venti	1142	273	7.8	4.8	39.3	37.6	0.3	10.5	0.32	89.1
Signature Iced Pecan Maple Macchiato – skimmed milk	Tall	552	130	0.3	0.2	24.8	23.6	0.1	6.8	2.08	44.5
Signature Iced Pecan Maple Macchiato – skimmed milk	Grande	742	174	0.4	0.3	33.3	31.6	0.3	9.1	2.74	89.1

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Signature Iced Pecan Maple Macchiato – skimmed milk	Venti	858	202	0.4	0.3	39.3	37.6	0.3	9.9	2.98	89.1
Signature Iced Pecan Maple Macchiato – almond drink	Tall	468	113	2.5	0.2	19.8	18.5	0.5	1.2	0.17	44.5
Signature Iced Pecan Maple Macchiato – almond drink	Grande	630	153	3.3	0.3	26.6	25	0.8	1.7	0.22	89.1
Signature Iced Pecan Maple Macchiato – almond drink	Venti	737	178	3.6	0.3	32	30.4	0.9	1.9	0.24	89.1
Signature Iced Pecan Maple Macchiato – soya drink	Tall	614	146	3.9	0.6	20	18.5	1.4	6.8	0.20	44.5
Signature Iced Pecan Maple Macchiato – soya drink	Grande	823	196	5.2	0.8	26.9	24.9	1.9	9.2	0.26	89.1
Signature Iced Pecan Maple Macchiato – soya drink	Venti	947	225	5.6	0.9	32.3	30.3	2	9.9	0.28	89.1
Signature Iced Pecan Maple Macchiato – oat drink	Tall	759	179	6.3	0.6	28.1	20.1	2.1	1.8	0.28	44.5
Signature Iced Pecan Maple Macchiato – oat drink	Grande	1014	240	8.3	0.8	37.6	27	2.9	2.5	0.36	89.1
Signature Iced Pecan Maple Macchiato – oat drink	Venti	1154	273	9	0.9	44	32.6	3.1	2.7	0.39	89.1
Signature Iced Pecan Maple Macchiato – coconut drink	Tall	542	128	3.1	1.4	21.4	20.2	0.7	3.2	0.20	44.5
Signature Iced Pecan Maple Macchiato – coconut drink	Grande	728	172	4.1	1.9	28.8	27.1	1.1	4.4	0.26	89.1
Signature Iced Pecan Maple Macchiato – coconut drink	Venti	843	199	4.5	2.1	34.3	32.7	1.1	4.8	0.28	89.1
Signature Iced Pecan Maple Macchiato – lactose-free milk	Tall	598	142	3.2	1.9	20.9	19.7	0.1	7	0.19	44.5
Signature Iced Pecan Maple Macchiato – lactose-free milk	Grande	802	191	4.2	2.5	28.1	26.5	0.3	9.4	0.24	89.1
Signature Iced Pecan Maple Macchiato – lactose-free milk	Venti	923	220	4.6	2.7	33.6	32	0.3	10.2	0.26	89.1
Decaf Pumpkin Spice Latte – semi skimmed milk	Short	619	149	6.8	4.1	16.5	15.8	2.2	4.1	0.16	1.8
Decaf Pumpkin Spice Latte – semi skimmed milk	Tall	944	227	9.9	6	25.5	24.8	3.2	7	0.27	1.8
Decaf Pumpkin Spice Latte – semi skimmed milk	Grande	1158	278	11.2	6.8	33	31.8	4.4	8.6	0.34	3.6
Decaf Pumpkin Spice Latte – semi skimmed milk	Venti	1500	360	14.2	8.6	42.7	41.5	5.4	12.1	0.46	3.6
Decaf Pumpkin Spice Latte – skimmed milk	Short	515	123	4.1	2.5	16.5	15.8	2.2	3.9	1.14	1.8
Decaf Pumpkin Spice Latte – skimmed milk	Tall	760	181	5.1	3.1	25.5	24.8	3.2	6.6	1.99	1.8
Decaf Pumpkin Spice Latte – skimmed milk	Grande	931	221	5.3	3.2	33	31.8	4.4	8.2	2.46	3.6
Decaf Pumpkin Spice Latte – skimmed milk	Venti	1177	279	5.8	3.6	42.7	41.5	5.4	11.4	3.48	3.6
Decaf Pumpkin Spice Latte – almond drink	Short	470	114	5.3	2.5	13.8	13.2	2.4	0.9	0.13	1.8
Decaf Pumpkin Spice Latte – almond drink	Tall	682	165	7.2	3.1	20.8	20.2	3.6	1.4	0.22	1.8
Decaf Pumpkin Spice Latte – almond drink	Grande	835	202	7.9	3.2	27.2	26	4.8	1.8	0.27	3.6
Decaf Pumpkin Spice Latte – almond drink	Venti	1040	252	9.5	3.5	34.5	33.3	6	2.3	0.36	3.6
Decaf Pumpkin Spice Latte – soya drink	Short	547	131	6	2.7	13.9	13.2	2.8	3.9	0.15	1.8
Decaf Pumpkin Spice Latte – soya drink	Tall	818	196	8.5	3.5	21	20.1	4.4	6.6	0.24	1.8
Decaf Pumpkin Spice Latte – soya drink	Grande	1002	240	9.5	3.7	27.4	26	5.8	8.2	0.31	3.6
Decaf Pumpkin Spice Latte – soya drink	Venti	1278	306	11.7	4.2	34.8	33.2	7.4	11.4	0.42	3.6
Decaf Pumpkin Spice Latte – oat drink	Short	623	149	7.3	2.7	18.2	14	3.3	1.2	0.19	1.8
Decaf Pumpkin Spice Latte – oat drink	Tall	952	227	10.7	3.5	28.5	21.6	5.1	1.9	0.32	1.8
Decaf Pumpkin Spice Latte – oat drink	Grande	1167	278	12.2	3.7	36.8	27.8	6.7	2.4	0.39	3.6
Decaf Pumpkin Spice Latte – oat drink	Venti	1513	360	15.6	4.2	48.1	35.8	8.6	3.2	0.54	3.6
Decaf Pumpkin Spice Latte – coconut drink	Short	509	121	5.6	3.1	14.6	14	2.5	2	0.15	1.8
Decaf Pumpkin Spice Latte – coconut drink	Tall	751	179	7.8	4.2	22.3	21.6	3.8	3.3	0.24	1.8
Decaf Pumpkin Spice Latte – coconut drink	Grande	920	219	8.6	4.6	29	27.9	5.1	4.1	0.31	3.6
Decaf Pumpkin Spice Latte – coconut drink	Venti	1161	276	10.4	5.5	37.1	35.9	6.4	5.6	0.42	3.6
Decaf Pumpkin Spice Latte – lactose-free milk	Short	538	129	5.6	3.3	14.4	13.8	2.2	4	0.14	1.8
Decaf Pumpkin Spice Latte – lactose-free milk	Tall	803	192	7.8	4.7	21.8	21.2	3.2	6.8	0.23	1.8
Decaf Pumpkin Spice Latte – lactose-free milk	Grande	983	235	8.7	5.1	28.5	27.3	4.4	8.4	0.29	3.6
Decaf Pumpkin Spice Latte – lactose-free milk	Venti	1251	299	10.5	6.2	36.3	35.1	5.4	11.7	0.39	3.6
Decaf Pumpkin Spice Caramel Macchiato – semi skimmed milk	Short	407	97	3.3	2	12.7	11.9	1.2	3.5	0.14	1.8

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Pumpkin Spice Caramel Macchiato – semi skimmed milk	Tall	759	182	6.2	3.8	23.1	22.3	2.2	7	0.27	1.8
Decaf Pumpkin Spice Caramel Macchiato – semi skimmed milk	Grande	1086	260	8.7	5.3	33	31.6	3.3	10.4	0.39	3.6
Decaf Pumpkin Spice Caramel Macchiato – semi skimmed milk	Venti	1408	337	11.3	6.9	42.5	41.1	4.4	13.7	0.50	3.6
Decaf Pumpkin Spice Caramel Macchiato – skimmed milk	Short	314	74	0.9	0.6	12.7	11.9	1.2	3.3	1.01	1.8
Decaf Pumpkin Spice Caramel Macchiato – skimmed milk	Tall	567	134	1.2	0.8	23.1	22.3	2.2	6.6	2.07	1.8
Decaf Pumpkin Spice Caramel Macchiato – skimmed milk	Grande	805	190	1.4	0.9	33	31.6	3.3	9.8	3.03	3.6
Decaf Pumpkin Spice Caramel Macchiato – skimmed milk	Venti	1032	243	1.5	1	42.5	41.1	4.4	12.9	4.02	3.6
Decaf Pumpkin Spice Caramel Macchiato – almond drink	Short	274	66	1.9	0.6	10.3	9.5	1.4	0.7	0.11	1.8
Decaf Pumpkin Spice Caramel Macchiato – almond drink	Tall	485	118	3.3	0.8	18.2	17.4	2.6	1.2	0.21	1.8
Decaf Pumpkin Spice Caramel Macchiato – almond drink	Grande	684	166	4.5	0.9	25.8	24.4	3.9	1.8	0.30	3.6
Decaf Pumpkin Spice Caramel Macchiato – almond drink	Venti	872	212	5.7	1	33	31.5	5.1	2.3	0.40	3.6
Decaf Pumpkin Spice Caramel Macchiato – soya drink	Short	343	82	2.6	0.7	10.4	9.5	1.8	3.3	0.13	1.8
Decaf Pumpkin Spice Caramel Macchiato – soya drink	Tall	627	150	4.7	1.2	18.4	17.3	3.4	6.7	0.24	1.8
Decaf Pumpkin Spice Caramel Macchiato – soya drink	Grande	893	213	6.5	1.5	26.1	24.4	5.1	9.8	0.35	3.6
Decaf Pumpkin Spice Caramel Macchiato – soya drink	Venti	1149	275	8.3	1.7	33.3	31.5	6.7	13	0.46	3.6
Decaf Pumpkin Spice Caramel Macchiato – oat drink	Short	411	97	3.7	0.7	14.2	10.2	2.1	1	0.16	1.8
Decaf Pumpkin Spice Caramel Macchiato – oat drink	Tall	767	182	7	1.2	26.3	18.9	4.1	1.8	0.32	1.8
Decaf Pumpkin Spice Caramel Macchiato – oat drink	Grande	1098	260	9.9	1.5	37.7	26.6	6.2	2.7	0.46	3.6
Decaf Pumpkin Spice Caramel Macchiato – oat drink	Venti	1423	337	12.9	1.7	48.8	34.4	8.2	3.4	0.60	3.6
Decaf Pumpkin Spice Caramel Macchiato – coconut drink	Short	309	73	2.2	1.1	11.1	10.3	1.5	1.6	0.13	1.8
Decaf Pumpkin Spice Caramel Macchiato – coconut drink	Tall	557	132	3.9	1.9	19.8	18.9	2.8	3.2	0.24	1.8
Decaf Pumpkin Spice Caramel Macchiato – coconut drink	Grande	790	187	5.4	2.6	28.1	26.7	4.2	4.7	0.35	3.6
Decaf Pumpkin Spice Caramel Macchiato – coconut drink	Venti	1013	240	6.9	3.3	36	34.6	5.5	6.1	0.46	3.6
Decaf Pumpkin Spice Caramel Macchiato – lactose-free milk	Short	335	80	2.2	1.3	10.8	10.1	1.2	3.4	0.12	1.8
Decaf Pumpkin Spice Caramel Macchiato – lactose-free milk	Tall	611	146	4	2.4	19.3	18.5	2.2	6.8	0.23	1.8
Decaf Pumpkin Spice Caramel Macchiato – lactose-free milk	Grande	869	208	5.5	3.2	27.4	26	3.3	10.1	0.33	3.6
Decaf Pumpkin Spice Caramel Macchiato – lactose-free milk	Venti	1118	267	7	4.1	35.1	33.7	4.4	13.3	0.43	3.6
Decaf Pecan Maple Macchiato – semi skimmed milk	Short	383	91	2.5	1.5	13.7	12.5	0.1	3.3	0.11	1.8
Decaf Pecan Maple Macchiato – semi skimmed milk	Tall	712	170	5	3.1	24.1	22.8	0.1	6.6	0.21	1.8
Decaf Pecan Maple Macchiato – semi skimmed milk	Grande	1009	241	7.2	4.4	33.6	31.7	0.2	9.6	0.30	3.6
Decaf Pecan Maple Macchiato – semi skimmed milk	Venti	1364	326	10.2	6.3	44.1	42.2	0.2	13.5	0.41	3.6
Decaf Pecan Maple Macchiato – skimmed milk	Short	295	69	0.2	0.1	13.7	12.5	0.1	3.1	0.94	1.8
Decaf Pecan Maple Macchiato – skimmed milk	Tall	530	125	0.3	0.2	24.1	22.8	0.1	6.2	1.92	1.8
Decaf Pecan Maple Macchiato – skimmed milk	Grande	746	175	0.4	0.3	33.6	31.7	0.2	9	2.76	3.6
Decaf Pecan Maple Macchiato – skimmed milk	Venti	991	233	0.5	0.4	44.1	42.2	0.2	12.7	3.91	3.6
Decaf Pecan Maple Macchiato – almond drink	Short	257	62	1.2	0.1	11.5	10.3	0.3	0.6	0.08	1.8
Decaf Pecan Maple Macchiato – almond drink	Tall	452	109	2.3	0.2	19.5	18.2	0.5	1.1	0.16	1.8
Decaf Pecan Maple Macchiato – almond drink	Grande	634	154	3.4	0.3	27	25.1	0.8	1.6	0.22	3.6
Decaf Pecan Maple Macchiato – almond drink	Venti	832	202	4.7	0.4	34.6	32.7	1	2.2	0.30	3.6
Decaf Pecan Maple Macchiato – soya drink	Short	322	77	1.8	0.3	11.5	10.2	0.7	3.1	0.10	1.8
Decaf Pecan Maple Macchiato – soya drink	Tall	587	140	3.6	0.6	19.7	18.1	1.2	6.2	0.19	1.8
Decaf Pecan Maple Macchiato – soya drink	Grande	828	197	5.2	0.8	27.2	25	1.8	9.1	0.26	3.6
Decaf Pecan Maple Macchiato – soya drink	Venti	1108	264	7.3	1.2	34.9	32.6	2.5	12.8	0.36	3.6
Decaf Pecan Maple Macchiato – oat drink	Short	387	91	2.8	0.3	15.2	10.9	1	0.9	0.13	1.8
Decaf Pecan Maple Macchiato – oat drink	Tall	719	170	5.8	0.6	27.2	19.6	2	1.6	0.26	1.8

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Pecan Maple Macchiato – oat drink	Grande	1019	241	8.4	0.8	38	27.1	2.9	2.4	0.36	3.6
Decaf Pecan Maple Macchiato – oat drink	Venti	1380	326	11.8	1.2	50.3	35.6	4	3.3	0.51	3.6
Decaf Pecan Maple Macchiato – coconut drink	Short	290	68	1.4	0.7	12.2	11	0.4	1.5	0.10	1.8
Decaf Pecan Maple Macchiato – coconut drink	Tall	520	123	2.9	1.3	21	19.6	0.7	2.9	0.19	1.8
Decaf Pecan Maple Macchiato – coconut drink	Grande	732	173	4.2	1.9	29.1	27.2	1	4.3	0.26	3.6
Decaf Pecan Maple Macchiato – coconut drink	Venti	972	229	5.9	2.7	37.6	35.7	1.4	6	0.36	3.6
Decaf Pecan Maple Macchiato – lactose-free milk	Short	315	75	1.4	0.8	12	10.8	0.1	3.2	0.09	1.8
Decaf Pecan Maple Macchiato – lactose-free milk	Tall	572	136	2.9	1.7	20.5	19.2	0.1	6.4	0.17	1.8
Decaf Pecan Maple Macchiato – lactose-free milk	Grande	806	192	4.2	2.5	28.4	26.5	0.2	9.3	0.24	3.6
Decaf Pecan Maple Macchiato – lactose-free milk	Venti	1077	256	6	3.5	36.7	34.8	0.2	13.1	0.33	3.6
Decaf Iced Pumpkin Spice Latte – semi skimmed milk	Tall	669	160	4.4	2.6	22.7	22.1	3.2	5.7	0.23	1.8
Decaf Iced Pumpkin Spice Latte – semi skimmed milk	Grande	882	211	5.6	3.4	30.2	29	4.4	7.4	0.29	3.6
Decaf Iced Pumpkin Spice Latte – semi skimmed milk	Venti	1023	245	6.2	3.7	36	34.8	5.4	8.1	0.34	3.6
Decaf Iced Pumpkin Spice Latte – skimmed milk	Tall	514	121	0.3	0.2	22.7	22.1	3.2	5.3	1.68	1.8
Decaf Iced Pumpkin Spice Latte – skimmed milk	Grande	683	161	0.5	0.3	30.2	29	4.4	6.9	2.16	3.6
Decaf Iced Pumpkin Spice Latte – skimmed milk	Venti	804	190	0.5	0.3	36	34.8	5.4	7.6	2.39	3.6
Decaf Iced Pumpkin Spice Latte – almond drink	Tall	448	108	2.1	0.2	18.7	18.1	3.5	1	0.18	1.8
Decaf Iced Pumpkin Spice Latte – almond drink	Grande	598	145	2.7	0.3	25.2	24	4.8	1.3	0.24	3.6
Decaf Iced Pumpkin Spice Latte – almond drink	Venti	710	172	3	0.3	30.4	29.2	5.8	1.5	0.27	3.6
Decaf Iced Pumpkin Spice Latte – soya drink	Tall	563	134	3.2	0.5	18.9	18.1	4.2	5.4	0.21	1.8
Decaf Iced Pumpkin Spice Latte – soya drink	Grande	745	178	4.1	0.7	25.3	23.9	5.6	7	0.27	3.6
Decaf Iced Pumpkin Spice Latte – soya drink	Venti	872	208	4.5	0.8	30.6	29.2	6.7	7.7	0.31	3.6
Decaf Iced Pumpkin Spice Latte – oat drink	Tall	676	160	5	0.5	25.3	19.3	4.8	1.4	0.27	1.8
Decaf Iced Pumpkin Spice Latte – oat drink	Grande	890	211	6.5	0.7	33.5	25.5	6.4	1.9	0.35	3.6
Decaf Iced Pumpkin Spice Latte – oat drink	Venti	1032	245	7.2	0.8	39.6	30.9	7.6	2.1	0.39	3.6
Decaf Iced Pumpkin Spice Latte – coconut drink	Tall	506	120	2.5	1.2	20	19.4	3.7	2.6	0.21	1.8
Decaf Iced Pumpkin Spice Latte – coconut drink	Grande	673	159	3.3	1.5	26.8	25.6	5	3.4	0.27	3.6
Decaf Iced Pumpkin Spice Latte – coconut drink	Venti	792	188	3.6	1.7	32.2	31	6.1	3.7	0.31	3.6
Decaf Iced Pumpkin Spice Latte – lactose-free milk	Tall	550	131	2.6	1.5	19.6	19	3.2	5.5	0.19	1.8
Decaf Iced Pumpkin Spice Latte – lactose-free milk	Grande	729	174	3.4	1.9	26.3	25.1	4.4	7.1	0.25	3.6
Decaf Iced Pumpkin Spice Latte – lactose-free milk	Venti	854	204	3.7	2.1	31.6	30.5	5.4	7.9	0.29	3.6
Decaf Iced Pecan Maple Macchiato – semi skimmed milk	Tall	751	180	5.4	3.3	25	23.6	0.1	7.1	0.23	1.8
Decaf Iced Pecan Maple Macchiato – semi skimmed milk	Grande	1005	240	7.2	4.4	33.6	31.7	0.2	9.5	0.29	3.6
Decaf Iced Pecan Maple Macchiato – semi skimmed milk	Venti	1144	273	7.8	4.8	39.5	37.6	0.2	10.3	0.32	3.6
Decaf Iced Pecan Maple Macchiato – skimmed milk	Tall	553	130	0.3	0.2	25	23.6	0.1	6.7	2.08	1.8
Decaf Iced Pecan Maple Macchiato – skimmed milk	Grande	744	175	0.4	0.3	33.6	31.7	0.2	9	2.74	3.6
Decaf Iced Pecan Maple Macchiato – skimmed milk	Venti	860	202	0.4	0.3	39.5	37.6	0.2	9.7	2.98	3.6
Decaf Iced Pecan Maple Macchiato – almond drink	Tall	469	114	2.5	0.2	19.9	18.6	0.5	1.2	0.17	1.8
Decaf Iced Pecan Maple Macchiato – almond drink	Grande	632	153	3.3	0.3	26.9	25	0.8	1.6	0.22	3.6
Decaf Iced Pecan Maple Macchiato – almond drink	Venti	739	179	3.6	0.3	32.3	30.4	0.8	1.7	0.24	3.6
Decaf Iced Pecan Maple Macchiato – soya drink	Tall	615	147	3.9	0.6	20.1	18.5	1.3	6.8	0.20	1.8
Decaf Iced Pecan Maple Macchiato – soya drink	Grande	825	197	5.2	0.8	27.1	25	1.8	9	0.26	3.6
Decaf Iced Pecan Maple Macchiato – soya drink	Venti	949	226	5.6	0.9	32.5	30.3	2	9.8	0.28	3.6
Decaf Iced Pecan Maple Macchiato – oat drink	Tall	760	180	6.3	0.6	28.3	20.1	2.1	1.7	0.28	1.8
Decaf Iced Pecan Maple Macchiato – oat drink	Grande	1015	240	8.3	0.8	37.9	27	2.9	2.4	0.36	3.6

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Iced Pecan Maple Macchiato – oat drink	Venti	1156	273	9	0.9	44.3	32.6	3.1	2.6	0.39	3.6
Decaf Iced Pecan Maple Macchiato – coconut drink	Tall	543	128	3.1	1.4	21.5	20.2	0.7	3.2	0.20	1.8
Decaf Iced Pecan Maple Macchiato – coconut drink	Grande	730	172	4.1	1.9	29	27.1	1	4.3	0.26	3.6
Decaf Iced Pecan Maple Macchiato – coconut drink	Venti	845	199	4.5	2.1	34.6	32.7	1.1	4.6	0.28	3.6
Decaf Iced Pecan Maple Macchiato – lactose-free milk	Tall	599	142	3.2	1.9	21	19.7	0.1	6.9	0.19	1.8
Decaf Iced Pecan Maple Macchiato – lactose-free milk	Grande	803	191	4.2	2.5	28.4	26.5	0.2	9.2	0.24	3.6
Decaf Iced Pecan Maple Macchiato – lactose-free milk	Venti	925	220	4.6	2.7	33.9	32	0.2	10	0.26	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Tall	730	175	5.8	3.6	23	22.1	2.2	6.2	0.25	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Grande	959	230	7.3	4.4	30.9	29.4	3.3	8.1	0.33	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – semi skimmed milk	Venti	1138	272	8.3	5	37.4	35.9	4.4	9.4	0.39	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Tall	562	133	1.4	0.9	23	22.1	2.2	5.9	1.83	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Grande	741	175	1.6	1	30.9	29.4	3.3	7.7	2.37	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – skimmed milk	Venti	884	209	1.7	1.1	37.4	35.9	4.4	8.9	2.77	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – almond drink	Tall	491	119	3.3	0.9	18.8	17.8	2.5	1.1	0.21	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato – almond drink	Grande	648	157	4	1	25.3	23.8	3.8	1.5	0.27	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – almond drink	Venti	775	188	4.5	1.1	31	29.4	4.9	1.7	0.31	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – soya drink	Tall	615	147	4.5	1.3	18.9	17.8	3.2	5.9	0.23	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato – soya drink	Grande	809	193	5.6	1.4	25.5	23.8	4.7	7.7	0.30	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – soya drink	Venti	963	230	6.3	1.6	31.2	29.4	5.9	8.9	0.35	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – oat drink	Tall	737	175	6.5	1.3	25.8	19.1	3.9	1.6	0.30	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato – oat drink	Grande	969	230	8.2	1.4	34.5	25.5	5.5	2.2	0.38	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – oat drink	Venti	1148	272	9.4	1.6	41.7	31.4	6.9	2.5	0.45	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – coconut drink	Tall	554	131	3.8	2	20.1	19.2	2.7	2.8	0.23	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato – coconut drink	Grande	730	173	4.7	2.3	27.1	25.6	4	3.7	0.30	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – coconut drink	Venti	870	206	5.3	2.6	33	31.5	5.1	4.3	0.35	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Tall	601	143	3.9	2.3	19.7	18.7	2.2	6	0.22	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Grande	791	189	4.8	2.8	26.6	25.1	3.3	7.9	0.28	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato – lactose-free milk	Venti	942	225	5.4	3.2	32.4	30.9	4.4	9.1	0.33	3.6
Decaf Pumpkin Spice Coffee Frappuccino – semi skimmed milk	Tall	1141	273	13	7.8	34.4	33.7	2	3.3	0.42	1.7
Decaf Pumpkin Spice Coffee Frappuccino – semi skimmed milk	Grande	1445	346	15.3	9.2	46.1	45	2.8	4	0.55	3
Decaf Pumpkin Spice Coffee Frappuccino – semi skimmed milk	Venti	1629	389	15.3	9.1	56.6	55.1	3.6	3.9	0.67	4.4
Decaf Pumpkin Spice Coffee Frappuccino – skimmed milk	Tall	1070	255	11.2	6.7	34.4	33.7	2	3.1	1.08	1.7
Decaf Pumpkin Spice Coffee Frappuccino – skimmed milk	Grande	1361	325	13.1	7.9	46.1	45	2.8	3.8	1.34	3
Decaf Pumpkin Spice Coffee Frappuccino – skimmed milk	Venti	1548	369	13.2	7.9	56.6	55.1	3.6	3.8	1.42	4.4
Decaf Pumpkin Spice Coffee Frappuccino – almond drink	Tall	1040	249	12	6.7	32.6	31.9	2.2	1.1	0.40	1.7
Decaf Pumpkin Spice Coffee Frappuccino – almond drink	Grande	1325	318	14.1	7.9	44	42.9	3	1.4	0.53	3
Decaf Pumpkin Spice Coffee Frappuccino – almond drink	Venti	1514	362	14.1	7.9	54.5	53	3.8	1.5	0.64	4.4
Decaf Pumpkin Spice Coffee Frappuccino – soya drink	Tall	1092	261	12.5	6.8	32.6	31.9	2.5	3.1	0.41	1.7
Decaf Pumpkin Spice Coffee Frappuccino – soya drink	Grande	1387	332	14.7	8	44.1	42.9	3.3	3.8	0.54	3
Decaf Pumpkin Spice Coffee Frappuccino – soya drink	Venti	1573	376	14.6	8	54.6	53	4.1	3.8	0.65	4.4
Decaf Pumpkin Spice Coffee Frappuccino – oat drink	Tall	1144	273	13.3	6.8	35.5	32.5	2.8	1.4	0.43	1.7
Decaf Pumpkin Spice Coffee Frappuccino – oat drink	Grande	1449	346	15.7	8	47.5	43.6	3.7	1.7	0.57	3
Decaf Pumpkin Spice Coffee Frappuccino – oat drink	Venti	1632	389	15.6	8	57.9	53.6	4.4	1.8	0.69	4.4
Decaf Pumpkin Spice Coffee Frappuccino – coconut drink	Tall	1067	255	12.2	7.1	33.1	32.5	2.3	1.9	0.41	1.7
Decaf Pumpkin Spice Coffee Frappuccino – coconut drink	Grande	1357	324	14.3	8.4	44.7	43.6	3.1	2.3	0.54	3

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Pumpkin Spice Coffee Frappuccino – coconut drink	Venti	1544	368	14.3	8.4	55.2	53.7	3.9	2.3	0.65	4.4
Decaf Pumpkin Spice Coffee Frappuccino – lactose-free milk	Tall	1086	260	12.2	7.3	33	32.3	2	3.2	0.40	1.7
Decaf Pumpkin Spice Coffee Frappuccino – lactose-free milk	Grande	1380	330	14.3	8.6	44.5	43.4	2.8	3.9	0.53	3
Decaf Pumpkin Spice Coffee Frappuccino – lactose-free milk	Venti	1567	374	14.4	8.5	55	53.5	3.6	3.9	0.65	4.4
Signature Aerocano	Tall	27	7	0.1	0	0.8	0.1	0.3	0.4	0.00	83.7
Signature Aerocano	Grande	43	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	131.6
Signature Aerocano	Venti	56	14	0.3	0.1	1.7	0.2	0.5	0.8	0.00	169.3
Signature Caramel Aerocano	Tall	210	50	0.1	0	11.4	10.5	0.3	0.4	0.00	86.8
Signature Caramel Aerocano	Grande	263	62	0.2	0.1	14.1	13	0.4	0.6	0.00	120.3
Signature Caramel Aerocano	Venti	341	81	0.3	0.1	18.3	16.7	0.5	0.8	0.00	165
Decaf Aerocano	Tall	29	7	0.1	0	1.1	0.1	0.2	0.3	0.00	3.4
Decaf Aerocano	Grande	46	11	0.2	0.1	1.7	0.2	0.3	0.4	0.00	5.3
Decaf Aerocano	Venti	59	15	0.3	0.1	2.2	0.2	0.4	0.5	0.00	6.8
Decaf Caramel Aerocano	Tall	211	50	0.1	0	11.6	10.6	0.2	0.3	0.00	3.5
Decaf Caramel Aerocano	Grande	265	63	0.2	0.1	14.5	13	0.3	0.4	0.00	4.9
Decaf Caramel Aerocano	Venti	345	82	0.2	0.1	18.8	16.8	0.5	0.5	0.00	6.7